

Blush Boot Camp - Ankeny

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Blush Boot Camp - Ankeny

Discover BLUSH Boot Camp: A Unique Fitness Center in Ankeny, Iowa

BLUSH Boot Camp is not just another fitness center; it's a vibrant community designed specifically for women who want to achieve their fitness goals in a supportive environment. Located in Ankeny, Iowa, this women-owned gym has garnered attention for its inclusive atmosphere and high-quality training.

Accessibility and Amenities

One of the standout features of BLUSH Boot Camp is its commitment to accessibility. With a ****wheelchair-accessible car park**** and an inviting

****wheelchair-accessible entrance****, the facility ensures that everyone can participate in their programs without hassle. The gym is equipped with various ****amenities**** that cater to members' needs, including ****on-site services**** like ****child care****. This allows busy moms to enjoy their workouts while their children are cared for in a safe environment.

Child-Friendly and Community Oriented

BLUSH Boot Camp is ****good for kids****, making it a great choice for mothers looking to balance fitness with family life. The ****child care**** facilities provide peace of mind, allowing parents to focus on their health without distractions.

Membership Options

While ****membership is required****, the flexible plans allow potential members to first experience the community through introductory programs like the 21-day free incentive. This program encourages newcomers to engage consistently, promoting accountability through a friendly challenge.

Trainers and Supportive Environment

Members rave about the knowledgeable trainers at BLUSH Boot Camp. Coaches like ****Hailey, Mac, and Cheri**** are described as enthusiastic, motivational, and attentive to individual needs, ensuring that each member feels comfortable and supported. As one member expressed, "They set you up for success to be the best you!" This uniquely tailored approach, even in a group setting, embodies the BLUSH philosophy of empowerment and camaraderie among women.

Community and Encouragement

From personal anecdotes shared by members, it's clear that BLUSH Boot Camp fosters a strong sense of belonging. Women from various backgrounds come together to support each other, creating a positive and uplifting community. Members consistently mention how encouraging it is to work out alongside like-minded individuals, enriching the overall experience.

Honesty and Transparency

While most feedback is overwhelmingly positive, it's crucial to note some concerns regarding transparency in communication and billing practices. A few members reported challenges with customer service and contract cancellation processes. However, the warmth and professionalism of the trainers often overshadow these issues, reinforcing the gym's overall positive reputation.

Conclusion: Why Choose BLUSH Boot Camp?

If you're searching for a fitness center that prioritizes women's health and wellness, look no further than BLUSH Boot Camp in Ankeny, Iowa. With its ****wheelchair-accessible features****, child-friendly accommodations, and a

community-focused atmosphere, it is a unique space where women can thrive both physically and mentally. Whether you're a seasoned athlete or new to fitness, BLUSH Boot Camp welcomes you with open arms, ready to help you reach your goals.

Our business is located at

1510 S Ankeny Blvd, 50023 Ankeny, Iowa - United States (US)

The phone number of this **Fitness center** is +1515-815-4191

And if you want to send a WhatsApp, you can do so at +1515-815-4191

Our service hours are:

Day	Hours
Monday	8?AM–12?PM
Tuesday	8–9?AM
Wednesday	5?AM–12?PM 4:30–7:30?PM
Thursday	5?AM–1?PM 4:30–6:30?PM
Friday	5?AM–1?PM 4:30–6:30?PM
Saturday	5?AM–1?PM 4:30–6:30?PM
Sunday	5?AM–1?PM 4:30–6:30?PM

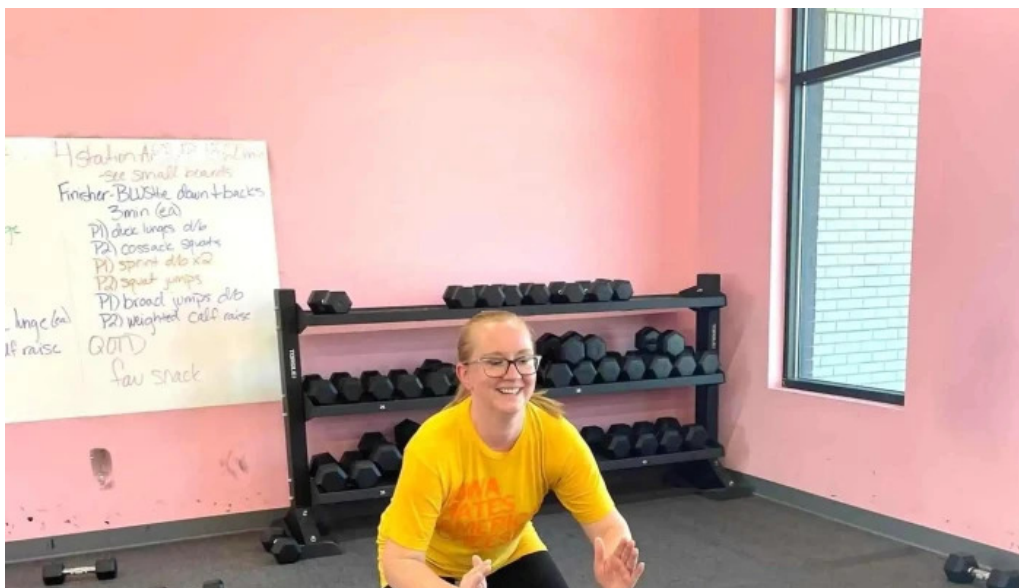
The website is BLUSH Boot Camp

If you wish to modify any element that you feel is not precise concerning this page, we kindly request send a message and we will handle it promptly. In advance thank you very much.

Images



Blush boot camp street view 360deg



Blush boot camp score

The Member understands and agrees that they will be charged \$15.00 for any session they sign up for and fail to attend.

