

## Jazzercise - Grand Island

grand island

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*grand island*

## *Jazzercise - Grand Island*

### **Discover the Benefits of Grand Island Jazzercise Fitness Center**

If you're in Grand Island, Nebraska, and looking for a fun and engaging way to stay fit, look no further than **\*\*Jazzercise\*\***. This fitness center is not only a place to work out; it's a community of support and camaraderie, providing an array of classes catered to all fitness levels.

### **Accessibility Features for Everyone**

One of the standout features of the Grand Island Jazzercise facility is its commitment to accessibility. The center boasts a **\*\*wheelchair-accessible car\*\***

park\*\*, ensuring that everyone can easily visit and enjoy the classes. Additionally, the \*\*wheelchair-accessible entrance\*\* allows for seamless entry, making it easier for all members of the community to participate in Jazzercise classes.

### **A Welcoming Community**

With over 30 years of experience, many members have found Jazzercise to be more than just a workout; it's a supportive family. Regular attendees often remark on how instructors and fellow participants create a welcoming environment that fosters friendships. One member shared, "Instructors and other Jazzercisers have become like a second family." This sense of belonging makes every workout feel uplifting and positive.

### **Diverse Class Offerings**

Grand Island Jazzercise offers an impressive variety of classes, blending cardio, strength, and flexibility routines set to fun music. Members appreciate the mix of formats available—including Dance Mixx, Strength 30, and Flip Fusion—catering to different preferences and fitness levels. One enthusiastic participant stated, "Cardio, pilates, dance, strength, stretching and FRIENDS all in one workout." There's something for everyone, from beginners to those more seasoned in their fitness journey. Another member expressed gratitude saying, "If you're looking to make a difference in how you feel about yourself, try Jazzercise, you won't be disappointed."

### **Flexible Scheduling**

Understanding the importance of accommodating different schedules, Jazzercise provides a wide range of class times. Many members appreciate the convenience: "There are wonderful instructors at GI Jazzercise! The community is welcoming and supportive of everyone who is there." Also, for those who travel, online classes are a fantastic option, allowing you to maintain your fitness routine no matter where you are.

### **Join the Fun!**

Grand Island Jazzercise is not just a workout; it's an experience filled with laughter, motivation, and growth. As one joyful member remarked, "I LOVE IT! It's always more fun to work out with friends!" If you're looking for a place that combines fitness, friendship, and fun in a welcoming atmosphere, consider making Grand Island Jazzercise your fitness home. Don't miss out on the opportunity to connect with like-minded individuals while benefiting both mentally and physically. Come and join the vibrant community at Grand Island Jazzercise today!

