

Electro Fitness: Best Electro Fitness

Encore Fitness Boise Llc - Boise

boise



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boise

Encore Fitness Boise Llc - Boise

Encore Fitness Boise LLC: A Top Choice for Your Fitness Journey

From the business, Encore Fitness Boise LLC stands out as a premier fitness center dedicated to helping individuals achieve their health and fitness goals. With a positive and encouraging environment, the gym focuses on personalized training that fits each member's unique needs.

Service Options That Cater to Everyone

Encore Fitness offers various **on-site services** designed to support members at every stage of their fitness journey. Certified trainers like Courtney and Jack provide tailored workout plans that make the experience enjoyable and effective. The gym also has an extensive range of **online classes** for those who prefer to work out from home or are located out of state. This flexibility ensures that health remains a priority for everyone, no matter where they are.

Accessibility Features

Encore Fitness is committed to making fitness accessible for all. Their wheelchair-accessible car park and wheelchair-accessible entrance demonstrate this commitment, allowing individuals with mobility challenges to enjoy the facilities without any barriers.

Women-Owned Feature

The gym proudly **identifies as women-owned**, led by the knowledgeable owner, Courtney. Her inspiring coaching style has positively impacted numerous lives, including those of older adults and individuals recovering from injuries. Members appreciate her sustainable methods that promote lasting lifestyle changes.

Planning and Appointments

While membership is required, the supportive trainers at Encore Fitness ensure that each individual feels welcomed and comfortable. Setting up an initial consultation is **appointment required**, but this step allows trainers to customize workouts effectively based on personal goals and progress.

A Community Focused on Health and Fun

Members rave about the engaging atmosphere at Encore Fitness, where health and movement are transformed into fun activities. Events like the Fit Olympics encourage camaraderie and goal achievement within the community, making every workout memorable.

Transformative Training Experience

With trainers dedicated to pushing clients to new limits while recognizing strengths and weaknesses, Encore Fitness cultivates an environment that motivates members to embrace their fitness journeys. As one member noted, "A day without me going to Encore fitness is a sad day for me!" This sentiment reflects the strong community bond and personal connections fostered within the gym.

Why Choose Encore Fitness Boise LLC?

If you are searching for a gym that balances professionalism with a fun and supportive atmosphere, look no further than Encore Fitness Boise LLC. With outstanding trainers, personalized attention, and a focus on accessibility, this fitness center is changing lives for the better. Join today and transform your approach to health and wellness!

The premises are located at

6003 W Overland Rd I104, 83709 Boise, Idaho - United States (US)

The phone number of said **Fitness center** is <u>+1208-794-0473</u> And if you want to send a WhatsApp, you can do so at<u>+1208-794-0473</u>

Our public attention hours are:

Day Hours Monday 6?AM-8?PM Tuesday 6?AM-8?PM Wednesday 6?AM-8?PM Thursday 6?AM-8?PM Eriday 6?AM-8?PM Saturday 6?AM-2?PM Sunday 6?AM-2?PM

The website is **ENCORE FITNESS BOISE LLC**

If necessary to update any information that you believe is not correct related to this page, we ask send us a message so that we will adjust it promptly. With anticipation thanks.

Images



Encore fitness boise Ilc street view 360deg



Encore fitness boise Ilc map



Encore fitness boise Ilc gym



Encore fitness boise llc by owner



Encore fitness boise IIc boise



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Tags

Accessibility, Service options, Membership required, From the business, On-site services, Online classes, Wheelchair-accessible entrance, Identifies as women-owned, Appointment required, Planning, Wheelchair-accessible car park

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