

## Champion Boxing & Fitness - Rockville

rockville

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*rockville*

## *Champion Boxing & Fitness - Rockville*

### **Champion Boxing & Fitness: A Premier Boxing Gym in Rockville, Maryland**

Champion Boxing & Fitness stands out as a top-tier boxing gym located in Rockville, Maryland. With a welcoming atmosphere and a variety of services, this gym offers unique features catering to fitness enthusiasts of all ages.

#### **Highlights of Champion Boxing & Fitness**

- **\*\*Online Classes\*\***: Champion Boxing & Fitness provides online classes, making it easier for members to stay active from the comfort of their homes. -

**\*\*Wheelchair-accessible Entrance & Facilities\*\***: The gym is designed with accessibility in mind, featuring a wheelchair-accessible entrance, a wheelchair-accessible car park, and a dedicated wheelchair-accessible toilet. - **\*\*Amenities\*\***: Members enjoy essential amenities including Wi-Fi and clean facilities that enhance their workout experience. - **\*\*Family-Friendly Environment\*\***: The gym is proud to be a place **\*\*good for kids\*\***, offering specialized programs for children, ensuring they learn not only boxing but discipline and teamwork as well. - **\*\*Membership Required\*\***: To fully experience the gym's offerings and community, membership is required. - **\*\*Personal Training Available\*\***: Personal training sessions are available for those looking to develop their skills or achieve personal fitness goals.

## **Services and Accessibility**

Champion Boxing & Fitness emphasizes accessibility and community engagement. With **\*\*on-site services\*\*** tailored for both beginners and seasoned athletes, everyone can find a suitable class. Classes cater to a range of skill levels and focus on various aspects of boxing and fitness. For those interested in outdoor workouts, Champion Boxing & Fitness also offers outdoor services, allowing members to enjoy training in a refreshing environment.

## **Community and Support**

From the moment you enter, the warmth of the staff makes a noticeable difference. Many reviews highlight the **\*\*friendly and supportive atmosphere\*\*** fostered by instructors who remember names and make every member feel valued. The gym's inclusive nature truly reflects a community where individuals come together to share their passion for boxing. **\*\*Active military discounts\*\*** are also available, showcasing Champion Boxing & Fitness's commitment to honoring those who serve.

## **Planning Your Visit**

To provide tailored experiences, an **\*\*appointment is required\*\*** for first-time visitors. This allows instructors to assess fitness levels and recommend classes that best fit individual goals. New members often comment on how quickly they feel at home due to the welcoming environment.

## **Why Join Champion Boxing & Fitness?**

Champion Boxing & Fitness isn't just a gym; it's a community. Members share their journeys of transformation—from novices to confident boxers—and celebrate milestones together. Reviews consistently highlight improvements in stamina, strength, and confidence gained through commitment to the gym's program. In summary, if you're looking for a boxing gym that prioritizes accessibility, community, and dynamic workouts, Champion Boxing & Fitness in Rockville, Maryland is an outstanding choice. Whether you are new to boxing or an experienced fighter, this gym fosters an environment where everyone can

thrive and reach their fitness goals.

**We are based in**

11540 Rockville Pike, 20852 Rockville, Maryland - United States (US)

The phone of the mentioned **Boxing gym** is +1301-255-0011

And if you want to send a WhatsApp, you can do so at +1301-255-0011

**Our public attention hours are:**

Day Hours  
Monday  
9?AM–2?PM  
Tuesday  
9?AM–2?PM  
Wednesday  
6?AM–2?PM 4–9?PM  
Thursday  
6?AM–2?PM 4–9?PM  
Friday  
6?AM–2?PM 4–9?PM  
Saturday  
6?AM–2?PM 4–9?PM  
Sunday  
6?AM–2?PM 4–6:30?PM

The website is Champion Boxing & Fitness

If you wish to alter any information that you think is not accurate concerning this page, we urge you to send a message so that we will fix it quickly. Thank you in advance thank you very much.

