

## Flex Fusion Studios - Personal Training, Group Fitness Classes, and Nutrition Coaching in Campbell - Campbell

campbell

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## *Flex Fusion Studios - Personal Training, Group Fitness Classes, and Nutrition Coaching in Campbell - Campbell*

### **Flex Fusion Studios: A Premier Fitness Center in Campbell, California**

If you're searching for a welcoming and inclusive fitness center, look no further than **\*\*Flex Fusion Studios\*\*** in Campbell, California. Known for its diverse offerings in personal training, group fitness classes, and nutrition coaching, this women-owned studio has built a reputation for fostering a supportive

community.

## **Accessibility and Amenities**

Flex Fusion Studios prioritizes **accessibility**. The facility features a **wheelchair-accessible entrance** and **wheelchair-accessible toilets** to ensure comfort for all visitors. There are also **gender-neutral toilets**, making it a truly **LGBTQ+ friendly** environment. With a **free multi-storey car park** and **wheelchair-accessible car park**, parking is convenient and stress-free. For those who prefer street parking, **free of charge street parking** is also available.

## **The Flex Community Experience**

One of the standout features of Flex Fusion Studios is the strong sense of community. Members frequently express their appreciation for the supportive atmosphere. From instructors that are genuinely invested in member success to the camaraderie among the participants, Flex Fusion is designed to be a **transgender safe space** where everyone feels welcome. As one member notes, "I found Flex Fusion to be the most inclusive community I have ever been a part of."

## **Diverse Class Offerings**

Flex Fusion Studios presents a wide variety of class options, including barre, yoga, circuit training, boot camp, TRX, and many more. This diversity allows members to find classes that resonate with their personal fitness goals. Many participants have praised the **online classes**, making it easier to fit workouts into their busy schedules, especially with **Wi-Fi** available throughout the facility.

## **Personal Training Tailored for You**

Whether you're a beginner or looking to enhance your current routine, Flex Fusion offers personalized training sessions designed to fit individual needs. Trainers like Helen and Chelsea have been highlighted for their dedication and expertise, crafting workouts that cater to various fitness levels and personal challenges. One client noted, "Helen tailored her routines to my specific mobility issues and I am noticeably stronger."

## **A Welcoming Atmosphere**

Flex Fusion is not just a gym; it's a community where friendships are forged over mutual fitness goals. As one regular remarked, "I've never made more real friends in my adult life outside of college." The smaller class sizes allow instructors to provide individualized attention, ensuring that every participant feels seen and supported.

## **Join the Flex Family Today!**

If you are considering embarking on your fitness journey or looking to switch up your routine, Flex Fusion Studios offers an inviting environment, comprehensive amenities, and varied classes suitable for everyone. Ready to experience the difference? Schedule your appointment today and discover why so many people are proud to call Flex Fusion Studios their fitness home!

**Our business is located at**

2125 S Winchester Blvd Suite 140, 95008 Campbell, California - United States (US)

The phone of the respective **Fitness center** is +1408-915-3626  
And if you want to send a WhatsApp, you can do so at +1408-915-3626

**Our opening hours are:**

Day	Hours
Monday	6–10?AM 5–7:30?PM
Tuesday	6–7?AM 6–7:30?PM
Wednesday	9–11?AM
Thursday	9–11?AM 5–6:30?PM
Friday	6–7?AM 5–8:30?PM
Saturday	6–10?AM 5–7:30?PM
Sunday	6–10?AM 5–8:30?PM

The website is Flex Fusion Studios - Personal Training, Group Fitness Classes, and Nutrition Coaching in Campbell

If you need to update any data that you believe is incorrect regarding this page, we urge you to send us a message so we can we will fix it at the earliest convenience. In advance thanks.

