

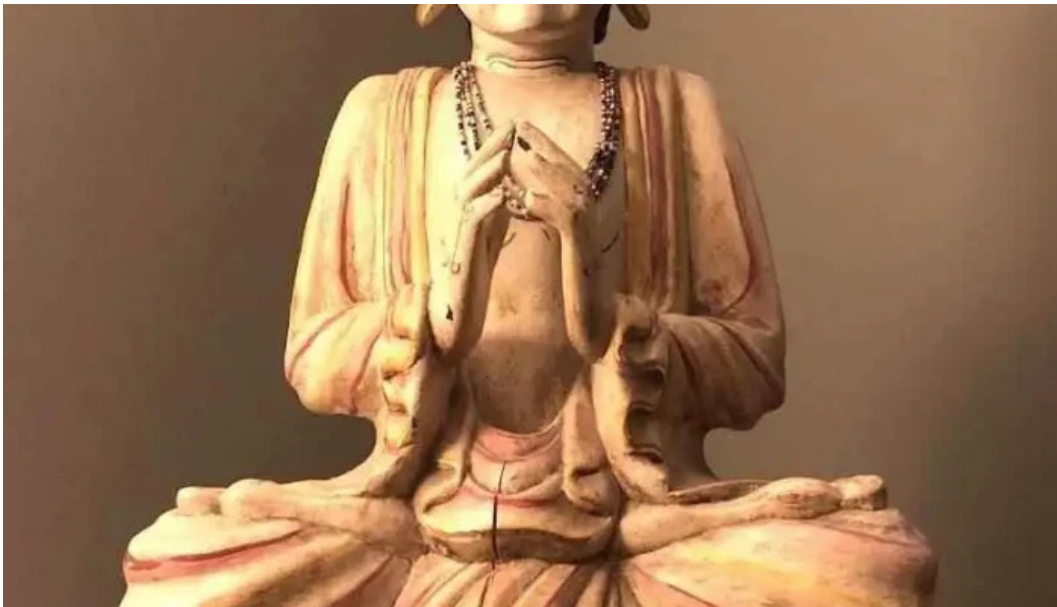
Walking Tree Zen - Alstead

alstead

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https://www.electrofitness.com/buddhist-temple/alstead/walking-tree-zen-alstead_318534.php



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Walking Tree Zen - Alstead

Exploring Walking Tree Zen: A Hidden Gem in Alstead, New Hampshire

Walking Tree Zen, located in the serene setting of Alstead, New Hampshire, is a **Buddhist temple** that offers a welcoming environment for individuals interested in meditation and Buddhist practices. This peaceful sanctuary provides a space for communal learning and personal growth.

Community Atmosphere

Visitors often praise the **amazing community** at Walking Tree Zen. One past attendee reminisces, "I used to go here back when it was in Keene. Amazing group of people. Couldn't recommend it enough." The inviting and friendly atmosphere makes it an ideal place for both seasoned practitioners and those new to meditation.

Accessibility Features

Walking Tree Zen is committed to inclusivity, ensuring that everyone has the opportunity to participate in its offerings. The temple features a **wheelchair-accessible entrance**, allowing easy access for all visitors. Additionally, there is a **wheelchair-accessible car park**, making it convenient for individuals with mobility challenges to attend events and classes.

A Place to Learn

As a hub for learning about meditation and Buddhist practices, Walking Tree Zen provides various resources and programs designed to foster spiritual growth. Visitors appreciate the supportive environment where they can deepen their understanding of mindfulness and meditation techniques.

Your Invitation to Join

If you are looking for a place to connect with like-minded individuals and explore the teachings of Buddhism, consider visiting Walking Tree Zen. With its accessible facilities and warm community, it stands out as a remarkable destination for personal and spiritual exploration.

