

Ftgu Fitness - Bartow

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Discover FTGU Fitness Center: Your Ultimate Gym in Bartow, Florida

FTGU Fitness Center in Bartow, Florida, is not just any ordinary gym; it's a community-driven space that offers a welcoming and effective workout environment for everyone. With a focus on ****accessibility**** and inclusivity, FTGU stands out as a prime destination for fitness enthusiasts.

Accessibility at Its Best

One of the major highlights of FTGU Fitness is its ****wheelchair-accessible entrance****. This commitment to accessibility ensures that individuals with

mobility challenges can enjoy their fitness journey without barriers. The ****wheelchair-accessible car park**** further enhances convenience, providing an inviting atmosphere for all members of the community.

An Inviting Atmosphere for Everyone

FTGU Fitness has received rave reviews from its members, highlighting not only the quality of the facilities but also the friendly environment fostered by owners and trainers. Regular visitors appreciate the continuous improvements made to the facility, indicating a dedication to providing the best possible experience. As one member mentioned, "They're constantly improving the facility, owner and trainers are great and very helpful!" With 24/7 access to the gym, members can choose their ideal workout times, allowing for quieter and more focused training sessions. The combination of various workout machines, punching bags, and an abundant amount of free weights creates an old-school gym vibe that many users adore. "I love this gym! Everyone is so friendly!" is a sentiment echoed by many.

Personalized Training with TK

The driving force behind FTGU is TK, an exceptional trainer whose reputation precedes him. He is known for his personalized approach to fitness, helping clients achieve impressive results. One member shared, "I lost 16 pounds in an 8-week challenge!" It's clear that TK's expertise extends beyond just physical training; he also offers nutritional guidance that resonates with clients. Many have sung praises about his knowledge, saying, "TK knows his craft!"

A Family-Friendly Environment

FTGU Fitness also emphasizes family inclusion with a dedicated kids' area, making it easier for parents to find time to work out. This offers parents a chance to engage in fitness without sacrificing quality time with their children.

Why Choose FTGU Fitness?

- ****Diverse Workouts****: From classes to one-on-one training, FTGU offers flexibility in workout options. - ****Clean and Organized Space****: Members appreciate the well-maintained environment that allows for effective workouts without distractions. - ****Community Feel****: The supportive atmosphere encourages collaboration and motivation among members. In conclusion, FTGU Fitness Center in Bartow, Florida, is more than just a place to work out; it's a supportive community that prioritizes ****accessibility**** and personal growth. Whether you're looking to lose weight, build muscle, or simply stay fit, FTGU is the perfect setting to embark on your fitness journey. Join today and be part of the transformation!

The business is situated at

1350 N Broadway Ave, 33830 Bartow, Florida - United States (US)

The phone number of the mentioned **Fitness center** is +1863-800-0701
And if you want to send a WhatsApp, you can do so at +1863-800-0701

Our business hours are:

Day Hours
Monday
Open 24 hours
Tuesday
Open 24 hours
Wednesday
Open 24 hours
Thursday
Open 24 hours
Friday
Open 24 hours
Saturday
Open 24 hours
Sunday
Open 24 hours

The website is [FTGU Fitness](#)

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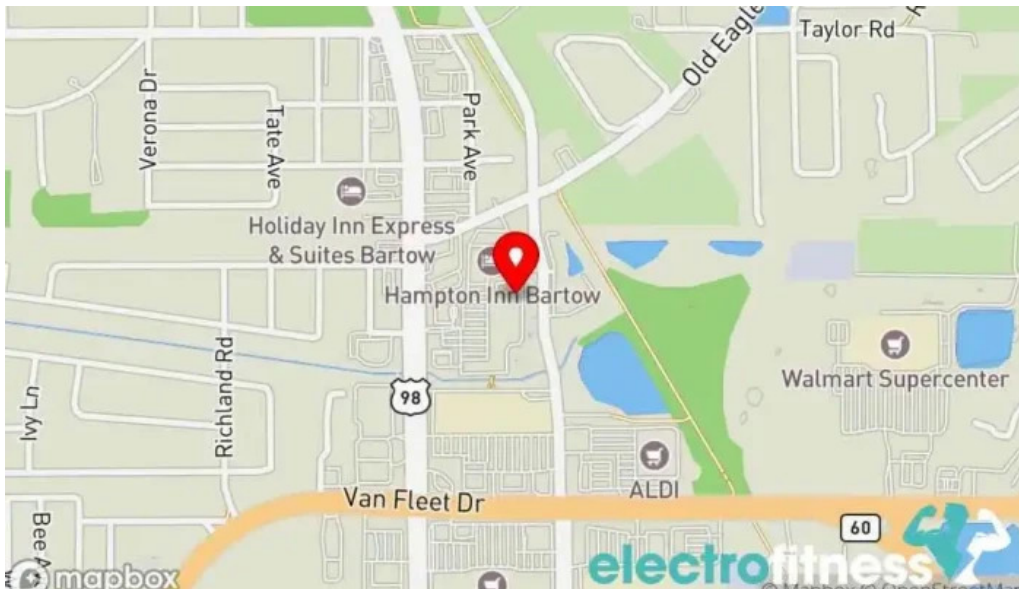
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Tags

Wheelchair-accessible entrance, Accessibility, Wheelchair-accessible car park

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