

Healthtrax Fitness & Wellness - East Providence

east providence

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east providence

Healthtrax Fitness & Wellness - East Providence

Healthtrax Fitness & Wellness: A Comprehensive Overview

Healthtrax Fitness & Wellness in East Providence, Rhode Island, has long been a destination for fitness enthusiasts and families alike. This facility offers a variety of ****amenities**** designed to cater to both adults and ****children****, making it a good choice for families looking to stay active together.

Facilities and Amenities

At Healthtrax, you'll find an array of ****amenities**** including a ****swimming**

pool** that is accessible year-round, ideal for both laps and family swim time. The facility also boasts a **basketball court**, **sauna**, and **showers** that ensure members can refresh and unwind after their workouts. However, some comments from members indicate that there have been issues with the **cleanliness** and maintenance of these facilities, particularly the pool and shower areas.

Accessibility and Planning

For those who require special considerations, Healthtrax provides a **wheelchair-accessible entrance** and parking, ensuring that all members can enjoy the facilities without hassle. However, members have raised concerns about the accessibility of certain equipment and areas, especially during busy times. Planning your visits during non-peak hours may help alleviate some frustrations regarding equipment availability.

Membership and Community Atmosphere

A **membership** is required to access the full range of facilities at Healthtrax, and while some have expressed disappointment with rising fees and an outdated selection of equipment, many appreciate the sense of community within the club. The atmosphere is generally welcoming, with staff members who treat clients like family, fostering a positive environment for everyone.

Child-Friendly Features

Parents can take comfort in the fact that Healthtrax is designed to be **good for kids**. Although the KidZone has been removed, the facility still provides opportunities for younger members to engage in various activities, including swimming. The **youth center** is staffed with responsible individuals who ensure a safe and fun experience for children while parents work out.

Conclusion

Overall, Healthtrax Fitness & Wellness is a solid option for those seeking a comprehensive fitness experience in East Providence. While there are areas needing improvement, particularly regarding maintenance and cleanliness, the commitment of the staff and the variety of **amenities** available make it worth considering for individuals and families alike. Whether you're looking to hit the **swimming pool**, relax in the **sauna**, or shoot hoops on the **basketball court**, there's something for everyone at Healthtrax.

The business is situated at

15 Catamore Blvd, 02914 East Providence, Rhode Island - United States (US)

The phone of the respective **Fitness center** is +1401-434-3600

And if you want to send a WhatsApp, you can do so at +1401-434-3600

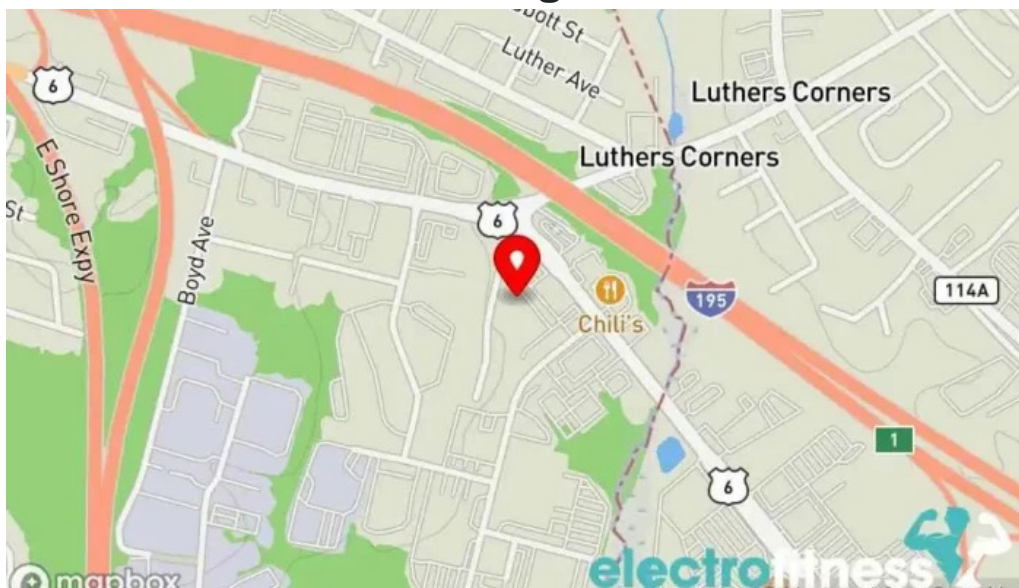
Our public attention hours are:

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Monday
5?AM–6?PM
Tuesday
8?AM–3?PM
Wednesday
8?AM–1?PM
Thursday
5?AM–8?PM
Friday
5?AM–8?PM
Saturday
5?AM–8?PM
Sunday
5?AM–8?PM

The website is [Healthtrax Fitness & Wellness](#)

If you wish to adjust any detail that you believe is incorrect related to this web, we urge you to send a message so we can we will fix it at the earliest convenience. Thank you in advance thanks.

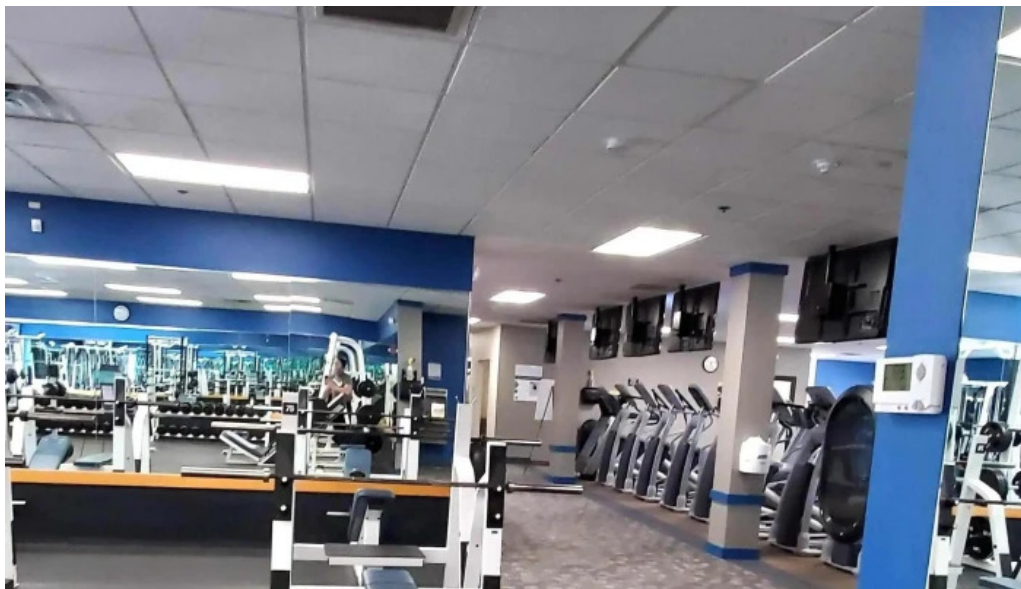
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Healthtrax fitness wellness gym



Healthtrax fitness wellness fitness center



Healthtrax fitness wellness exercise machine



Healthtrax fitness wellness east providence



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Tags

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