

Electro Fitness: Best Electro Fitness

Aspen Athletic Clubs Ankeny - Ankeny

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Welcome to Aspen Athletic Club Ankeny: Your Fitness Destination

Aspen Athletic Club in Ankeny, Iowa, stands out as a premier fitness center tailored to meet the needs of its diverse membership. With a strong focus on community, accessibility, and top-notch amenities, it has become a favorite for fitness enthusiasts of all levels.

Membership Required

To enjoy everything Aspen Athletic Club offers, a **membership is required**.

This allows members to access high-quality equipment, group classes, and personalized training sessions designed to cater to individual fitness goals.

Accessibility Features

Aspen Athletic Club is committed to inclusivity and accessibility. The facility provides a **wheelchair-accessible entrance** and a **wheelchair-accessible toilet**, ensuring that everyone can comfortably enjoy their workout experience. Additionally, there is a **wheelchair-accessible car park** available for the convenience of all members.

From the Business

The club is proud to identify as women-owned, offering services that empower and inspire its members. Active military discounts are also available, making Aspen Athletic Club a welcoming place for those who serve our country.

Amenities and Highlights

The club boasts a variety of **amenities**, including: - Spacious workout areas filled with state-of-the-art equipment - Sauna facilities for post-workout relaxation - Hot and cold tubs to rejuvenate tired muscles - Wi-Fi throughout the facility to keep you connected during your workout Members frequently praise the cleanliness and maintenance of the facilities, emphasizing how the staff consistently ensure a hygienic training environment.

Offerings and Personal Training

Aspen Athletic Club offers a wide range of **offerings**, including group fitness classes and personal training sessions tailored to individual needs. Trainers like Rachel, Chris, and Lexi are known for their supportive and adaptable training styles, helping members achieve their fitness goals while overcoming personal challenges.

Community Vibes

Aspen Athletic Club fosters a sense of community that is integral to many members' experiences. Numerous reviews highlight how friendly and welcoming both the staff and fellow gym-goers are, creating an encouraging atmosphere. Many have formed friendships, making visits to the gym not just a workout but a social outing as well.

Conclusion

If you're looking for a fitness center that combines quality equipment, diverse offerings, and a genuine sense of community, look no further than Aspen Athletic Club in Ankeny. With 24/7 access, personalized training options, and a commitment to accessibility, it's an ideal choice for anyone dedicated to improving their fitness journey.

The location of our premises is

1802 N Ankeny Blvd #102, 50023 Ankeny, Iowa - United States (US)

The contact line of the mentioned **Fitness center** is <u>+1515-965-4216</u> And if you want to send a WhatsApp, you can do so at<u>+1515-965-4216</u>

We open at the following schedule:

Day Hours
Monday
Open 24 hours
Tuesday
Open 24 hours
Wednesday
Open 24 hours
Thursday
Open 24 hours
Friday
Open 24 hours
Saturday
Open 24 hours
Saturday
Open 24 hours
Sunday
Open 24 hours

The website is Aspen Athletic Clubs Ankeny

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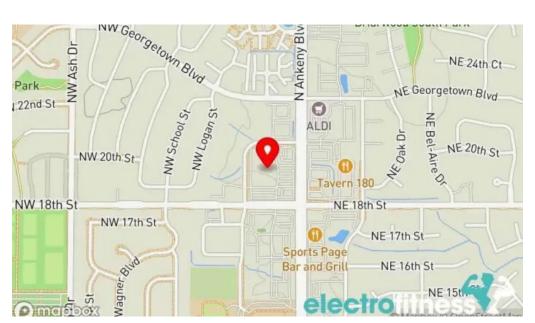
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Aspen athletic clubs ankeny fitness center



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Tags

Identifies as women-owned, Sauna, Highlights, Wheelchair-accessible car park, Wheelchair-accessible entrance, Accessibility, Wi-Fi, Planning, Offerings, Toilet, Amenities, From the business, Wheelchair-accessible toilet, Active military discounts, Membership required

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tennis club
thrift store
trade school
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