

## Systems Training Center - Hawthorne

hawthorne

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## *Systems Training Center - Hawthorne*

### **Boxing Gym Systems Training Center: Your Inclusive Fitness Destination in Hawthorne, California**

If you're looking for a **LGBTQ+ friendly** environment to achieve your fitness goals, look no further than the **Systems Training Center** in Hawthorne. This boxing gym not only offers a variety of martial arts classes but also fosters a welcoming atmosphere for everyone. With an emphasis on community and inclusivity, it's a perfect place for both kids and adults to thrive.

## Facilities and Accessibility

One of the standout features of this training center is its **wheelchair-accessible entrance** and convenient **wheelchair-accessible car park**. The gym is designed with accessibility in mind, ensuring that everyone can participate in their fitness journey.

## Service Options and Amenities

At Systems Training Center, an **appointment is required** for certain classes, allowing for personalized attention from instructors. They provide various **service options** including **online classes**, perfect for those who prefer to train at home or have busy schedules. On-site services like private training sessions with experienced coaches are also available, ensuring that every member receives tailored guidance.

## Highlights of the Training Programs

The gym offers an extensive range of classes, such as kickboxing, Brazilian Jiu-Jitsu, and strength and conditioning. Their programs are not just good for adults; they have specially designed classes that are **good for kids**, making it a family-friendly establishment. Many parents have shared testimonials about how their children greatly benefit from the **children's programs** at Systems Training Center, praising the attentive coaching staff who foster a **bully-free** environment.

## Community and Culture

The community vibe at Systems Training Center is described as **family-like** by many members. The staff is committed to helping everyone achieve their personal fitness and self-defense goals. Numerous reviews highlight the gym's **great energy** and how each visit feels like stepping into a supportive family.

## Membership and Discounts

**Membership is required** for regular attendance, but the gym offers various **active military discounts** to those who serve. This commitment to honoring our servicemen and women further solidifies the center's dedication to community support.

## Planning Your Visit

When planning your visit to Systems Training Center, remember that class sizes

are kept manageable to ensure personalized instruction. This means that whether you're a beginner or an experienced athlete, you will receive the attention you need to progress. The gym is known for keeping schedules organized, making it easy for members to plan their training sessions efficiently.

## Conclusion

In conclusion, if you're in Hawthorne, California, the Systems Training Center stands out as a premier **boxing gym** that brings together fitness, community, and diversity. With excellent facilities, a variety of services, and a focus on inclusivity, it's not just a gym; it's a family. Whether you're looking to get fit, learn self-defense, or enroll your kids in a program, Systems Training Center is the perfect choice.

## You will find us at

13040 Hawthorne Blvd, 90250 Hawthorne, California - United States (US)

The phone of said **Boxing gym** is +1424-269-1337

And if you want to send a WhatsApp, you can do so at +1424-269-1337

## Our business hours are:

Day	Hours
Monday	9?AM–1?PM
Tuesday	Closed
Wednesday	12–8:30?PM
Thursday	12–8:30?PM
Friday	12–8:30?PM
Saturday	12–8:30?PM
Sunday	12–6?PM

The website is Systems Training Center

If you wish to alter any data that you feel is not accurate related to this page, we kindly request deliver a message so that we will adjust it promptly. Thank

you in advance thanks.

