


Push Pts - Gym & Fitness Center - Coral Gables

coral gables

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Push Pts - Gym & Fitness Center - Coral Gables

Discover Push PTS - GYM & Fitness Center in Coral Gables, Florida

Push PTS is not just any gym; it stands out as a ****LGBTQ+ friendly**** space that prioritizes inclusivity and community. This intimate fitness center welcomes everyone, ensuring that all members feel comfortable and supported on their fitness journeys.

Access and Amenities

At Push PTS, accessibility is a priority. The facility features a

****wheelchair-accessible car park**** and a ****wheelchair-accessible entrance****, making it easy for all individuals to access the gym. Whether you're a longtime fitness enthusiast or new to working out, Push PTS accommodates everyone's needs.

Personalized Experience

From the moment you step into Push PTS, you'll notice the difference. This ****women-owned**** business has built a reputation for its personalized approach. Members appreciate the ****on-site services**** offered by highly skilled trainers like Ariel, Alvaro, and Adriana, who provide tailored workouts aimed at achieving individual goals.

Booking and Planning Made Easy

An ****appointment is required**** for training sessions, ensuring that each member receives focused attention without the crowded environment typical of larger gyms. The booking process is streamlined through their app, allowing members to easily manage their ****service options**** and schedules.

A Community Like No Other

The supportive ****crowd**** at Push PTS creates an atmosphere of camaraderie and motivation. Many members have shared that the gym feels more like a family than a fitness facility. Trainers not only focus on physical fitness but also foster friendships among members, creating a unique community where everyone cheers each other on.

Online Classes and Flexibility

In addition to in-gym training, Push PTS offers ****online classes****, providing further flexibility for those with busy schedules. Whether you are looking to lose weight, tone up, or enhance athletic performance, the diverse training offerings cater to various fitness needs.

A Commitment to Cleanliness

A notable aspect highlighted by members is the gym's commitment to cleanliness. Trainers consistently disinfect machines after each use, ensuring a safe environment for workouts. This attention to detail reinforces the gym's dedication to member health and safety.

Testimonials Speak Volumes

Members consistently praise the supportive environment of Push PTS. One member mentioned, "After training at PUSH, you won't want to visit any other gym." Another added, "I have always found the environment to be welcoming and friendly." These sentiments reflect the high-quality experience offered by Push PTS.

Final Thoughts

If you're seeking a gym that provides excellent service, tailored experiences, and fosters a sense of belonging, look no further than Push PTS - GYM & Fitness Center in Coral Gables. With a focus on individualized training, accessibility, and a welcoming atmosphere, it's truly a gem in Miami's fitness landscape. Don't miss your chance to transform your health and well-being in such a positive environment!

The address of our establishment is

2274 Coral Wy, 33145 Coral Gables, Florida - United States (US)

The contact line of the respective **Fitness center** is +1786-286-5648
And if you want to send a WhatsApp, you can do so at +1786-286-5648

Our service hours are:

Day	Hours
Monday	5:30?AM–1?PM 3:30–9:30?PM
Tuesday	7:30?AM–1:30?PM
Wednesday	Closed
Thursday	5:30?AM–1?PM 3:30–9:30?PM
Friday	5:30?AM–1?PM 3:30–9:30?PM
Saturday	5:30?AM–12?PM 3:30–9:30?PM
Sunday	5:30?AM–1?PM 3:30–9:30?PM

The website is Push PTS - GYM & Fitness Center

If you need to modify any information that you think is not accurate about this page, please forward a message and we will adjust it quickly. With anticipation we appreciate it.

Images



Push pts gym fitness center coral gables



Push pts gym fitness center street view 360deg



Push pts gym fitness center map



Push pts gym fitness center gym



Push pts gym fitness center by owner



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Tags

From the business, Service options, Accessibility, Online classes, Appointment required, Wheelchair-accessible car park, Wheelchair-accessible entrance, LGBTQ+ friendly, On-site services, Planning, Crowd, Identifies as women-owned

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