

Functional Fitness - Lewisburg

lewisburg

☐ I'm not a robot


RECAPTCHA

Published on: 21/05/25	Hits: 1134
Comments: 0	See comments
Votes: 126	Score: 5

https://www.electrofitness.com/fitness-center/lewisburg/functional-fitness-lewisburg_322036.php



lewisburg

Functional Fitness - Lewisburg

Functional Fitness Center: Your Premier Destination in Lewisburg, Tennessee

Located in the heart of Lewisburg, Tennessee, ****Functional Fitness**** stands out as an exceptional fitness center that caters to individuals of all ages and fitness levels. With a reputation for cleanliness, welcoming atmosphere, and extensive amenities, this gym is a fantastic choice for anyone looking to achieve their fitness goals.

Amenities that Make a Difference

At Functional Fitness, members can enjoy a range of top-notch **amenities** designed to enhance their workout experience. The facility is equipped with various cardio machines, strength training equipment, and dedicated spaces for classes. This variety ensures that every member can find something that suits their workout style and preferences. For those who may need assistance, the gym features a **wheelchair-accessible entrance** and a **wheelchair-accessible car park**, ensuring that everyone can feel included. Additionally, the gym offers **Wi-Fi**, allowing members to stay connected while they work out or attend classes.

Family-Friendly Environment

One of the standout features of Functional Fitness is its commitment to being **good for kids**. There is a designated room for school-age children to play in while parents work out, making it easier for families to prioritize fitness without worry. This thoughtful planning promotes a supportive atmosphere where everyone can focus on their health and well-being.

Accessibility for All

Functional Fitness prides itself on its focus on **accessibility**. The gym is engineered to accommodate all members, regardless of their fitness level or physical capabilities. Staff members are trained to assist and provide guidance for those who need extra help, ensuring that each individual feels comfortable and confident during their workouts.

A Community Like No Other

The sense of community at Functional Fitness is palpable. Many members express their appreciation for the supportive environment fostered by owner Dave and his dedicated staff. Regulars often recount how Dave takes the time to remember names and build relationships, creating a family-like atmosphere that encourages everyone to push themselves. As one member noted, "I look forward to exercising at Functional Fitness each day! It's a life-changing gym experience." This positive reinforcement motivates members to not only show up but also strive for personal bests.

Membership Options

While enjoying numerous amenities and a supportive community, it's important to note that a **membership is required** to access the facilities. However, many find the cost reasonable given the quality of service and equipment available. The gym is open 24/7, offering flexibility for members to work out at their convenience.

Why Choose Functional Fitness?

In summary, Functional Fitness in Lewisburg, Tennessee, is more than just a gym—it's a place where people come together to improve their health and

fitness in a safe, clean, and encouraging environment. With features like a wheelchair-accessible entrance, amenities for families, and a community spirit, it's no wonder so many have made this gym their preferred fitness destination. Whether you're just starting your journey or are an experienced athlete, consider joining the Functional Fitness family today!

The address of our establishment is

880 Springplace Rd, 37091 Lewisburg, Tennessee - United States (US)

The contact phone of said **Fitness center** is +1931-422-7117

And if you want to send a WhatsApp, you can do so at +1931-422-7117

We are open during the following hours:

Day	Hours
Monday	Open 24 hours
Tuesday	Open 24 hours
Wednesday	Open 24 hours
Thursday	Open 24 hours
Friday	Open 24 hours
Saturday	Open 24 hours
Sunday	Open 24 hours

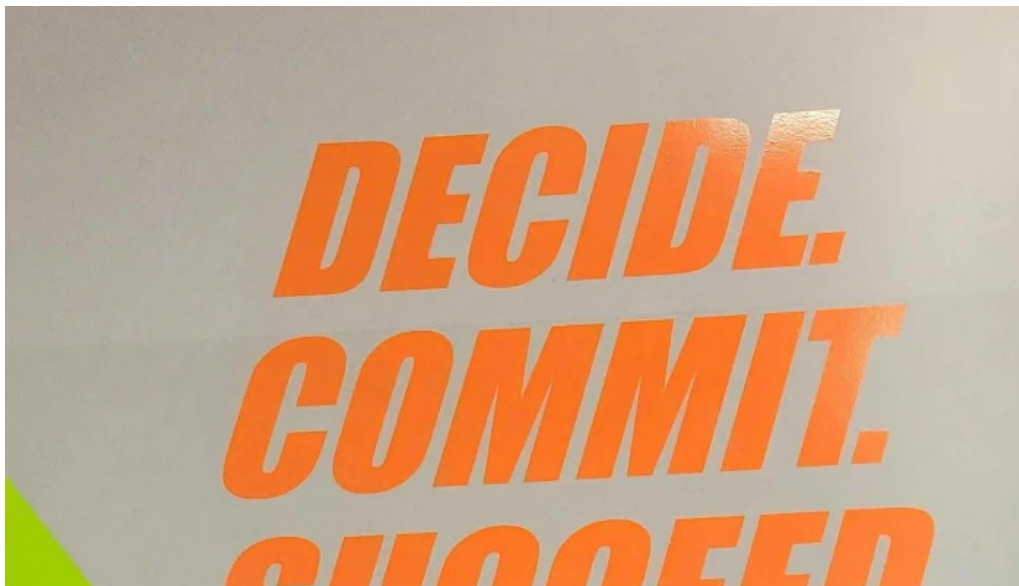
The website is Functional Fitness

If necessary to modify any information that you feel is not correct concerning this site, we ask send a message so that we will adjust it promptly. With anticipation thank you very much.