**The address of our establishment is**

2631 W Old Hwy 30, 68803 Grand Island, Nebraska - United States (US)

The phone of this **Fitness center** is +1308-390-9740

And if you want to send a WhatsApp, you can do so at +1308-390-9740

### **You can visit us at the following hours:**

Day Hours

Monday

5:30?AM–6:30?PM

Tuesday

7–9:30?AM

Wednesday

3:30–5?PM

Thursday

5:30?AM–6:30?PM

Friday

5?AM–6:30?PM

Saturday

5:30?AM–6:30?PM

Sunday

5:30?AM–6:30?PM

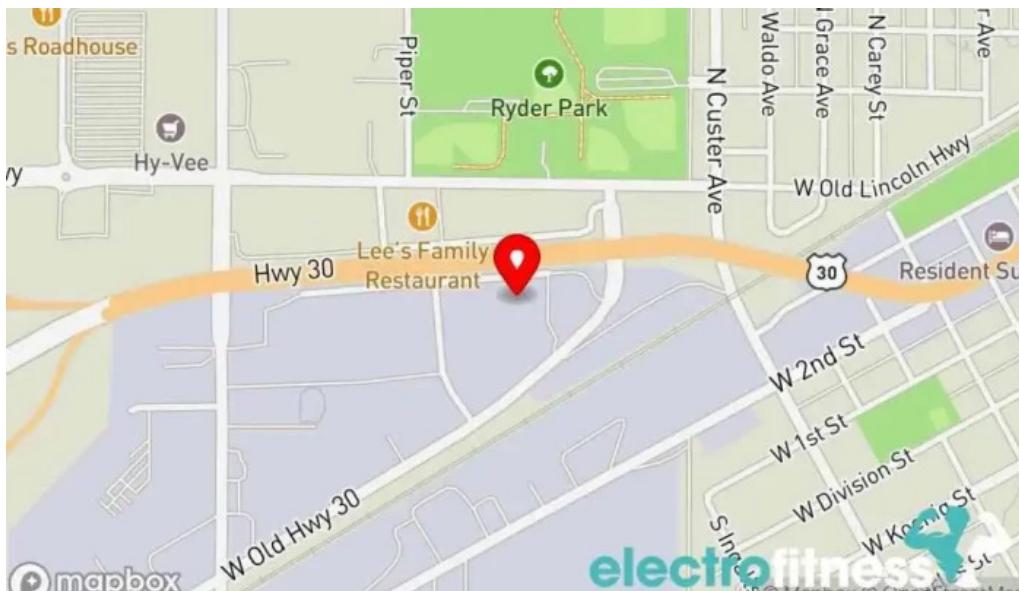
The website is Jazzercise

If you require to change any data that you feel is incorrect regarding this page, we urge you to send a message so we can we will fix it promptly. In advance thanks.

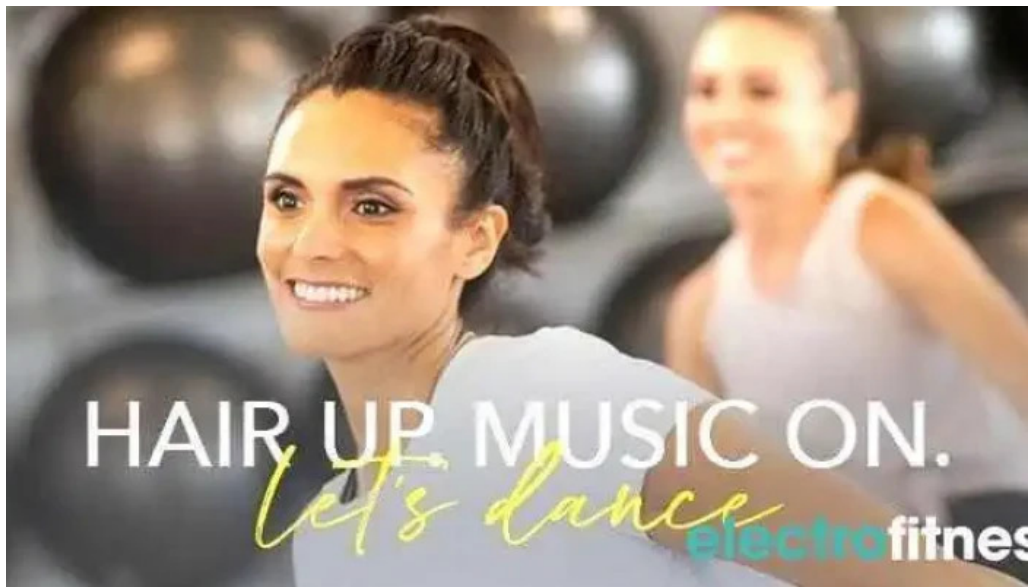
## **Images**



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*Jazzercise all*

## Tags

*Wheelchair-accessible entrance, Accessibility, Wheelchair-accessible car park*

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martial arts school
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pharmacy
physical fitness program
physical therapist
physical therapy clinic
pickleball court
pilates studio
private golf course
public educational institution
recreation center
rehabilitation center
rock climbing gym
school district office
self defense school
shooting range
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