

Contemporary Dance and Fitness Studio - Montpelier

montpelier

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Contemporary Dance and Fitness Studio - Montpelier

Discover the Contemporary Dance and Fitness Studio in Montpelier, Vermont

If you're looking for a welcoming and inclusive environment to explore dance and fitness, look no further than the ****Contemporary Dance and Fitness Studio**** in Montpelier, Vermont. This unique space stands out as a ****transgender safe space****, ensuring that everyone, regardless of their identity, feels comfortable and accepted.

Inclusive Amenities for Everyone

One of the standout features of this studio is its commitment to providing **gender-neutral toilets**, making it a truly inclusive space for all individuals. Parents can also rest easy knowing that the studio is **good for kids**, offering programs specifically tailored to children. With a focus on creating a family-friendly atmosphere, the **Contemporary Dance and Fitness Studio** ensures that everyone—from toddlers to teenagers—can find joy in movement.

On-Site Services and Support

The studio not only serves as a place for dance but also provides various **on-site services** that enhance the overall experience. Whether you are a seasoned dancer or just starting, the professional staff is ready to support you in your journey.

A Business with Values

Identifying as **women-owned** and **LGBTQ+ owned**, this studio exemplifies a commitment to diversity and representation. Their dedication to being an **LGBTQ+ friendly** establishment creates a safe haven for all members of the community. Moreover, the studio is proud to identify as **Black-owned**, further emphasizing its commitment to inclusivity and empowerment within the arts.

Convenience and Accessibility

Location is key, and the **Contemporary Dance and Fitness Studio** offers **free parking**, including a **free parking lot** and **free of charge street parking** options. This convenience makes it easier for visitors to attend classes and events without worrying about parking fees.

What People Are Saying

Community feedback showcases the studio's positive impact: "I'm so glad that we have this awesome gem in our community... Thank you!!" Many patrons highlight how the **Contemporary Dance and Fitness Studio** continues to be a **transformative place for dancers of all ages**, fostering creativity and confidence. However, it's important to note that experiences may vary. Some guests feel that the studio has changed over time, expressing dissatisfaction with aspects of the current offerings. "Not what it used to be, or claims. I would give zero if it were an option," reflects a viewpoint that suggests there may be room for improvement.

Join the Crowd at Contemporary Dance and Fitness Studio

Whether you're looking to learn new dance styles, participate in fitness classes, or simply be part of a supportive community, the **Contemporary Dance and Fitness Studio** offers something for everyone. Join the crowd of passionate dancers and fitness enthusiasts, and become a part of this vibrant

community in Montpelier, Vermont.

You can visit us at the address:

Stone Science Building, 62 Ridge St, 05602 Montpelier, Vermont - United States (US)

The contact line of the respective **Dance school** is +1646-400-5882

And if you want to send a WhatsApp, you can do so at +1646-400-5882

Our public attention hours are:

Day	Hours
Monday	8:30?AM–12:30?PM
Tuesday	Closed
Wednesday	3:30–6?PM
Thursday	3:30–6?PM
Friday	3:30–6?PM
Saturday	3:30–4:30?PM
Sunday	3:30–5?PM

The website is Contemporary Dance and Fitness Studio

If necessary to alter any information that you think is incorrect about this page, we urge you to send us a message so that we will handle it as soon as possible. Thank you in advance thank you very much.

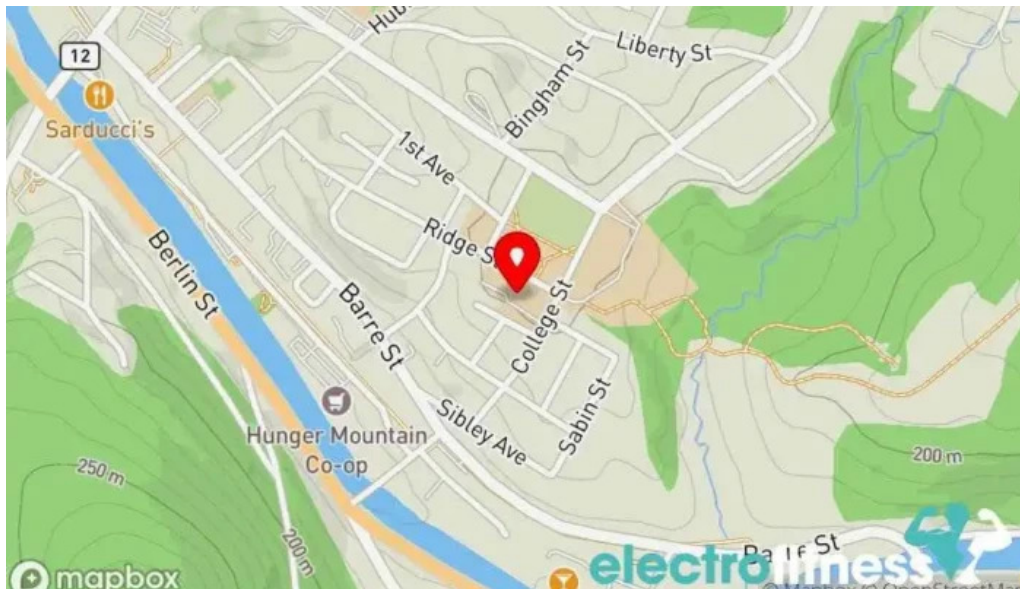
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Contemporary dance and fitness studio street view 360deg



Contemporary dance and fitness studio montpelier



Contemporary dance and fitness studio map



Contemporary dance and fitness studio by owner



Contemporary dance and fitness studio all

Tags

Good for kids, Identifies as women-owned, Free parking lot, Amenities, From the business, Identifies as Black-owned, LGBTQ+ friendly, Parking, Service options, Gender-neutral toilets, Transgender safe space, Free of charge street parking, Identifies as LGBTQ+ owned, Children, On-site services, Crowd

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