

## SalmaFitness - Addison

addison



I'm not a robot



RECAPTCHA

Published on: 19/04/25	Hits: 170
Comments: 0	See comments
Votes: 17	Score: 4.4

[https://www.electrofitness.com/fitness-center/addison/salmafitness-addison\\_214642.php](https://www.electrofitness.com/fitness-center/addison/salmafitness-addison_214642.php)



*addison*

## SalmaFitness - Addison

### Discover SalmaFitness: Your Ultimate Fitness Center in Addison, Illinois

Are you searching for a vibrant fitness center that caters to all your workout needs? Look no further than **\*\*SalmaFitness\*\***, located in the heart of Addison, Illinois. With a wide range of classes and a welcoming atmosphere, this fitness center is designed for everyone, including those who require a **\*\*wheelchair-accessible car park\*\*** for ease of access.

### A Variety of Classes to Suit Your Lifestyle

At SalmaFitness, boredom is not an option. The center offers an array of

classes that include **cardio dance** (Zumba), weightlifting, CrossFit, boxing, and Strong Nation. Whether you are looking to lose calories, relieve stress, or meet new friends, there's something here for you. With flexible class schedules available in the morning and evening, you can easily fit your workouts into your busy life.

## **Exceptional Coaching and Support**

Salma, the head coach, is highly praised for her motivational approach. Members express that she effectively pushes them to reach their potential while ensuring they maintain proper form to avoid injuries. Many have noted that her support has significantly enhanced both their mental and physical health, making their time at the gym enjoyable and fulfilling.

## **A Welcoming Community**

One of the standout features of SalmaFitness is its friendly and inclusive community. New members often share how welcomed they feel; even if you're starting at a slower pace, you'll receive plenty of individual attention from the trainers. This supportive environment encourages everyone to work together towards their fitness goals.

## **Free First Class and More!**

If you're hesitant about joining, SalmaFitness offers your **first class for FREE**! It's a perfect opportunity to experience what this fantastic facility has to offer without any commitment.

## **Why Choose SalmaFitness?**

- **Accessibility:** With a **wheelchair-accessible car park**, SalmaFitness prioritizes inclusivity. - **Variety of Classes:** From Zumba to high-intensity weight training, find the right fit for you. - **Flexible Schedules:** Morning and evening classes allow you to work out at your convenience. - **Expert Coaching:** Salma's professional guidance ensures safety and effectiveness in workouts. - **Community Spirit:** Join a vibrant community that values wellness and self-care. In conclusion, SalmaFitness in Addison, Illinois, is not just a place to work out; it's a community focused on achieving health and wellness for all. With various classes, accommodating schedules, and an inviting atmosphere, you can transform your fitness journey here. Don't wait any longer; join today and discover the difference!

## **You will find us at**

539 W Lake St, 60101 Addison, Illinois - United States (US)

In case you want to update any element that you believe is incorrect related to this web,

please deliver a message so that we will adjust it as soon as possible. Thanks beforehand thanks.

