

Fitness Plaza Inc - Allentown

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Fitness Plaza Inc - Allentown

Fitness Plaza Inc: Your Go-To Fitness Center in Allentown, Pennsylvania

Welcome to ****Fitness Plaza Inc****, a family-owned fitness center that offers a welcoming environment for individuals of all ages. With ample amenities and on-site services, this gym is perfect for those looking to improve their fitness levels.

Highlights of Fitness Plaza Inc

- ****Wide Selection of Equipment****: Members have access to a variety of machines, free weights, and resistance training options. Fitness Plaza is known

for not being overly crowded, ensuring that you can get your workout done without any long waits for equipment. - **Group Classes**: Participate in engaging classes like Zumba, Yoga, and more, which are included with your membership. The gym also offers online classes for further convenience. - **Sauna and Relaxation Areas**: After a rewarding workout, unwind in the sauna or enjoy a soothing massage from on-site therapists. The hot tub and steam room are additional amenities that set Fitness Plaza apart from other gyms.

Accessibility and Family-Friendly Features

Fitness Plaza Inc is designed to accommodate everyone. The facility includes a **wheelchair-accessible entrance** and a **wheelchair-accessible car park**, making it accessible for all members of the community. - **Childcare Services**: One standout feature is the childcare option, which is available all day. This allows parents to work out while knowing their children are cared for by friendly staff. It's a lifesaver for busy parents! - **Active Military Discounts**: The gym offers discounts for active military members, emphasizing its commitment to serving the community.

Membership and Amenities

Membership is required to access the gym's offerings, ensuring that you are part of a dedicated community focusing on health and wellness. The amenities do not disappoint: - **Free Wi-Fi**: Stay connected while you work out. - **Smoothie Bar**: Enjoy delicious and healthy options at the MTO protein smoothie bar, along with reasonably priced bottled beverages and snacks. - **Clean Environment**: Cleanliness is a priority at Fitness Plaza, ensuring that all areas, including locker rooms, showers, and restrooms, are well-maintained.

Final Thoughts

In conclusion, **Fitness Plaza Inc** is a fantastic choice for fitness enthusiasts in Allentown, Pennsylvania. With its extensive amenities, friendly staff, and community-focused atmosphere, it's no wonder that many members have found a second home here. Whether you're looking to lift weights, take a yoga class, or enjoy some downtime in the sauna, Fitness Plaza offers everything you need for a successful fitness journey. Join today and take the first step toward a healthier lifestyle!

Our establishment is located at

1124 Glenlivet Dr, 18106 Allentown, Pennsylvania - United States (US)

The contact phone of said **Fitness center** is +1610-481-0100

And if you want to send a WhatsApp, you can do so at +1610-481-0100

We look forward to seeing you at:

Day Hours

Monday

8?AM–2?PM

Tuesday

4:30?AM–10?PM

Wednesday

4:30?AM–10?PM

Thursday

4:30?AM–10?PM

Friday

4:30?AM–9?PM

Saturday

6?AM–6?PM

Sunday

6?AM–6?PM

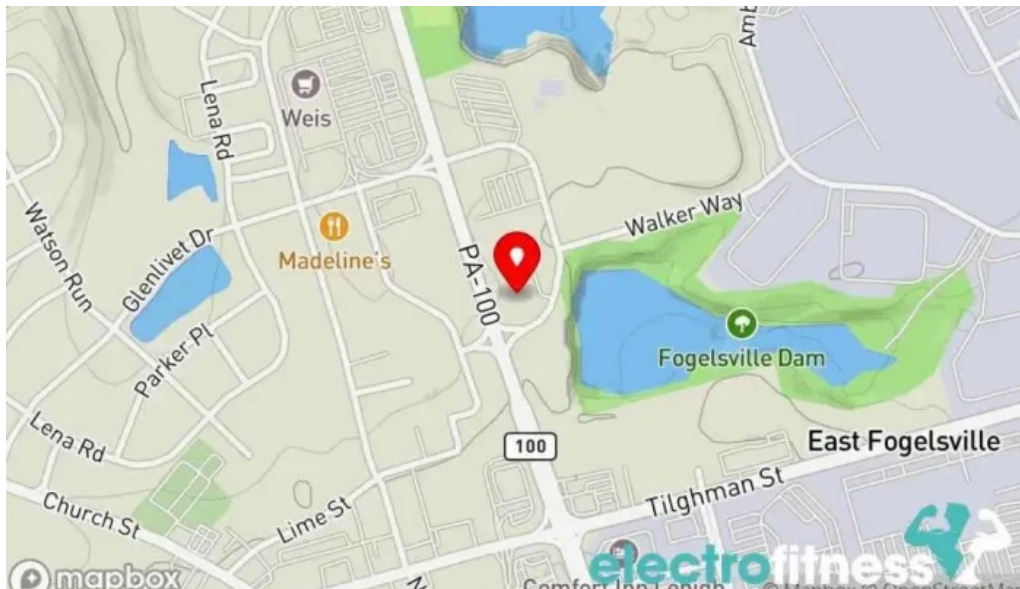
The website is [Fitness Plaza Inc](#)

If necessary to change any element that you think is not correct concerning this portal, we kindly request deliver a message so we can we will correct it at the earliest convenience. Thanks beforehand thank you very much.

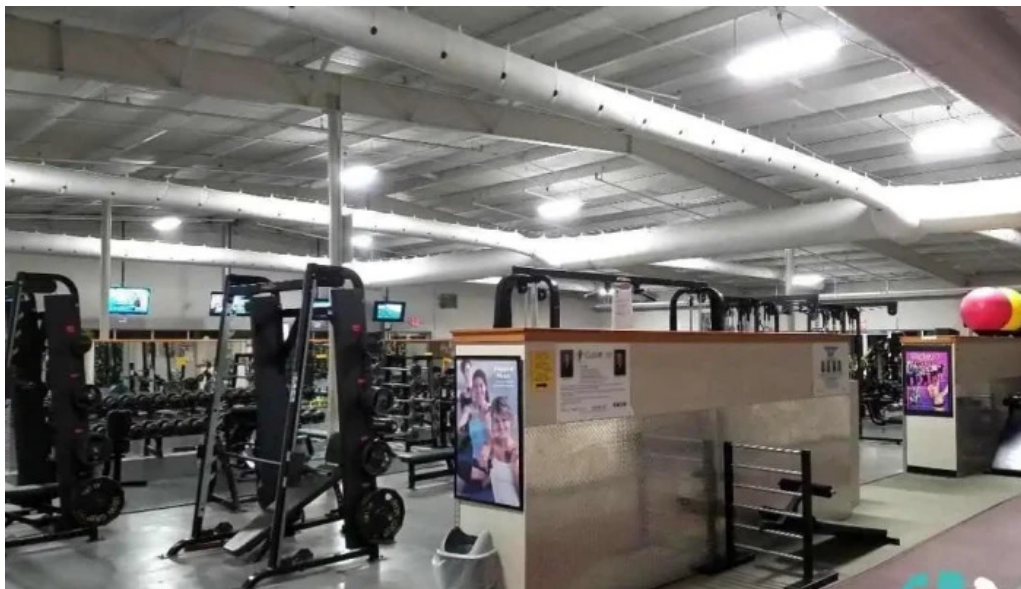
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Fitness plaza inc map



Fitness plaza inc gym



Fitness plaza inc fitness center



Fitness plaza inc by owner



Fitness plaza inc allentown



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Tags

Highlights, On-site services, Amenities, Wi-Fi, Active military discounts, Online classes, Membership required, Wheelchair-accessible entrance, Accessibility, Planning, Service options, Sauna, Wheelchair-accessible car park, Children, Good for kids, Offerings

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