The Member understands and agrees that they will be charged \$15.00 for any session they sign up for and fail to cancel within 8 hours of that sessions start time.

Cancellation Policy: The Member is allowed to cancel this Agreement within (3) business days from the date they signed the Agreement for any reason. Member is required to provide a written notice to the location in person. The Member will receive a full refund of the monies paid to BLUSH Boot Camp for this specific agreement. The Member will forfeit the amount for the heart rate monitor and understands that will be deducted from the refunded amount.

There is a 30-day money back guarantee which allows the Member to cancel this Agreement without penalty if they attend 12 boot camp sessions in this initial 30-day period. This 30-day period begins from the date of the signature and ends exactly 30 days from the time this Agreement was signed. The Member will forfeit the amount for the heart rate monitor and understands that will be deducted from the refunded amount.

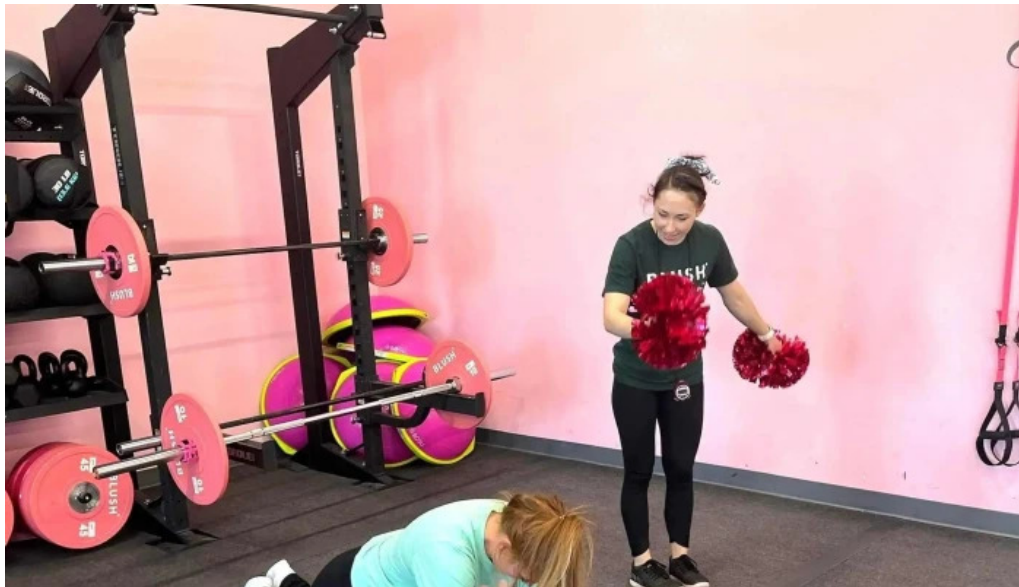
The Member may cancel this Agreement if the Member becomes permanently disabled with a letter from their physician indicating that they are permanently disabled, and they will not be able to continue any physical activity.

If the Member relocates more than 25 miles away from any BLUSH Boot Camp or BLUSH Fitness location, the Member is allowed to cancel the Agreement. The Member will receive a \$50 + any applicable heart rate monitor fee, and

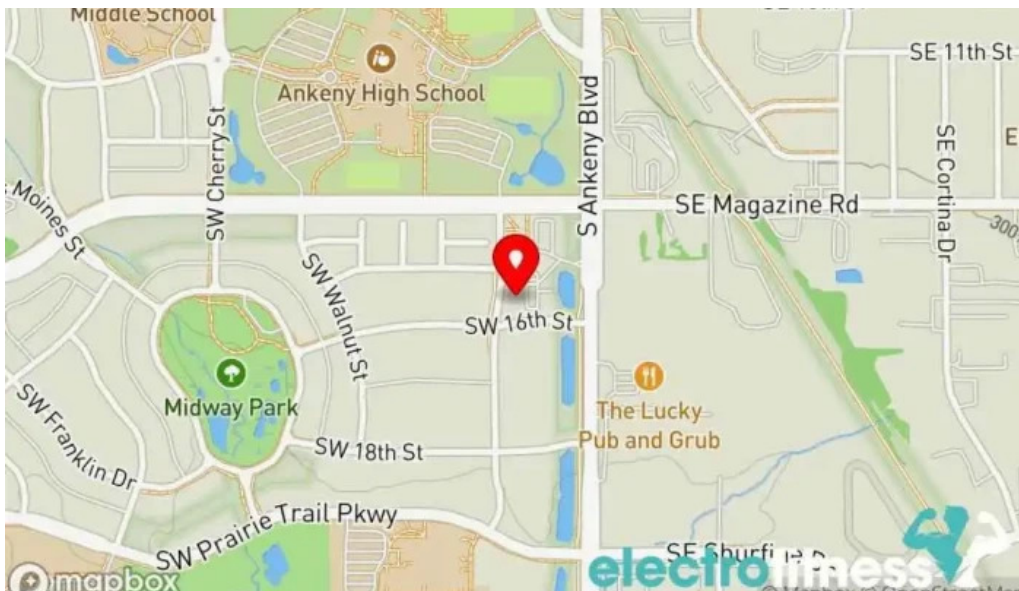
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Blush boot camp reviews



Blush boot camp prices



Blush boot camp map



Blush boot camp gym



Blush boot camp fitness center



Blush boot camp by owner



Blush boot camp ankeny



Blush boot camp all

Tags

Good for kids, From the business, Identifies as women-owned, Wheelchair-accessible car park, Accessibility, Child care, Service options, Children, On-site services, Planning, Amenities, Wheelchair-accessible entrance, Membership required

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