

## Rise Fitness & Kickboxing - Annapolis

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## *Rise Fitness & Kickboxing - Annapolis*

### **RISE Fitness & Kickboxing: A Community-Driven Fitness Center in Annapolis, Maryland**

If you're looking for a fitness center that combines an outstanding workout experience with a sense of community, look no further than **\*\*RISE Fitness & Kickboxing\*\*** in Annapolis, Maryland. This gym not only requires a membership but also offers a unique and welcoming atmosphere that keeps members coming back for more.

### **Accessibility Features**

At RISE Fitness, inclusivity is a priority. The facility features a **\*\*wheelchair-accessible car park\*\***, making it easy for everyone to access the gym. The **\*\*wheelchair-accessible entrance\*\*** ensures that all members can enter without any hassle. Additionally, the gym includes a **\*\*wheelchair-accessible toilet\*\***, ensuring comfort for everyone.

### **Family-Friendly Environment**

RISE Fitness is a **\*\*good place for kids\*\***, providing a positive environment for families. Children are welcomed and encouraged to participate in various classes that promote fitness and fun. With amenities designed to cater to all ages, parents can confidently bring their children along.

### **Amenities That Enhance Your Experience**

One of the standout features of RISE Fitness is its wide range of **\*\*amenities\*\***. Members have access to a spacious weight room, cardio machines, and specialized equipment for kickboxing and strength training. The facility is well-maintained, clean, and equipped to handle various fitness needs, including personal training and themed classes.

### **People-Centric Approach**

As many reviews indicate, RISE Fitness is not just about workouts; it's about building connections. As one member said, "the atmosphere feels like family," highlighting how trainers remember your name and create a supportive community. The trainers, including the likes of Kevin and Erin, are noted for their welcoming and professional demeanor, making even newbies feel right at home.

### **Transformative Workouts**

Members frequently rave about the effectiveness of classes, such as Fight Fit and kickboxing, which provide a **\*\*full-body workout\*\*** that is both challenging and exhilarating. Participants have shared experiences of feeling motivated by their coaches and fellow gym-goers, propelling them to achieve personal fitness milestones. "I lost just under 90 pounds," a member noted, crediting the classes for kickstarting their journey. This speaks volumes about the transformative power of RISE's offerings, tailored to meet varying fitness levels and goals.

### **Community Spirit**

What truly sets RISE Fitness apart is its strong community spirit. The reviews are filled with stories about friendships forged within the gym and encouragement received from fellow members. From group workouts to personal challenges, everyone is invested in each other's success, making it a truly unique place to work out.

### **Conclusion**

Whether you're new to fitness or a seasoned athlete, RISE Fitness & Kickboxing provides an enriching and supportive environment. The combination of a required membership that fosters community, **\*\*wheelchair-accessible amenities\*\***, and robust programming makes it a top choice in Annapolis. Visit today and discover a place where you can challenge yourself while being part of a caring family.

### **You can reach us at**

1927 Lincoln Dr, 21401 Annapolis, Maryland - United States (US)

The contact phone of the respective **Fitness center** is +1443-837-6547  
And if you want to send a WhatsApp, you can do so at +1443-837-6547

### **Our business hours are:**

Day	Hours
Monday	8?AM–12?PM
Tuesday	6?AM–9?PM
Wednesday	5:30?AM–9?PM
Thursday	6?AM–9?PM
Friday	5:30?AM–9?PM
Saturday	6?AM–6?PM
Sunday	8?AM–2?PM

The website is [RISE Fitness & Kickboxing](#)

If you wish to alter any detail that you think is not correct about this page, we ask send us a message so we can we will correct it as soon as possible. Thanks beforehand thanks.

## **Images**



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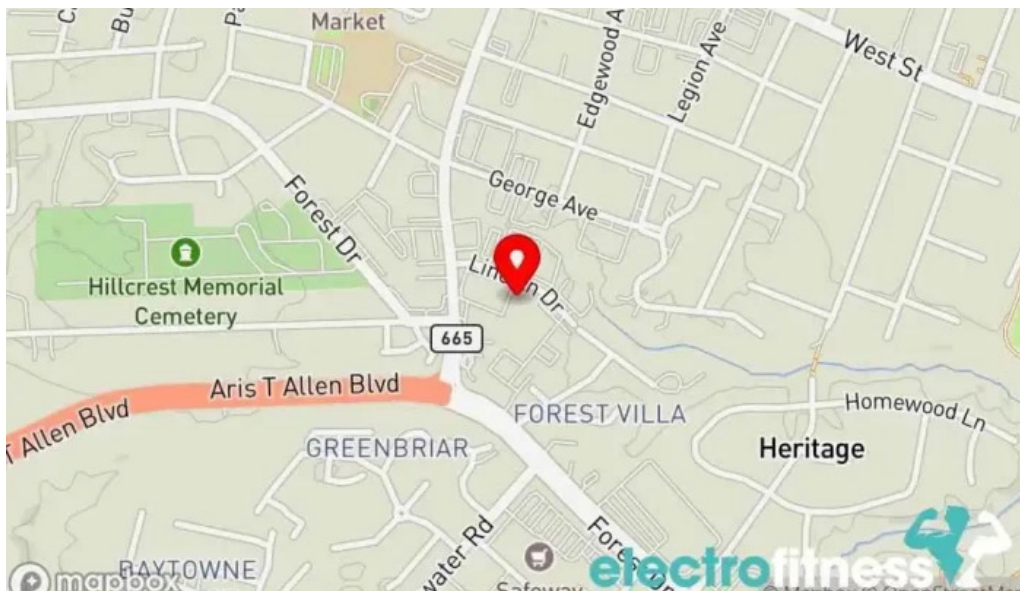
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## Tags

*Toilet, Membership required, Good for kids, Planning, Children, Wheelchair-accessible toilet, Wheelchair-accessible entrance, Accessibility, Amenities, Wheelchair-accessible car park*

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basketball court
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beauty salon
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community health centre
convenience store
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coworking space
cultural center
dance club
dance company
dance school
day spa
department store
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discount store
dive shop
doctor
dollar store
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electric utility company
elementary school
equestrian facility
exercise equipment store
facial spa
fertility clinic
firearms academy
fitness
fitness center
fitness equipment wholesaler
food producer



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fountain
gated community
general hospital
golf club
golf course
golf instructor
grocery store
gun club
gym
gymnasium school
gymnastics center
gymnastics club
hair salon
health consultant
health food restaurant
health food store
health spa
hiking area
historical landmark
hospital
hotel
hypnotherapy service
ice skating rink
indoor cycling
indoor golf course
indoor lodging
jujitsu school
karate club
karate school
kennel
kickboxing school
kinesiologist
kinesiotherapist
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