**Images**



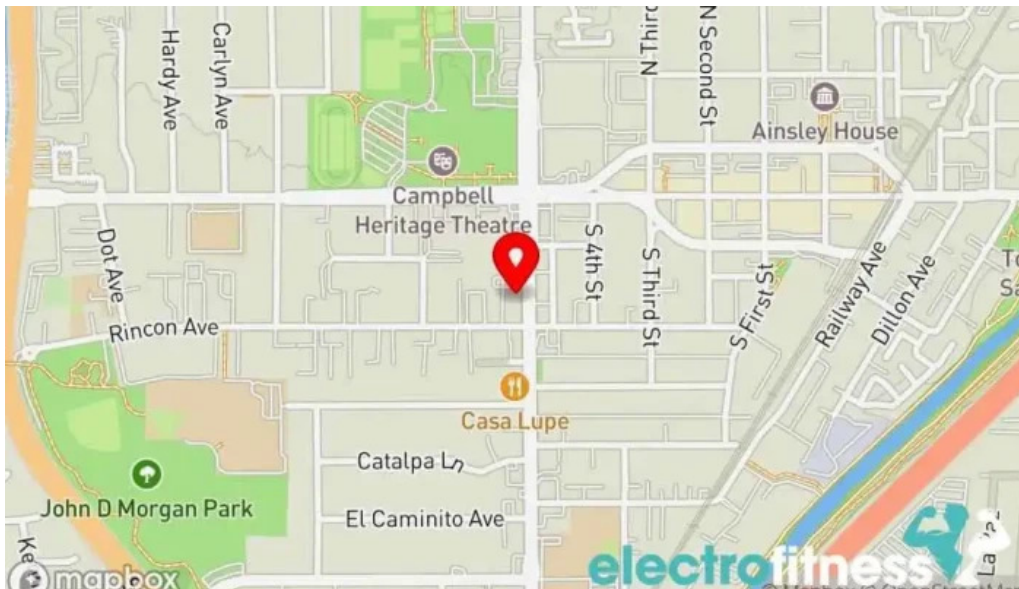
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## Tags

*Identifies as women-owned, Service options, Toilet, From the business, Wheelchair-accessible car park, Gender-neutral toilets, Online classes, Accessibility, Crowd, LGBTQ+ friendly, Free of charge street parking, Wi-Fi, Transgender safe space, Appointment required, Parking, Amenities, Free parking lot, Wheelchair-accessible toilet, Wheelchair-accessible entrance, Free multi-storey car park, On-site services, Planning*

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acupuncture clinic
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aikido school
amusement center
amusement park ride
animal feed store
apartment building
apartment complex
aquatic centre
arena
art gallery
association / organization
athletic club
auditorium
bar
barber shop
basketball club
basketball court
batting cage center
body shaping class
boot camp
boxing club
boxing gym



boxing ring
buddhist temple
cafe
children's party service
chiropractor
church
club
coffee shop
college
community center
convenience store
corporate office
counselor
country club
coworking space
cultural center
dance club
dance company
dance school
day spa
department store
disability services and support organization
disc golf course
discount store
dive shop
dollar store
educational institution
electric utility company
elementary school
exercise equipment store
facial spa
fertility clinic
firearms academy
fitness
fitness center
fitness equipment wholesaler
food producer
foot care
fountain
gated community
golf club
golf course

golf instructor
grocery store
gun club
gym
gymnasium school
gymnastics center
gymnastics club
hair salon
health consultant
health food restaurant
health food store
health spa
hiking area
historical landmark
hospital
hotel
ice skating rink
indoor cycling
indoor golf course
indoor lodging
jujitsu school
karate club
karate school
kennel
kickboxing school
kinesiologist
kinesiotherapist
martial arts club
martial arts school
massage spa
massage therapist
medical clinic
medical group
medical spa
meditation center
metaphysical supply store
muay thai boxing gym
non-profit organization
nutritionist
outdoor clothing and equipment shop
outdoor sports store
outdoor swimming pool

park
parking lot
parkour spot
personal trainer
pharmacy
physical fitness program
physical therapist
physical therapy clinic
pickleball court
pilates studio
private golf course
psychotherapist
public educational institution
public library
public swimming pool
recreation center
rehabilitation center
resort hotel
restaurant
rock climbing
rock climbing gym
rv park
sauna
school
school district office
self defense school
senior citizen center
shooting range
shopping mall
soccer club
social club
software company
spa
spa and health club
sporting goods store
sports club
sports complex
sports massage therapist
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