## Images



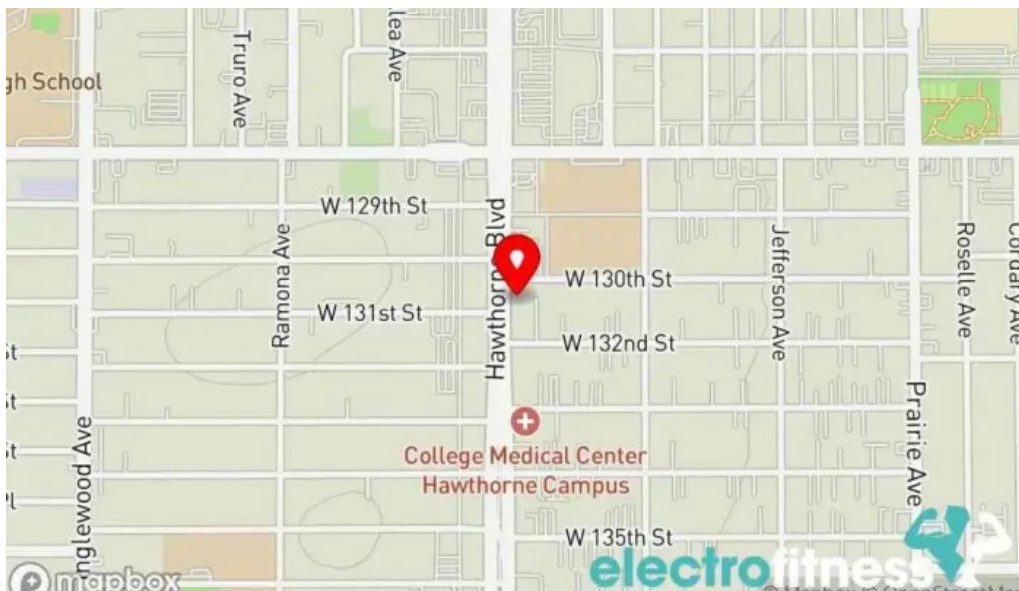
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## Tags

*Online classes, Highlights, Children, Active military discounts, Wheelchair-accessible car park, Outdoor services, Crowd, Gender-neutral toilets, Wheelchair-accessible entrance, Amenities, Service options, Good for kids, Planning, Appointment required, Accessibility, On-site services, Membership required, LGBTQ+ friendly*

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**5.0 \*** *Swope's Training Systems, Llc - New Oxford*

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<b>5.0 *</b>	<i>Oy Boy Fighting Systems - Absecon</i>
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<b>5.0 *</b>	<i>Tuff &amp; Active 24 - Hesperia</i>
<b>3.8 *</b>	<i>Monarchs National Gymnastics Training Center - Agoura Hills</i>
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## Categories

academic department
acupuncture clinic
after school program
amusement center
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apartment complex
aquatic centre
arena
art gallery
association / organization
athletic club
auditorium
bar
basketball club
basketball court
batting cage center
body shaping class
boot camp
boxing club
boxing gym
boxing ring
children's party service
chiropractor
church
club

coffee shop
college
community center
convenience store
corporate office
counselor
country club
coworking space
cultural center
dance company
dance school
day spa
disability services and support organization
disc golf course
dollar store
educational institution
elementary school
exercise equipment store
facial spa
firearms academy
fitness
fitness center
fitness equipment wholesaler
food producer
foot care
gated community
golf club
golf course
golf instructor
grocery store
gym
gymnasium school
gymnastics center
gymnastics club
hair salon
health consultant
health food restaurant
health food store
health spa
hiking area
hospital
hotel



indoor cycling
jujitsu school
karate club
karate school
kenel
kickboxing school
kinesiologist
kinesiotherapist
martial arts club
martial arts school
massage spa
massage therapist
medical group
medical spa
meditation center
metaphysical supply store
muay thai boxing gym
non-profit organization
nutritionist
outdoor sports store
outdoor swimming pool
park
parking lot
parkour spot
personal trainer
pharmacy
physical fitness program
physical therapist
physical therapy clinic
pickleball court
pilates studio
private golf course
psychotherapist
public educational institution
public swimming pool
recreation center
rehabilitation center
resort hotel
rock climbing
rock climbing gym
rv park
sauna

school
school district office
self defense school
senior citizen center
shooting range
shopping mall
soccer club
social club
software company
spa
spa and health club
sporting goods store
sports club
sports complex
sports massage therapist
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sports nutrition store
sports school
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swimming instructor
swimming pool
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taekwondo school
tanning salon
tennis club
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water park
weight loss service
weightlifting area
wellness center
wellness program
women's organization
women's personal trainer
wrestling school
yoga instructor
yoga studio
youth center
youth organization