The location of our premises is

114 Old Settlers Rd, 03602 Alstead, New Hampshire - United States (US)

The contact phone of the respective **Buddhist temple** is +1603-903-9743

And if you want to send a WhatsApp, you can do so at +1603-903-9743

We are available at these times:

	Day Hours
Monday	Closed
Tuesday	Closed

Wednesday

Closed

Thursday

Closed

Friday

Closed

Saturday

Closed

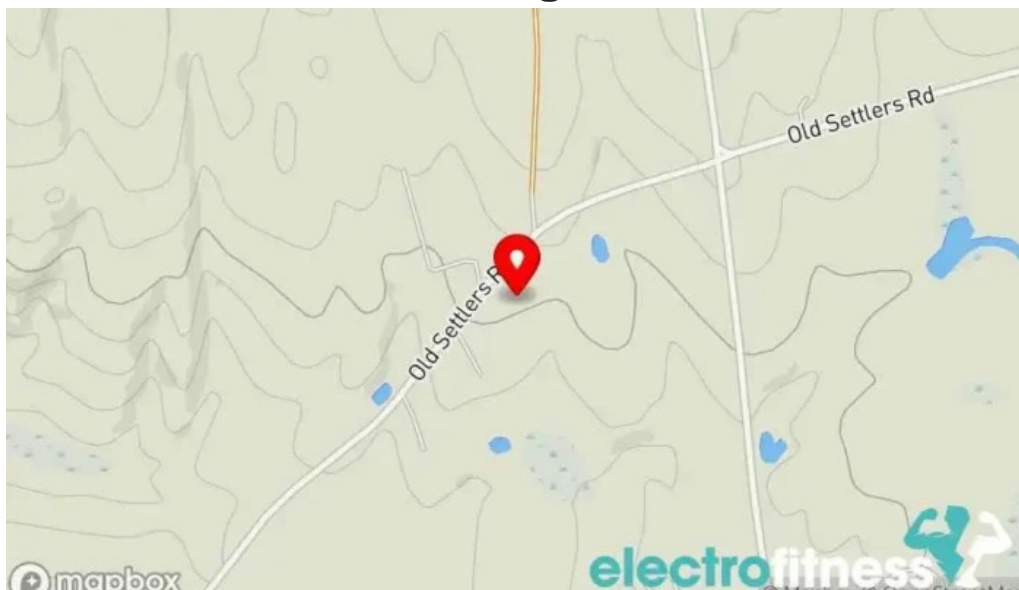
Sunday

6:30–9?PM

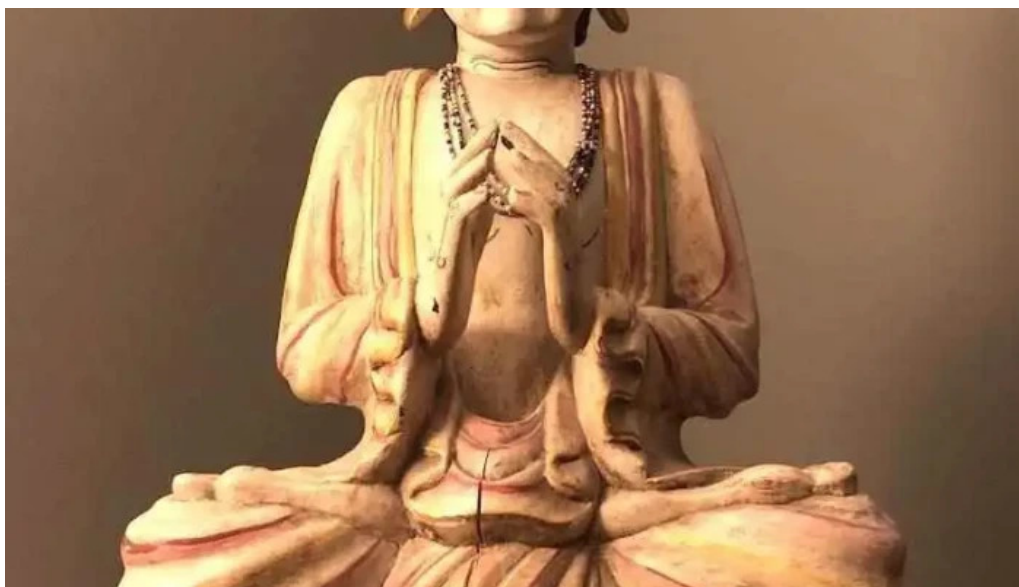
The website is [Walking Tree Zen](#)

If necessary to adjust any element that you feel is not accurate regarding this page, we kindly request deliver a message so that we will fix it at the earliest convenience. In advance thanks for your cooperation.

