

The Groove Fitness Studio Llc - Altoona

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The Groove Fitness Studio Llc - Altoona

Discover The Groove Fitness Studio LLC in Altoona, Pennsylvania

If you're searching for a fitness center that combines fun, accessibility, and a welcoming atmosphere, look no further than **The Groove Fitness Studio LLC**. Located in Altoona, Pennsylvania, this studio is known for its inclusive environment where everyone can feel comfortable while pursuing their fitness journey.

Accessibility for Everyone

The Groove is dedicated to making fitness accessible to all individuals. With a **wheelchair-accessible entrance** and a **wheelchair-accessible car park**, those with mobility challenges can easily access the facility without any hindrance. This commitment to accessibility ensures that everyone has the opportunity to enjoy the invigorating classes offered at The Groove.

A Fun and Friendly Atmosphere

The positive feedback from members highlights the friendly and supportive ambiance at The Groove. One attendee shares, "If you're looking to have fun while exercising, come to The Groove! Every class is a blast!" This sentiment is echoed by many, emphasizing that it doesn't matter if you are a seasoned athlete or just starting your fitness journey; there's a place for everyone here.

Expert Instruction and Support

The owner, Jen Burgmeier, stands out as a passionate instructor who genuinely cares about her participants. Members have noted, "Jen always explains things and makes sure you're comfortable!" Her energy and enthusiasm create an environment where everyone feels motivated to reach their goals. Whether you're attending Zumba, yoga, or HIIT classes, the instructors tailor workouts to accommodate varying fitness levels and abilities.

Community Spirit and Encouragement

At The Groove, members often describe a sense of community that makes working out enjoyable. "Everyone is so friendly there," says a longtime participant. Many reviews reflect that The Groove fosters camaraderie, making it easy for newcomers to feel accepted. "It's a no judgment zone! We are all here for the same reason," notes one member, encouraging others to join in regardless of their current fitness level.

Affordable and Clean Facilities

Affordability is another highlight of The Groove Fitness Studio. With a range of classes available at competitive prices, members appreciate the value they receive. The facility is also praised for being clean and spacious, providing a comfortable space to work out. "The Groove is the best place to get a workout. Very clean and friendly environment," one member assures.

Your Invitation to Join

If you haven't tried The Groove yet, consider this your invitation! With a variety of classes designed for all ages and skill levels, there's something for everyone. "You won't be disappointed!" says a satisfied member, highlighting the transformative experience that awaits you. Whether attending in person or joining online, The Groove provides a supportive environment to help you achieve your fitness goals.

Join the thriving community at The Groove Fitness Studio LLC today, and discover not just a gym, but a family that uplifts and inspires you every step of the way!

Our business is located at

539 E 25th Ave, 16601 Altoona, Pennsylvania - United States (US)

The contact line of the mentioned **Fitness center** is +1814-329-3091

And if you want to send a WhatsApp, you can do so at +1814-329-3091

Our business hours are:

Day Hours
Monday

9?AM–1?PM

Tuesday

7:30?AM–1?PM

Wednesday

7:30?AM–12:30?PM

Thursday

5–8?PM

Friday

7:30?AM–1?PM 4:30–8:30?PM

Saturday

9–11:30?AM 4:30–8?PM

Sunday

7:30?AM–1?PM 4:30–8?PM

The website is The Groove Fitness Studio LLC

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Images



The groove fitness studio llc street view 360deg



The groove fitness studio llc map



The groove fitness studio llc gym



The groove fitness studio llc fitness center



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Tags

Accessibility, Wheelchair-accessible entrance, Wheelchair-accessible car park

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