**Images**



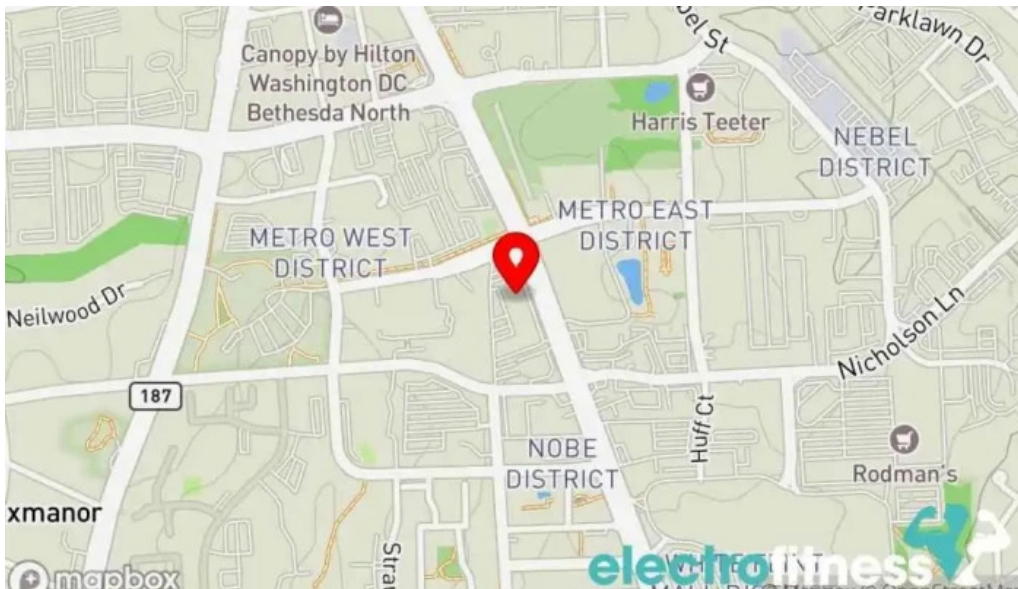
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## Tags

*From the business, Wi-Fi, Toilet, Identifies as women-owned, Wheelchair-accessible entrance, Service options, Children, Outdoor services, Planning, Membership required, Wheelchair-accessible toilet, Accessibility, On-site services, Good for kids, Amenities, Appointment required, Active military discounts, Wheelchair-accessible car park, Online classes, Highlights*

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<b>5.0 *</b>	<i>Wise Choice Boxing Training &amp; Fitness - Exmore</i>
<b>4.9 *</b>	<i>Love's Boxing Club - Fall River</i>
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boot camp
boxing club
boxing gym
boxing ring
children's party service
chiropractor
church
club
coffee shop
community center
convenience store
counselor
country club



coworking space
dance school
day spa
dollar store
elementary school
exercise equipment store
firearms academy
fitness
fitness center
food producer
golf club
golf course
golf instructor
grocery store
gym
gymnastics center
hair salon
health consultant
health food restaurant
health spa
hiking area
hospital
hotel
indoor cycling
jujitsu school
karate club
karate school
kennel
kickboxing school
kinesiologist
kinesiotherapist
martial arts club
martial arts school
massage therapist
meditation center
non-profit organization
nutritionist
park
personal trainer
pharmacy
physical fitness program
physical therapist

physical therapy clinic
pickleball court
pilates studio
private golf course
public educational institution
recreation center
rehabilitation center
rock climbing gym
school district office
self defense school
shooting range
shopping mall
spa
spa and health club
sporting goods store
sports club
sports complex
sports medicine clinic
sports school
summer camp organizer
supermarket
swimming instructor
swimming school
tennis club
thrift store
training centre
vitamin & supplements store
weight loss service
weightlifting area
wellness center
wellness program
women's personal trainer
yoga instructor
yoga studio
youth organization