

Healthy You Fitness Center - Allentown

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https://www.electrofitness.com/fitness-center/allentown/healthy-you-fitness-center-allentown_297747.

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Healthy You Fitness Center - Allentown

Exploring Healthy You Fitness Center in Allentown, Pennsylvania

Healthy You Fitness Center stands out as a notable fitness destination in Allentown, Pennsylvania. With a focus on cleanliness and staff friendliness, this gym attracts many health enthusiasts. However, potential members should consider various aspects before committing.

Membership Requirements

To utilize the facilities at Healthy You Fitness Center, **membership is

required**. While having a membership grants you access to basic equipment and classes, some users feel that the pricing is on the higher side. At nearly \$50 per month, many have expressed concerns regarding the value received for the cost, especially during these times when certain amenities may be limited.

Accessibility Features

For those requiring assistance, Healthy You Fitness Center has made strides in ensuring a welcoming atmosphere for all. The facility boasts a **wheelchair-accessible car park** and a **wheelchair-accessible entrance**. These features highlight the commitment to inclusivity, allowing everyone to enjoy their fitness journey without barriers.

Cleanliness and Hygiene

A recurring theme in member reviews is the cleanliness of the gym. Patrons consistently note that the gym is well-maintained. Staff members are reported to regularly clean equipment, which is crucial during the ongoing challenges posed by Covid-19. Moreover, the bathrooms and showers are cleaned hourly, ensuring a hygienic environment for all visitors.

Planning Your Fitness Journey

When contemplating your fitness goals and planning your visits to Healthy You Fitness Center, it's essential to be aware that class availability can fluctuate. Some users have commented that classes are often canceled, which might limit options for group workouts. However, many still appreciate the quality of the remaining classes offered, indicating that there is something for everyone.

Final Thoughts

While Healthy You Fitness Center offers a clean and friendly environment with necessary accessibility features, potential members should weigh the membership costs against available amenities. If you prioritize cleanliness and a supportive staff, this gym might be a suitable choice. However, for those seeking extensive equipment and diverse class offerings, it may be worth exploring other local fitness options.

The business is situated at

1243 S Cedar Crest Blvd, 18103 Allentown, Pennsylvania - United States (US)

The phone number of the mentioned **Fitness center** is +1610-402-3699
And if you want to send a WhatsApp, you can do so at +1610-402-3699

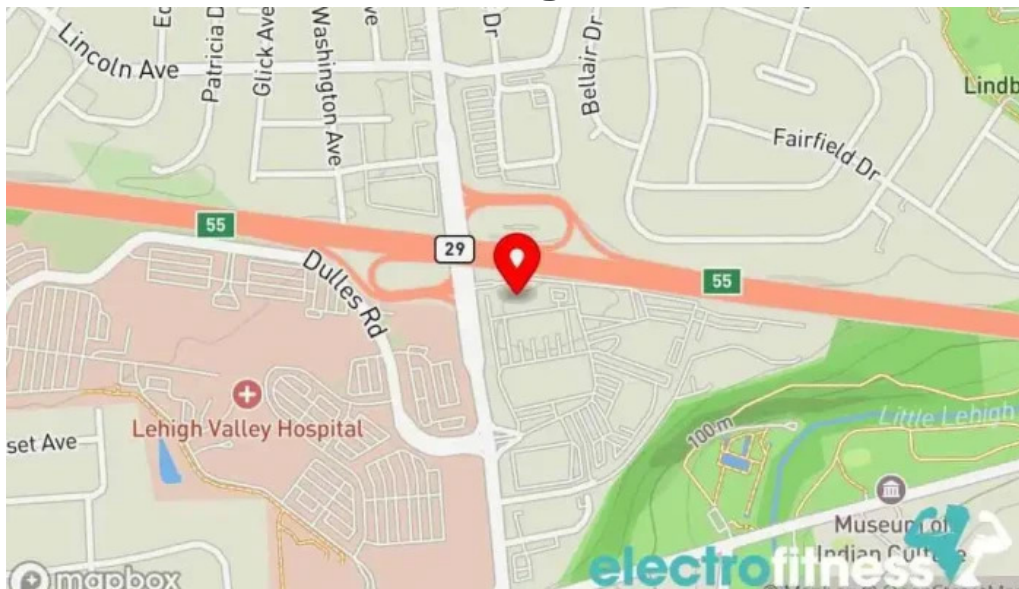
Our opening hours are:

Day Hours
Monday
5?AM–9?PM
Tuesday
5?AM–9?PM
Wednesday
7?AM–3:30?PM
Thursday
7?AM–3:30?PM
Friday
5?AM–9?PM
Saturday
5?AM–9?PM
Sunday
5?AM–9?PM

The website is [Healthy You Fitness Center](#)

If you require to adjust any information that you consider is incorrect regarding this portal, please send us a message so we can we will correct it quickly. Thanks beforehand we appreciate it.

Images



Healthy you fitness center map



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Tags

Planning, Wheelchair-accessible entrance, Wheelchair-accessible car park, Accessibility, Membership required

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| acupuncture clinic |
| after school program |
| amusement center |
| amusement park ride |
| animal feed store |
| apartment building |
| apartment complex |
| aquatic centre |
| arena |
| art gallery |
| association / organization |
| athletic club |
| auditorium |
| bar |
| basketball club |
| basketball court |
| batting cage center |
| body shaping class |
| boot camp |
| boxing club |
| boxing gym |
| boxing ring |
| children's party service |
| chiropractor |
| church |
| club |
| coffee shop |
| college |

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| community center |
| convenience store |
| corporate office |
| counselor |
| country club |
| coworking space |
| cultural center |
| dance company |
| dance school |
| day spa |
| disability services and support organization |
| disc golf course |
| dollar store |
| educational institution |
| elementary school |
| exercise equipment store |
| facial spa |
| firearms academy |
| fitness |
| fitness center |
| fitness equipment wholesaler |
| food producer |
| foot care |
| gated community |
| golf club |
| golf course |
| golf instructor |
| grocery store |
| gym |
| gymnasium school |
| gymnastics center |
| gymnastics club |
| hair salon |
| health consultant |
| health food restaurant |
| health food store |
| health spa |
| hiking area |
| hospital |
| hotel |
| indoor cycling |
| jujitsu school |

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| karate club |
| karate school |
| kennel |
| kickboxing school |
| kinesiologist |
| kinesiotherapist |
| martial arts club |
| martial arts school |
| massage spa |
| massage therapist |
| medical group |
| medical spa |
| meditation center |
| metaphysical supply store |
| muay thai boxing gym |
| non-profit organization |
| nutritionist |
| outdoor sports store |
| park |
| parking lot |
| parkour spot |
| personal trainer |
| pharmacy |
| physical fitness program |
| physical therapist |
| physical therapy clinic |
| pickleball court |
| pilates studio |
| private golf course |
| psychotherapist |
| public educational institution |
| public swimming pool |
| recreation center |
| rehabilitation center |
| resort hotel |
| rock climbing |
| rock climbing gym |
| rv park |
| sauna |
| school |
| school district office |
| self defense school |

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| shooting range |
| shopping mall |
| soccer club |
| social club |
| software company |
| spa |
| spa and health club |
| sporting goods store |
| sports club |
| sports complex |
| sports massage therapist |
| sports medicine clinic |
| sports nutrition store |
| sports school |
| summer camp organizer |
| supermarket |
| swimming facility |
| swimming instructor |
| swimming pool |
| swimming school |
| taekwondo school |
| tanning salon |
| tennis club |
| thrift store |
| training centre |
| vitamin & supplements store |
| weight loss service |
| weightlifting area |
| wellness center |
| wellness program |
| women's organization |
| women's personal trainer |
| wrestling school |
| yoga instructor |
| yoga studio |
| youth organization |