

## The Fitness Center @ Gray Pt - Gray

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## *The Fitness Center @ Gray Pt - Gray*

### **The Fitness Center @ Gray PT: A Comprehensive Overview**

If you're searching for a top-notch fitness center in Gray, Maine, look no further than **The Fitness Center @ Gray PT**. This facility offers a variety of **on-site services** designed to cater to the diverse needs of its clientele.

### **Accessibility**

One of the standout features of The Fitness Center @ Gray PT is its

commitment to **accessibility**. The gym boasts a **wheelchair-accessible entrance** and a **wheelchair-accessible car park**, ensuring that everyone can enjoy their fitness journey without barriers. This dedication to inclusivity sets it apart from other fitness centers in the region.

## Amenities That Enhance Your Experience

The Fitness Center @ Gray PT excels in providing a range of **amenities** that enhance the workout experience. With complimentary **Wi-Fi**, members can stay connected and motivated while enjoying their workouts. Whether you're streaming workout videos or tracking your progress online, the available Wi-Fi ensures you're never disconnected from your fitness goals.

## Service Options Tailored to Your Needs

This fitness center prides itself on offering various **service options** tailored to meet the unique needs of its patrons. Many members have expressed their gratitude, stating that The Fitness Center has been instrumental in helping them maintain the progress they worked hard to achieve in physical therapy. The supportive environment and knowledgeable staff make it an ideal place for anyone looking to improve their fitness levels and overall well-being.

## Conclusion

In summary, The Fitness Center @ Gray PT stands out as a premier fitness destination in Gray, Maine. With its focus on accessibility, excellent amenities, and a variety of service options, it's clear why many choose this facility as their go-to gym. Join the community and start your fitness journey today!

## We are situated in

205 Portland Rd, 04039 Gray, Maine - United States (US)

The contact line of the respective **Fitness center** is +1207-657-8315

And if you want to send a WhatsApp, you can do so at +1207-657-8315

## Our business hours are:

Day Hours  
Monday  
5?AM–9?PM  
Tuesday

5?AM–9?PM

Wednesday

5?AM–9?PM

Thursday

5?AM–9?PM

Friday

5?AM–9?PM

Saturday

5?AM–9?PM

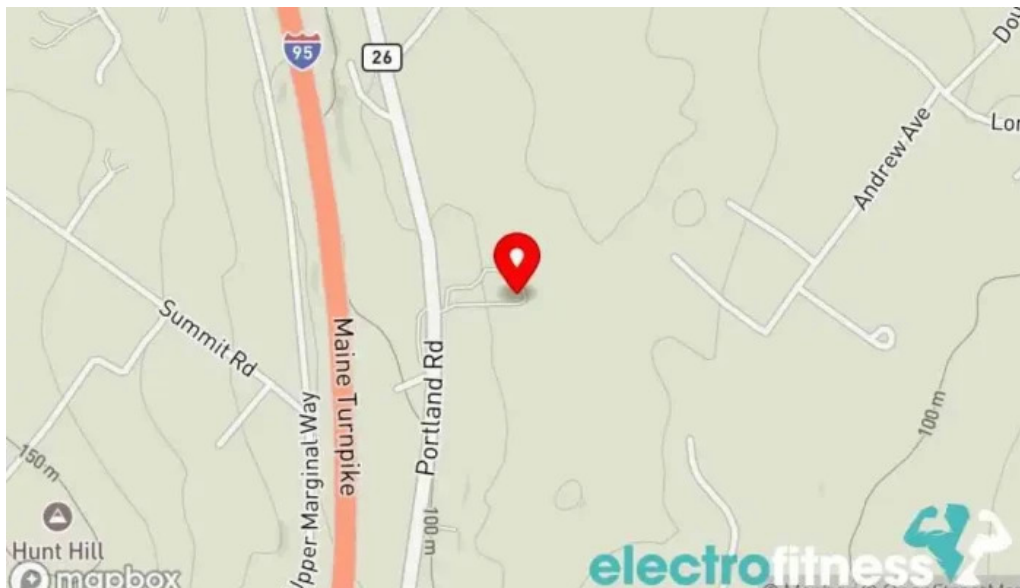
Sunday

5?AM–9?PM

The website is [The Fitness Center @ Gray PT](#)

If you wish to alter any data that you feel is not correct about this web, we ask forward a message so that we will adjust it quickly. Thank you in advance thank you very much.

## Images



*The fitness center gray pt map*



*The fitness center gray pt gray*



*The fitness center gray pt by owner*





*The fitness center gray pt all*

## Tags

*Amenities, Service options, Wi-Fi, Wheelchair-accessible entrance, Wheelchair-accessible car park, On-site services, Accessibility*

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assisted living facility
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athletic club
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bar
barber shop
basketball club
basketball court
batting cage center
beauty salon
beer store
body shaping class
boot camp
boxing club
boxing gym
boxing ring
buddhist temple
cafe
children's party service
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church
club
coffee shop
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community health centre
convenience store
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counselor
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coworking space
cultural center
dance club
dance company
dance school
day spa
department store
disability services and support organization
disc golf course
discount store
dive shop
doctor
dollar store
educational institution
electric utility company
elementary school
exercise equipment store
facial spa
fertility clinic
firearms academy
fitness
fitness center
fitness equipment wholesaler
food producer
foot care
fountain
gated community
general hospital
golf club
golf course
golf instructor
grocery store
gun club
gym
gymnasium school
gymnastics center
gymnastics club
hair salon
health consultant
health food restaurant
health food store
health spa

hiking area
historical landmark
hospital
hotel
ice skating rink
indoor cycling
indoor golf course
indoor lodging
jujitsu school
karate club
karate school
kennel
kickboxing school
kinesiologist
kinesiotherapist
martial arts club
martial arts school
massage spa
massage therapist
medical clinic
medical group
medical spa
meditation center
metaphysical supply store
muay thai boxing gym
non-profit organization
nutritionist
outdoor clothing and equipment shop
outdoor sports store
outdoor swimming pool
pain control clinic
park
parking lot
parkour spot
personal trainer
pharmacy
physical fitness program
physical therapist
physical therapy clinic
pickleball court
pilates studio
pregnancy care center



private golf course
psychotherapist
public educational institution
public library
public swimming pool
real estate developer
recreation center
rehabilitation center
resort hotel
restaurant
rock climbing
rock climbing gym
rv park
sauna
school
school district office
self defense school
senior citizen center
shooting range
shopping mall
soccer club
social club
software company
spa
spa and health club
specialized clinic
sporting goods store
sports club
sports complex
sports massage therapist
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sports nutrition store
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swimming school
taekwondo school
tanning salon
tennis club

thrift store
trade school
training centre
vitamin & supplements store
water park
weight loss service
weightlifting area
wellness center
wellness program
women's organization
women's personal trainer
wrestling school
yoga instructor
yoga studio
youth center
youth organization