

## Green Mountain Community Fitness - Barre

barre

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*barre*

## *Green Mountain Community Fitness - Barre*

### **Welcome to Green Mountain Community Fitness (GMCF)**

Green Mountain Community Fitness in Barre, Vermont, is not just any fitness center; it's a vibrant community hub that prioritizes inclusivity and accessibility. With an array of services tailored for everyone, GMCF has established itself as one of the top places to work out in the area.

### **Accessibility and Inclusivity**

GMCF is recognized for its **\*\*wheelchair-accessible entrance\*\*** and

**\*\*wheelchair-accessible car park\*\***, ensuring that everyone can enjoy their fitness journey. The facility also features **\*\*gender-neutral toilets\*\*** and has proudly identified as a **\*\*women-owned\*\*** gym, making it a **\*\*transgender safe space\*\***. This commitment to inclusivity is further exemplified by the availability of **\*\*active military discounts\*\*** and a welcoming atmosphere that embraces the LGBTQ+ community.

## **A Variety of Amenities and Services**

At GMCF, you'll find a plethora of amenities designed for all ages and fitness levels. These include: - **\*\*Children's Programs:\*\*** Children are always welcome, and there are specific programs tailored to engage youth in fun and active ways. - **\*\*Tennis Court and Basketball Court:\*\*** For those who love team sports, GMCF offers well-maintained courts. - **\*\*Aquatics Department:\*\*** The newly renovated pool is a standout, providing a clean and inviting space for swimmers of all abilities. - **\*\*Online Classes:\*\*** For those unable to visit in person, GMCF provides remote access to various classes, catering to those with busy schedules or preferences for working out at home. - **\*\*On-Site Services:\*\*** The staff includes knowledgeable trainers and wellness professionals dedicated to helping each member achieve their goals.

## **Community Engagement and Support**

Members often highlight the strong sense of community fostered within GMCF. Many have shared how supportive staff and fellow members create an environment where everyone feels valued. From engaging group classes to individual training sessions, the instructors are described as kind, enthusiastic, and focused on individual progress.

## **Family-Friendly Atmosphere**

GMCF stands out for being incredibly **\*\*good for kids\*\***, offering a welcoming space for families. Parents can relax knowing their children can thrive in a safe, encouraging environment. Many members have expressed excitement about bringing their children to the center's various activities, emphasizing the importance of early fitness habits.

## **Highlights from Members**

The warm and inviting atmosphere at GMCF is frequently mentioned in member testimonials. Here are some highlights: - "This gym feels like home and has it all! You can lift, swim, sauna, CrossFit, and so much more," expressed a long-time member. - "I love this gym! The staff is friendly and knowledgeable, and there's something for everyone's level of fitness." - "GMCF has transformed into a gorgeous, modern facility," stated another satisfied member, praising the improvements and renovations made.

## **Final Thoughts**

Green Mountain Community Fitness is not just about physical health; it's about building friendships and fostering a sense of belonging. With a variety of options available, including **\*\*outdoor services\*\***, **\*\*crowd engagement\*\***, and an exceptional commitment to community wellness, GMCF truly offers something for everyone. Whether you're looking to swim, lift weights, or join a group class, GMCF is the perfect spot to embark on your fitness journey while creating connections that last a lifetime. Come see what makes this fitness center a beloved gem in Barre, Vermont!

**You can visit us at the address:**

652 Granger Rd, 05641 Barre, Vermont - United States (US)

The contact line of the mentioned **Fitness center** is +1802-223-6161

And if you want to send a WhatsApp, you can do so at +1802-223-6161

**Our service hours are:**

Day Hours  
Monday  
7?AM–7?PM  
Tuesday  
8?AM–7?PM  
Wednesday  
5?AM–9?PM  
Thursday  
5?AM–9?PM  
Friday  
5?AM–9?PM  
Saturday  
5?AM–9?PM  
Sunday  
5?AM–8?PM

The website is Green Mountain Community Fitness

If you need to alter any element that you feel is not correct regarding this portal, we ask forward a message so that we will adjust it quickly. Thank you in advance thanks for your cooperation.

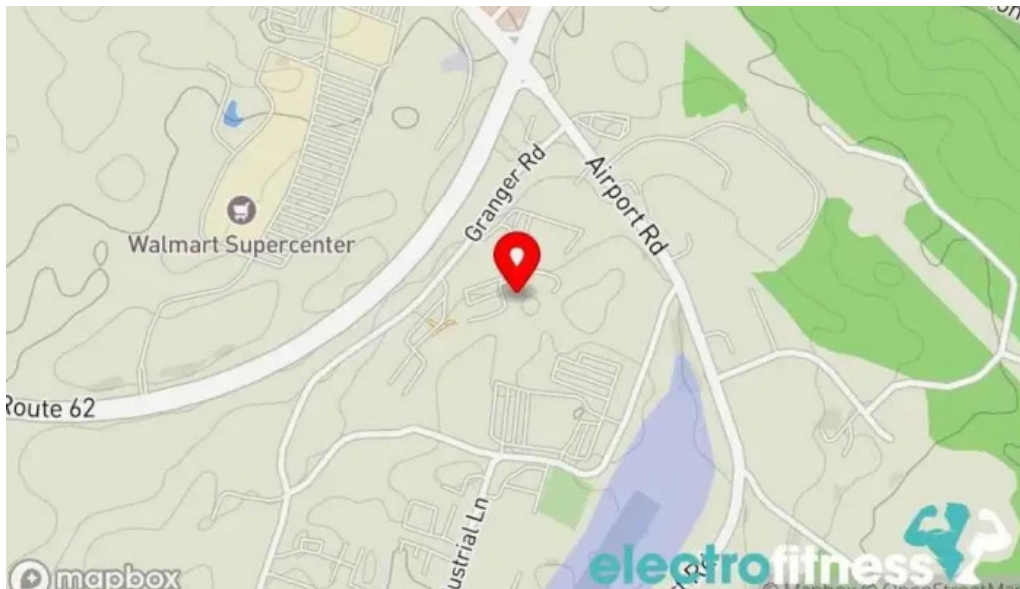
## Images



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## Tags

*Outdoor services, Crowd, Highlights, Wheelchair-accessible entrance, Good for kids, Amenities, Service options, Accessibility, From the business, Online classes, Wheelchair-accessible car park, LGBTQ+ friendly, Has a tennis court, Gender-neutral toilets, Wheelchair-accessible toilet, Transgender safe space, Active military discounts, On-site services, Children, Identifies as women-owned, Basketball court*

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golf course
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gym
gymnastics center
hair salon
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jujitsu school
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karate school
kennel
kickboxing school
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kinesiotherapist
martial arts club
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massage therapist
meditation center
non-profit organization
nutritionist
park
personal trainer
pharmacy
physical fitness program
physical therapist
physical therapy clinic
pickleball court
pilates studio
private golf course
public educational institution
recreation center
rehabilitation center
rock climbing gym
school district office
self defense school
shooting range
shopping mall
spa
spa and health club
sporting goods store
sports club
sports complex
sports medicine clinic
sports school
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weightlifting area
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