

Highland Nutrition & Fitness - Fall River

fall river



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Highland Nutrition & Fitness - Fall River

Highland Nutrition & Fitness: Your Go-To Fitness Center in Fall River, Massachusetts

If you're searching for a top-tier fitness center that caters to various needs, look no further than **Highland Nutrition & Fitness** in Fall River, Massachusetts. This facility not only focuses on physical health but also emphasizes nutrition and personalized planning for all its members.

Comprehensive Planning and Personalized Services

At Highland Nutrition & Fitness, **appointment required** consultations are available with expert trainers like Brandon, who specializes in creating personalized meal plans tailored to your unique goals. Many clients have found his flexibility in scheduling incredibly accommodating, allowing them to fit their health plans into busy lifestyles.

On-Site Services for All Ages

This fitness center offers a variety of **service options** that make it **good for kids** as well. Whether you're planning a family workout or looking for activities specifically for children, Highland Nutrition & Fitness ensures that everyone is included in the fitness journey.

Accessibility and Convenience

Accessibility is a crucial part of Highland Nutrition & Fitness, featuring a **wheelchair-accessible car park** to ensure that everyone can enjoy the facilities without barriers. The center is designed to be accessible to all, reinforcing its commitment to community health.

Online Classes: Flexibility at Your Fingertips

In today's fast-paced world, Highland Nutrition & Fitness has adapted by offering **online classes**. This option allows members to stay engaged with their fitness journeys from home, making it easier to stick to schedules and maintain progress.

Membership Requirements and Benefits

While a **membership is required** to take full advantage of the center's offerings, many find that the affordable pricing aligns perfectly with the quality of service provided. Clients rave about how Brandon's personalized diet and workout plans have motivated them to achieve their fitness goals.

Conclusion: Start Your Fitness Journey Today

Whether you're focusing on effective meal preparation, wanting to engage your children in fitness, or simply aiming to improve your overall health, Highland Nutrition & Fitness has something for everyone. Don't hesitate to make an appointment and kickstart your fitness journey with a team that genuinely cares about your success.

You can come to our business at

1151 Robeson St Suite 301, 02720 Fall River, Massachusetts - United States (US)

The phone number of the respective **Fitness center** is +1508-216-5915

And if you want to send a WhatsApp, you can do so at +1508-216-5915

We are open during the following hours:

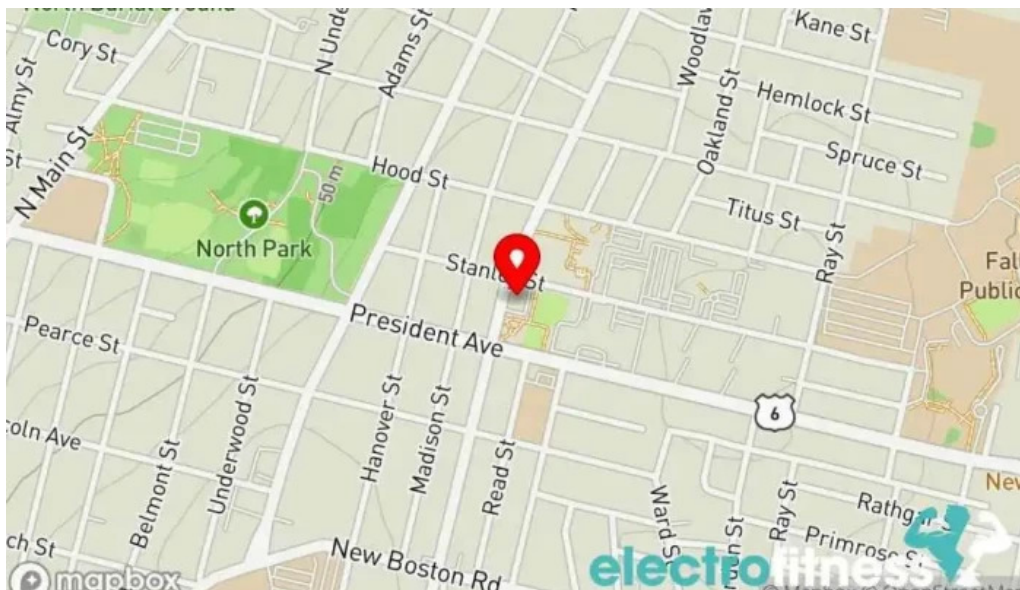
Day Hours
Monday
9?AM–7?PM
Tuesday
Closed
Wednesday
Closed
Thursday
9?AM–7?PM
Friday
9?AM–7?PM
Saturday
9?AM–7?PM
Sunday
9?AM–7?PM