## Images



*Salmafitness street view 360deg*



*Salmafitness score*





*Salmafitness schedule*



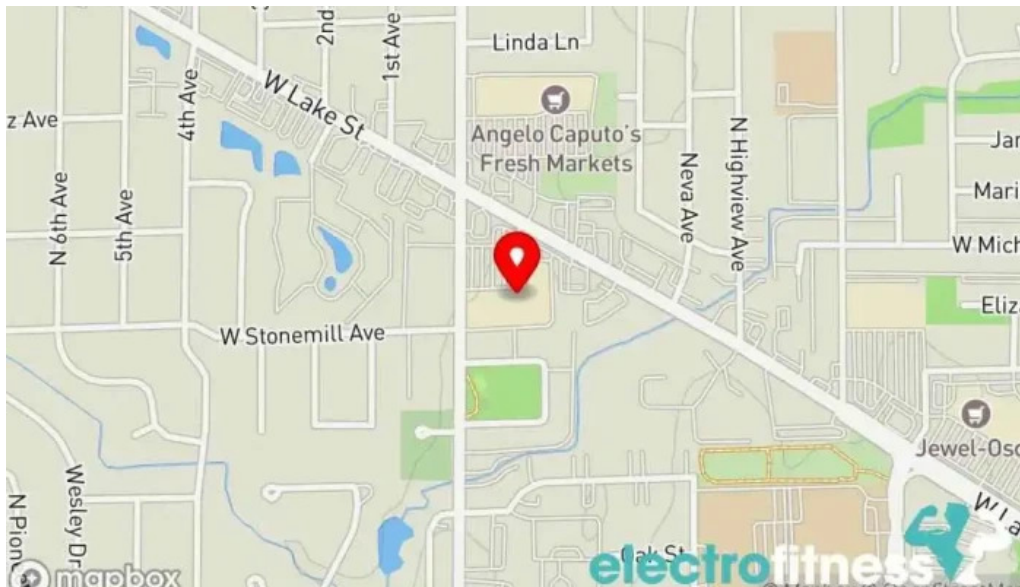
*Salmafitness prices*



*Salmafitness photos*



*Salmafitness near me*



*Salmafitness map*

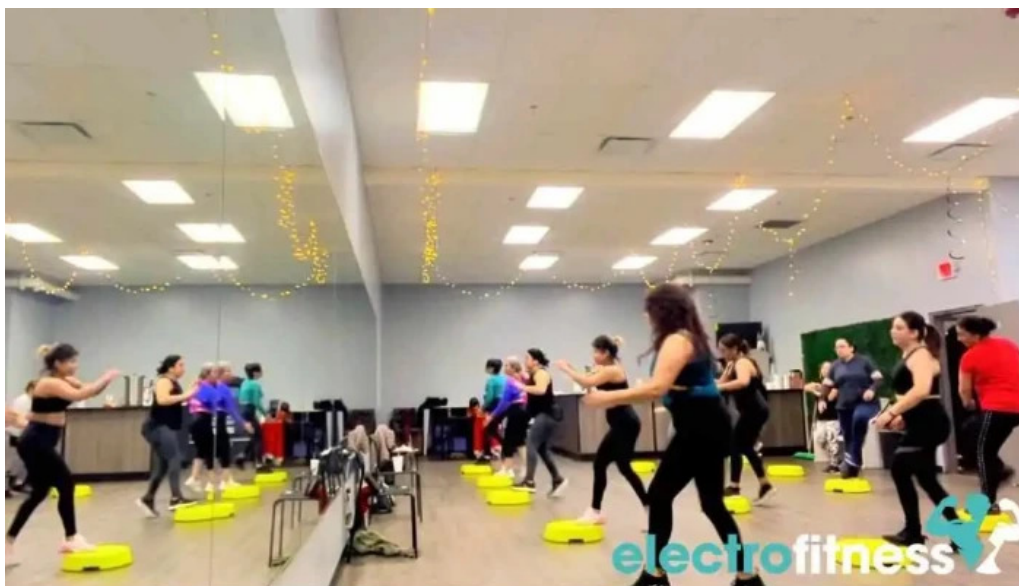


*Salmafitness instagram*





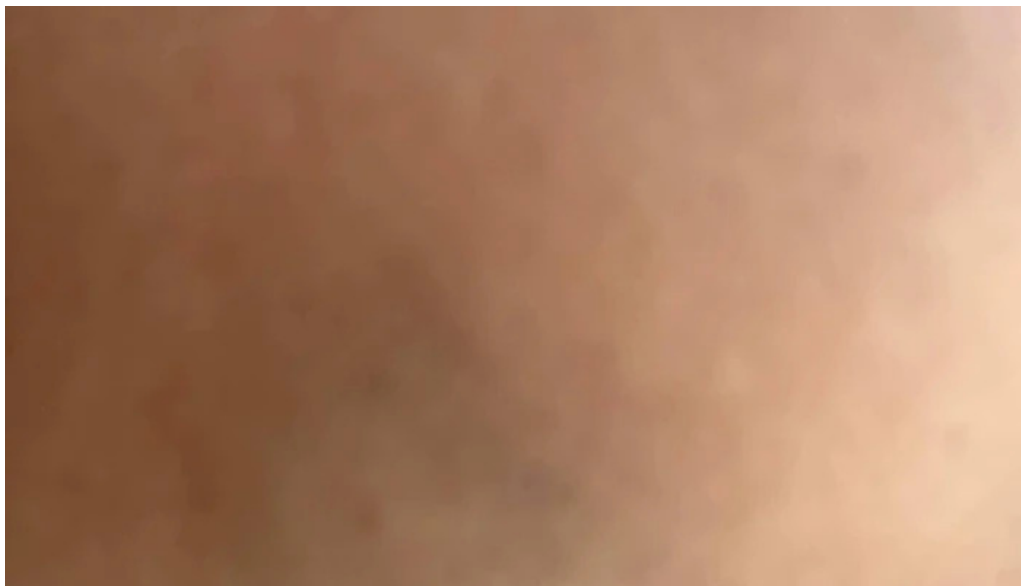
*Salmafitness how to get there*



*Salmafitness gym*



*Salmafitness fitness center*



*Salmafitness comments*





*Salmafitness all*



*Salmafitness addison*

## Tags

*Wheelchair-accessible car park, Accessibility*

## Related content

---

**5.0 \*** *Hyperthrive Athletics Texas - Abilene*

---

**5.0 \*** *Huffington Pilates and Fitness Studio - Abilene*

---

**4.0 \*** *Sage Yoga Center - Abilene*

---

**4.8 \*** *Fitness Evolution - St John*

<b>5.0 *</b>	<i>Studio Ex Cycle &amp; Group Fitness - Hyannis</i>
<b>4.5 *</b>	<i>Accokeek Neighborhood Park - Accokeek</i>
<b>4.9 *</b>	<i>Orangetheory Fitness - Dyer</i>
<b>4.7 *</b>	<i>Hendrick Health Club - Abilene</i>
<b>5.0 *</b>	<i>Jb Fitness Studio - Clinton</i>
<b>4.1 *</b>	<i>Abingdon Community Center Abingdon II - Abingdon</i>

## Categories

academic department
amusement park ride
arena
association / organization
athletic club
bar
basketball club
body shaping class
boot camp
boxing gym
boxing ring
children's party service
chiropractor
church
club
coffee shop
community center
convenience store
country club
coworking space
dance school
day spa
dollar store
elementary school
exercise equipment store
firearms academy
fitness
fitness center
golf club

golf course
golf instructor
grocery store
gym
gymnastics center
hair salon
health consultant
health food restaurant
health spa
hiking area
hospital
hotel
indoor cycling
jujitsu school
karate club
karate school
kennel
kickboxing school
kinesiologist
kinesiotherapist
martial arts club
martial arts school
massage therapist
meditation center
non-profit organization
nutritionist
park
personal trainer
pharmacy
physical fitness program
physical therapist
physical therapy clinic
pickleball court
pilates studio
private golf course
public educational institution
recreation center
rehabilitation center
rock climbing gym
school district office
self defense school
shooting range



shopping mall
spa
spa and health club
sporting goods store
sports club
sports complex
sports medicine clinic
sports school
supermarket
swimming instructor
swimming school
tennis club
thrift store
training centre
vitamin & supplements store
weight loss service
weightlifting area
wellness center
wellness program
women's personal trainer
yoga instructor
yoga studio
youth organization