

Cain Center Ymca - Athens

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https://www.electrofitness.com/fitness-center/athens/cain-center-ymca-athens_348585.php



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Cain Center Ymca - Athens

Discover the Cain Center YMCA in Athens, Texas

Located in the heart of Athens, Texas, the ****Cain Center YMCA**** offers a variety of on-site services tailored for families and individuals alike. Whether you're looking to get fit, engage in community activities, or simply unwind, this fitness center aims to cater to everyone's needs.

Accessibility and Parking

The Cain Center features a ****wheelchair-accessible car park**** and entrance, ensuring that individuals with mobility challenges can easily navigate the facility.

The **parking** is convenient, with a **free parking lot** available for visitors. Accessibility is a top priority, highlighted by the presence of a **wheelchair-accessible toilet** within the premises.

Amenities and Facilities

The center is packed with impressive **amenities** that make it a great choice for active families. Key highlights include: - An **indoor swimming pool** with a kiddie area and lazy river - A fully equipped **weight room** - **Basketball courts** for sports enthusiasts - **Tennis courts** for on-site play - A **disc golf course** and walking trails for outdoor activities. Families will find that the Cain Center is indeed **good for kids**, providing an environment where children can learn to swim, participate in child care programs, and enjoy various other activities.

Customer Experiences

Despite some recent management challenges, the atmosphere at the Cain Center has been revitalized under new leadership. Many reviews note the friendly and attentive staff, contributing to an inviting environment. One satisfied visitor stated, "Love the Cain Center! Both my kids learned to swim here." However, there have been concerns regarding **service options** and customer service. Some visitors reported dissatisfaction due to long check-in times and varying responses from staff, which impacted their overall experience. This feedback highlights the need for better **planning** and communication regarding events and operating hours.

Membership Information

A membership is required to access most facilities, making it an ideal destination for those committed to regular fitness routines. Active military discounts are also available, further enhancing the center's appeal for local families.

Conclusion

The Cain Center YMCA in Athens, Texas, stands out as a versatile community hub, perfect for fitness and family fun. With its array of **amenities**, welcoming atmosphere, and commitment to inclusivity, it's a place where everyone can find something to enjoy. While there's room for improvement in customer service, the overall offerings make it a valuable asset to the Athens community. For those considering a visit, the Cain Center is certainly worth checking out!

Our premises are located at

214 Loyola Dr, 75751 Athens, Texas - United States (US)

The phone of this **Fitness center** is +1903-677-4430

And if you want to send a WhatsApp, you can do so at [+1903-677-4430](https://www.whatsapp.com/channel/0029919036774430)

Visit us during the following hours:

Day Hours
Monday
6?AM–9?PM
Tuesday
6?AM–9?PM
Wednesday
6?AM–9?PM
Thursday
6?AM–8?PM
Friday
8?AM–7?PM
Saturday
Closed
Sunday
Closed

The website is [Cain Center YMCA](#)

If necessary to change any detail that you believe is not precise related to this site, we kindly request send us a message so that we will fix it quickly. Thanks beforehand we appreciate it.

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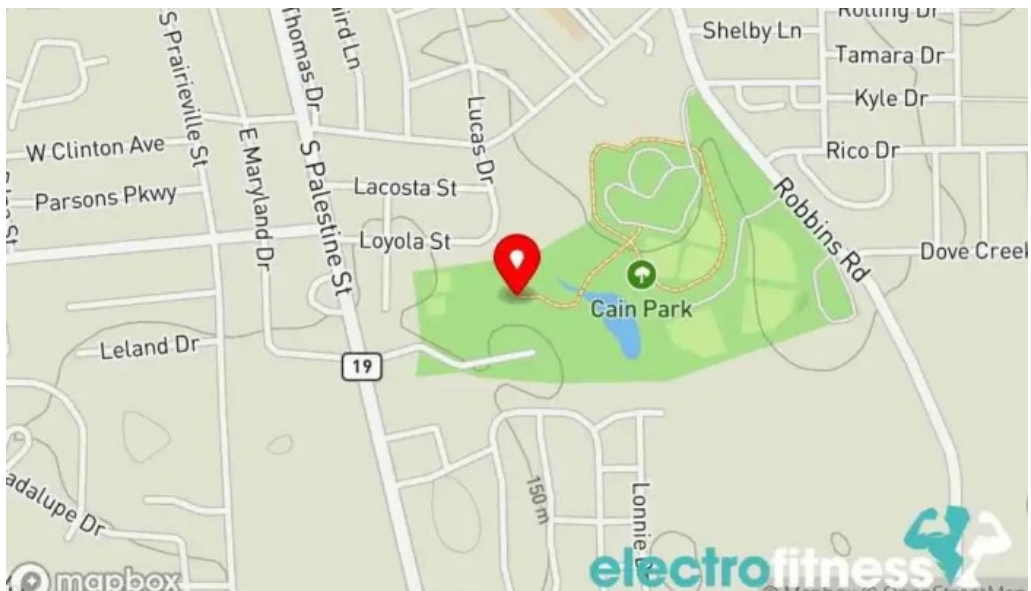
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Tags

Children, Accessibility, Good for kids, Wheelchair-accessible toilet, Atmosphere, Service options, Highlights, Has a tennis court, On-site services, Shower, Wheelchair-accessible entrance, Parking, Membership required, Amenities, Wheelchair-accessible car park, Child care, Free parking lot, Basketball court, Active military discounts, Planning

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| gun club |
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| gymnastics club |
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