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Images



Highland nutrition fitness street view 360deg



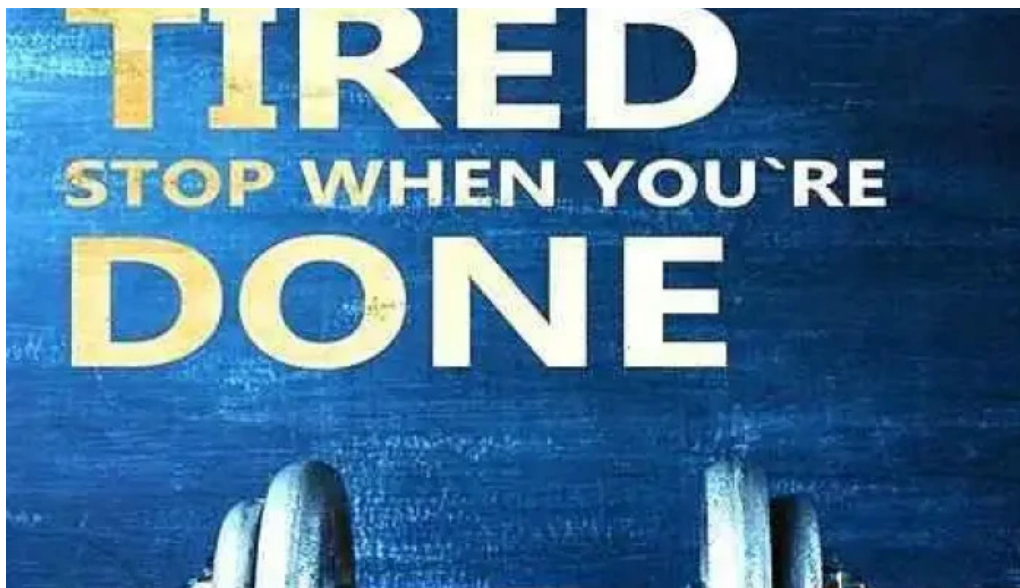
Highland nutrition fitness map



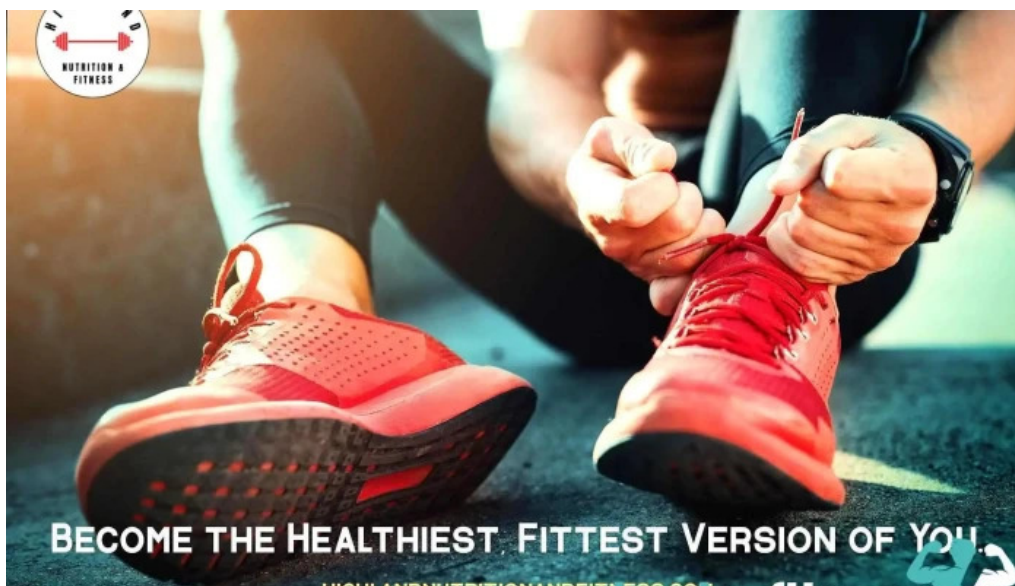
Highland nutrition fitness gym



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Tags

Wheelchair-accessible car park, Membership required, Good for kids, Children, On-site services, Appointment required, Accessibility, Online classes, Service options, Planning

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