

## St. Luke's Fitness & Sports Performance Center - West End - Allentown

allentown

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## *St. Luke's Fitness & Sports Performance Center - West End - Allentown*

### **St. Luke's Fitness & Sports Performance Center - West End**

Located in Allentown, Pennsylvania, **St. Luke's Fitness & Sports Performance Center** is not just another fitness center; it's a community hub that caters to a diverse range of fitness enthusiasts. With its state-of-the-art equipment and dedicated staff, it has earned a reputation as one of the best

gyms in the Lehigh Valley.

## Accessibility Features

One of the standout features of St. Luke's Fitness Center is its commitment to accessibility. The facility boasts a **wheelchair-accessible entrance** and a **wheelchair-accessible car park**, ensuring that everyone can enjoy their fitness journey without obstacles. However, some users have expressed concerns regarding full access to various areas of the gym. For instance, some members feel that the back turf area, primarily used for powerlifting and metabolic classes, should be more accessible to all gym-goers.

## Cleanliness and Equipment

Feedback from members highlights the importance of cleanliness and the quality of equipment at the facility. Many comments praise the gym for being **impeccably clean** with equipment that is **in very good condition**. Members appreciate the COVID protection measures in place, which further enhance their workout experience. The turf area is especially noted for being excellent, serving as a fantastic spot for various training activities.

## Staff and Community

The staff at St. Luke's Fitness Center receive high marks for their helpfulness and professionalism. Many members appreciate the **personalized attention** they receive, making it easier for them to reach their fitness goals. With trainers who are knowledgeable and supportive, newcomers often feel welcomed and motivated to engage with the gym community.

## Areas for Improvement

While the majority of feedback is positive, there are a few recurring suggestions for improvement. Some members have mentioned the need for better operating hours, as later times could accommodate more schedules. Additionally, the absence of mirrors has been noted as an odd feature, although not critical, it would be a welcome addition for many.

## Conclusion

St. Luke's Fitness & Sports Performance Center stands out as a premier fitness destination in Allentown, Pennsylvania. With easy **accessibility**, a focus on cleanliness, and a friendly atmosphere, it provides a comprehensive fitness experience for everyone. Whether you are looking to lift weights, improve your cardio, or join a metabolic class, this gym has every fitness need covered. Join

the community at St. Luke's and take your fitness journey to the next level!

**The address of our establishment is**

501 Cetronia Rd, 18104 Allentown, Pennsylvania - United States (US)

The phone number of said **Fitness center** is +1484-426-2540

And if you want to send a WhatsApp, you can do so at +1484-426-2540

**We open at the following schedule:**

Day	Hours
Monday	5?AM–8?PM
Tuesday	5?AM–8?PM
Wednesday	7?AM–4?PM
Thursday	7?AM–4?PM
Friday	5?AM–8?PM
Saturday	5?AM–8?PM
Sunday	5?AM–8?PM

The website is St. Luke's Fitness & Sports Performance Center - West End

If you need to alter any data that you think is not accurate concerning this web, we ask deliver a message so we can we will adjust it promptly. Thanks beforehand thanks.

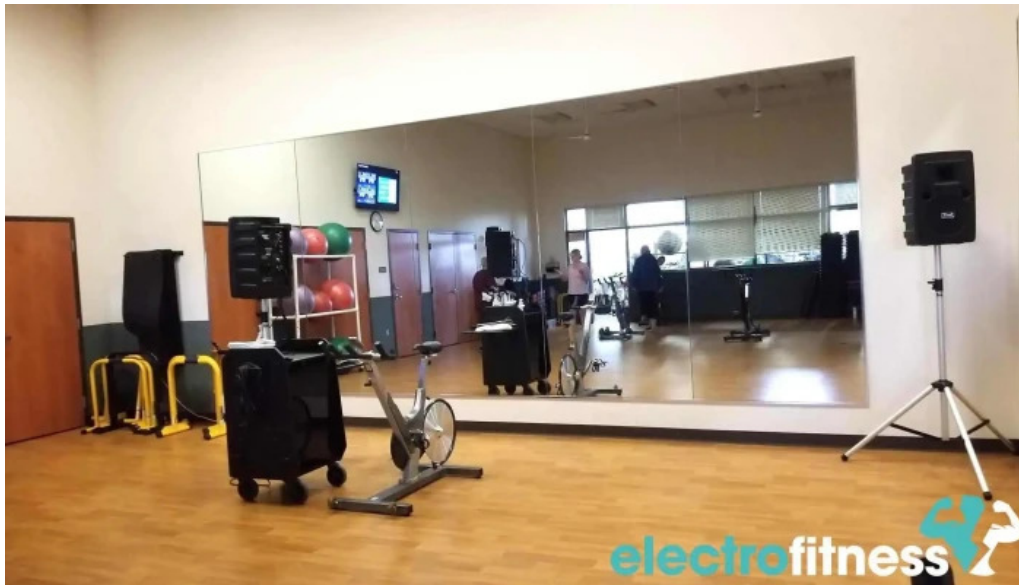
## Images



*St lukes fitness sports performance center west end street view 360deg*



*St lukes fitness sports performance center west end map*



*St lukes fitness sports performance center west end gym*



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## Tags

*Wheelchair-accessible entrance, Accessibility, Wheelchair-accessible car park*

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basketball court
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body shaping class
boot camp
boxing club
boxing gym
boxing ring
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chiropractor
church
club
coffee shop
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convenience store
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counselor
country club
coworking space
cultural center
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dance school
day spa
disability services and support organization
disc golf course
dollar store
educational institution
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facial spa
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golf course
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grocery store
gym
gymnasium school
gymnastics center
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hair salon
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karate club
karate school
kennel
kickboxing school
kinesiologist
kinesiotherapist
martial arts club
martial arts school
massage spa
massage therapist
medical group
medical spa
meditation center
metaphysical supply store
muay thai boxing gym



non-profit organization
nutritionist
outdoor sports store
park
parking lot
parkour spot
personal trainer
pharmacy
physical fitness program
physical therapist
physical therapy clinic
pickleball court
pilates studio
private golf course
psychotherapist
public educational institution
public swimming pool
recreation center
rehabilitation center
resort hotel
rock climbing
rock climbing gym
rv park
sauna
school
school district office
self defense school
senior citizen center
shooting range
shopping mall
soccer club
social club
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spa and health club
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sports club
sports complex
sports massage therapist
sports medicine clinic
sports nutrition store
sports school

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supermarket
swimming facility
swimming instructor
swimming pool
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