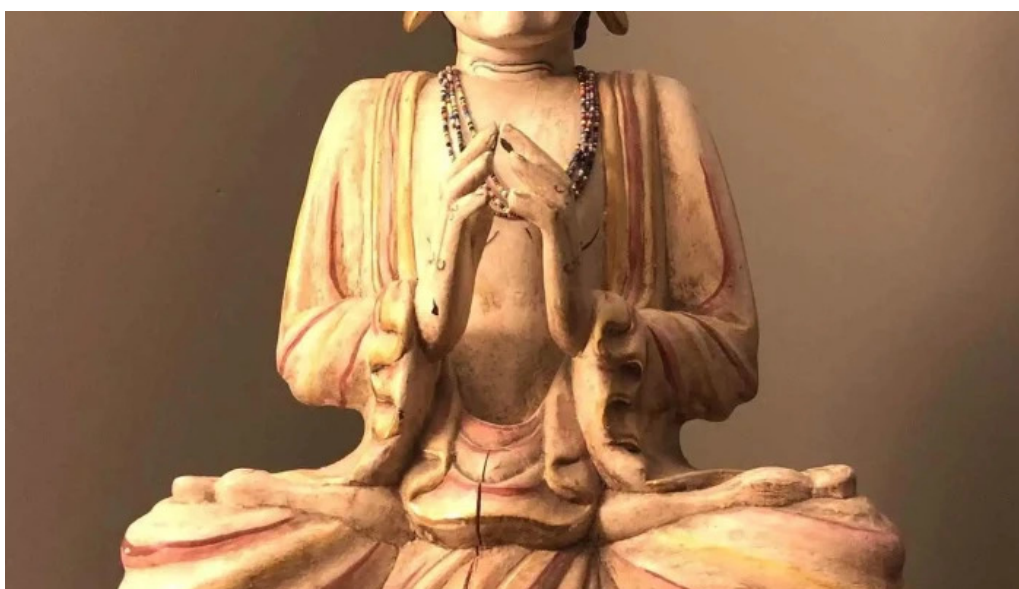
Images



Walking tree zen map



Walking tree zen alstead



Walking tree zen all

Tags

Accessibility, Wheelchair-accessible entrance, Wheelchair-accessible car park

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academic department
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basketball club
basketball court
batting cage center
body shaping class
boot camp
boxing club
boxing gym
boxing ring
buddhist temple
cafe
children's party service
chiropractor
church
club

coffee shop
college
community center
convenience store
corporate office
counselor
country club
coworking space
cultural center
dance club
dance company
dance school
day spa
disability services and support organization
disc golf course
dollar store
educational institution
elementary school
exercise equipment store
facial spa
fertility clinic
firearms academy
fitness
fitness center
fitness equipment wholesaler
food producer
foot care
gated community
golf club
golf course
golf instructor
grocery store
gun club
gym
gymnasium school
gymnastics center
gymnastics club
hair salon
health consultant
health food restaurant
health food store
health spa

hiking area
hospital
hotel
indoor cycling
indoor golf course
indoor lodging
jujitsu school
karate club
karate school
kennel
kickboxing school
kinesiologist
kinesiotherapist
martial arts club
martial arts school
massage spa
massage therapist
medical clinic
medical group
medical spa
meditation center
metaphysical supply store
muay thai boxing gym
non-profit organization
nutritionist
outdoor sports store
outdoor swimming pool
park
parking lot
parkour spot
personal trainer
pharmacy
physical fitness program
physical therapist
physical therapy clinic
pickleball court
pilates studio
private golf course
psychotherapist
public educational institution
public swimming pool
recreation center

rehabilitation center
resort hotel
rock climbing
rock climbing gym
rv park
sauna
school
school district office
self defense school
senior citizen center
shooting range
shopping mall
soccer club
social club
software company
spa
spa and health club
sporting goods store
sports club
sports complex
sports massage therapist
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summer camp organizer
supermarket
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water park
weight loss service
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wellness program
women's organization

women's personal trainer
wrestling school
yoga instructor
yoga studio
youth center
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