

KANfitness - Hyannis

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KANfitness - Hyannis

Welcome to KANfitness: Your Ultimate Fitness Center in Hyannis, Massachusetts

If you're looking for a top-tier fitness center on Cape Cod, look no further than **KANfitness**. Known for its exceptional service options and welcoming environment, this gym is dedicated to helping you achieve your fitness goals.

Service Options Designed for Everyone

KANfitness offers a variety of **service options** that cater to different fitness levels and preferences. From personalized training sessions with the talented **Kathy** to group workouts that foster community spirit, there's something for everyone. Kathy's enthusiasm and dedication make her stand out amongst other trainers, as she genuinely cares about each member's progress.

Embrace Flexibility with Online Classes

In today's fast-paced world, flexibility is crucial. That's why KANfitness provides **online classes** that allow you to train whenever and wherever you want. Whether you're at home or traveling, you can still access high-quality fitness instruction.

On-Site Services for a Comprehensive Experience

For those who prefer an in-person experience, KANfitness offers a range of **on-site services** designed to enhance your workout. The facility is equipped with modern equipment and provides a supportive atmosphere where you can thrive. Members often praise the aesthetic appeal of the gym, noting that it looks amazing and is an inspiring place to train.

Accessibility Matters

At KANfitness, **accessibility** is a priority. The gym features a **wheelchair-accessible car park** to ensure that everyone has easy access to its facilities. This commitment to inclusivity makes it a welcoming space for all members of the community.

Planning Your Fitness Journey

Effective **planning** is key to achieving fitness goals. At KANfitness, Kathy and Henry are always available to assist you with your fitness journey. Their friendly demeanor ensures that you feel welcomed and motivated each time you visit. Many members appreciate how they see the trainers almost daily, creating a personal connection that enhances their experience.

Appointments Required for Personalized Attention

To provide the best possible support, **appointments are required** for certain services. This approach allows trainers to focus solely on you during your sessions, ensuring that you receive the guidance needed to reach your goals safely and effectively.

Join the KANfitness Community

If you're ready to take your fitness to the next level, KANfitness in Hyannis, Massachusetts, is the perfect place to start. With exceptional trainers like Kathy and a strong sense of community, you'll find the motivation and support necessary to become the best version of yourself. Discover what makes KANfitness the best studio on Cape Cod!

Our address is

11 Enterprise Rd STE 18, 02601 Hyannis, Massachusetts - United States (US)

The phone number of the mentioned **Fitness center** is +1774-238-8915

And if you want to send a WhatsApp, you can do so at +1774-238-8915

Our public attention hours are:

Day Hours
Monday

6?AM–12?PM

Tuesday

7–9?AM

Wednesday

Closed

Thursday

7?AM–12:30?PM 4:30–6:30?PM

Friday

6?AM–12?PM 3:30–6:30?PM

Saturday

7–11:30?AM 4–7?PM

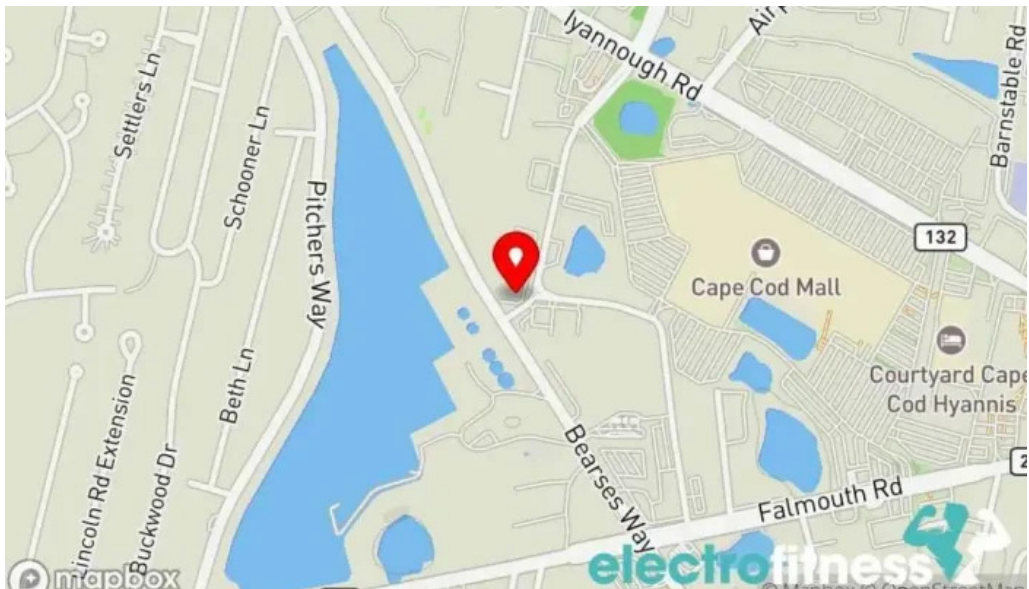
Sunday

6?AM–12?PM 4:30–6:30?PM

The website is KANfitness

If you wish to modify any detail that you believe is not correct regarding this site, we ask deliver a message so that we will correct it as soon as possible. Thank you in advance thank you very much.

Images



Kanfitness map



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Tags

On-site services, Service options, Online classes, Planning, Accessibility, Wheelchair-accessible car park, Appointment required

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sports medicine clinic
sports school
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tennis club
thrift store
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