

Level Up Boxing & Fitness - Lanham

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Level Up Boxing & Fitness - Lanham

Level Up Boxing & Fitness: A Premier Latino and Women-Owned Gym in Lanham, Maryland

Level Up Boxing & Fitness stands out as a ****Latino-owned**** and ****women-owned**** gym located in Lanham, Maryland. This facility is dedicated to fostering a welcoming and inclusive environment for everyone, making it a great choice for individuals of all ages and backgrounds, including ****children****.

Family-Friendly Atmosphere

The gym not only provides a space for serious competitors but is also ****good**

for kids**. Many members appreciate the variety of classes tailored for younger participants, offering them a healthy outlet through boxing and fitness activities. Families can enjoy the **free parking lot**, making it convenient to visit the gym without hassle.

Accessibility and Convenience

Level Up understands the need for accessibility. The gym features a **wheelchair-accessible car park** and a **wheelchair-accessible entrance**, ensuring that everyone can join in on the training. However, please note that an **appointment is required** for certain services, and **membership is required** to take full advantage of the offerings.

On-Site Services and Training Options

From the business, Level Up offers a range of **on-site services**, including specialized instruction in boxing, Muay Thai, and fitness training. The facility prides itself on its experienced coaches, such as Coach Jason, who have helped many transform their skills, confidence, and health. With **online classes** available as well, members can continue their training from home when necessary.

A Community That Embraces Diversity

Level Up is proudly **LGBTQ+ friendly**, creating a supportive and diverse community. The culture within the gym is described as inclusive and family-oriented, with many members highlighting the **crowd** as one of the gym's best features. This friendly atmosphere encourages personal growth and camaraderie among participants.

Customer Experiences and Highlights

Many members rave about the positive experiences they've had at Level Up Boxing & Fitness: - One member noted, "You'll be in a facility with top-notch instruction and an unparalleled vibe." - Another remarked, "Whether you're looking to compete or just throw a few punches to stay fit, this gym is the gold standard." However, there have been some concerns regarding **customer service**, particularly related to billing issues. While many appreciate the motivating environment created by the coaches, others have expressed frustration with the responsiveness of management.

Special Offers and Discounts

For those serving in the military, Level Up offers **active military discounts**, highlighting their commitment to supporting the community. Additionally, the gym hosts various events, like Spar Wars, which attract members looking to engage in a fun and safe atmosphere.

Conclusion

In summary, Level Up Boxing & Fitness is more than just a gym; it's a community committed to helping individuals achieve their fitness goals in a supportive and inclusive environment. With a variety of classes, experienced coaches, and a focus on accessibility, it's an ideal place for both beginners and seasoned fighters. If you're in Lanham, Maryland, consider dropping by to experience this unique gym for yourself!

Our premises are located at

9901 Business Pkwy Suite D, 20706 Lanham, Maryland - United States (US)

The phone number of the mentioned **Boxing gym** is +1240-206-8505

And if you want to send a WhatsApp, you can do so at +1240-206-8505

Our opening hours are:

Day	Hours
Monday	9:30?AM–12?PM
Tuesday	Closed
Wednesday	4:30–9?PM
Thursday	4:30–9?PM
Friday	4:30–9?PM
Saturday	4:30–9?PM
Sunday	5–7?PM

The website is Level Up Boxing & Fitness

If necessary to modify any information that you think is incorrect concerning this page, please send a message so we can we will fix it as soon as possible. With anticipation thanks for your cooperation.

Images



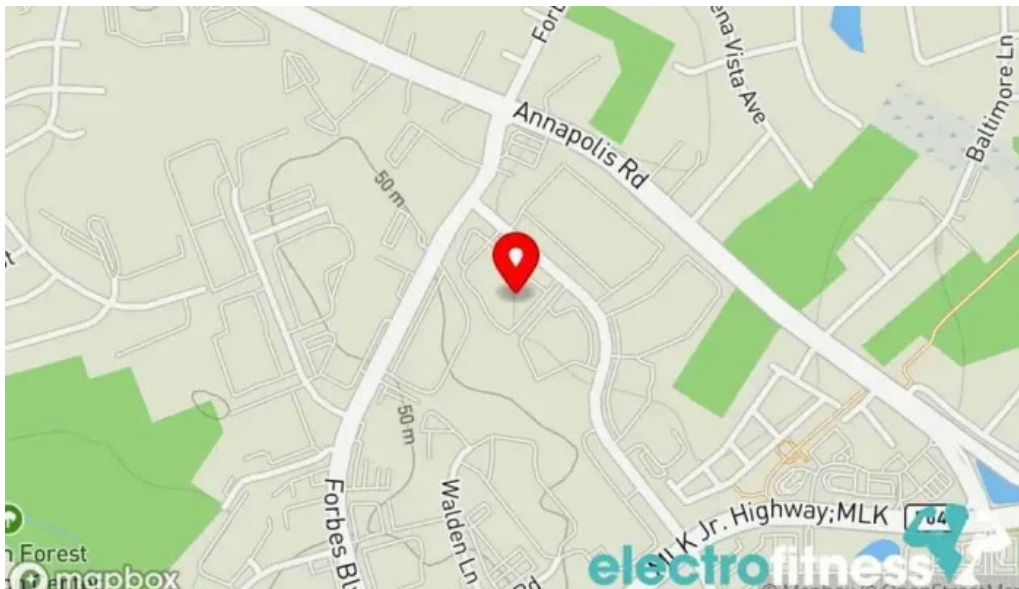
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Tags

Identifies as Latino-owned, Identifies as women-owned, Crowd, Good for kids, Membership required, Children, Appointment required, Wheelchair-accessible entrance, Highlights, LGBTQ+ friendly, Service options, Free parking lot, On-site services, Wheelchair-accessible car park, Parking, Planning, Online classes, Accessibility, Active military discounts, From the business

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