Images



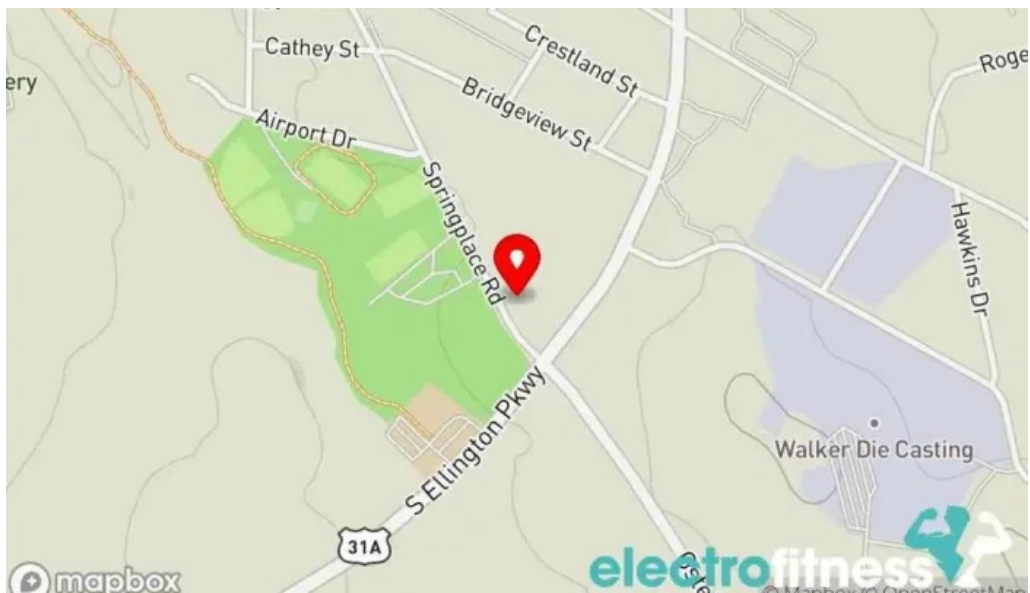
Functional fitness street view 360deg



Functional fitness score



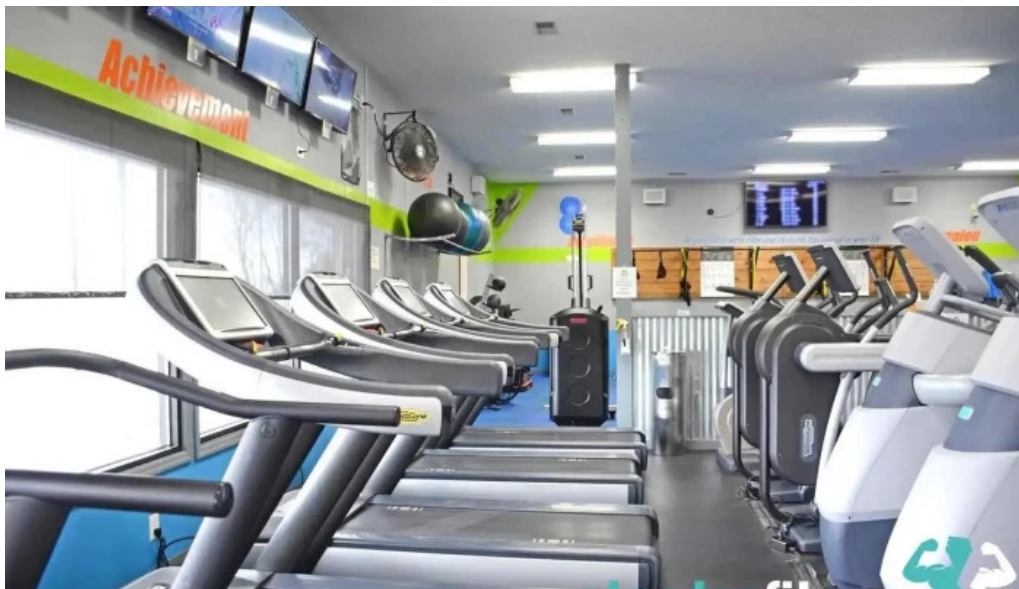
Functional fitness promotion



Functional fitness map



Functional fitness lewisburg



Functional fitness gym



Functional fitness fitness center



Functional fitness by owner



Functional fitness all



Functional fitness address

Tags

Wi-Fi, Wheelchair-accessible entrance, Children, Accessibility, Amenities, Wheelchair-accessible car park, Planning, Good for kids, Membership required

Related content

5.0 * [Waterbury Functional Fitness - Waterbury](#)

5.0 * [Operation Functional Fitness - San Antonio](#)

4.8 * [OnTrack Physical Therapy and Functional Training - Essex Junction](#)

5.0 * [Center for Functional Fitness - Yakima](#)

4.9 *	<i>Bay Functional Fitness - Oakland</i>
4.5 *	<i>Atkins Functional Fitness Facility - Fort Drum</i>
4.9 *	<i>Functional Muscle Fitness - Concord</i>
5.0 *	<i>Crossroads to Health Functional Nutrition and Fitness - Acton</i>
5.0 *	<i>My Gym Children's Fitness Center - Highlands Ranch</i>
5.0 *	<i>The Little Gym of Littleton - Littleton</i>

Categories

academic department
acupuncture clinic
after school program
amusement center
amusement park ride
animal feed store
apartment building
apartment complex
aquatic centre
arena
art gallery
association / organization
athletic club
auditorium
bar
barber shop
basketball club
basketball court
batting cage center
body shaping class
boot camp
boxing club
boxing gym
boxing ring
buddhist temple
cafe
children's party service
chiropractor
church

club
coffee shop
college
community center
convenience store
corporate office
counselor
country club
coworking space
cultural center
dance club
dance company
dance school
day spa
disability services and support organization
disc golf course
dollar store
educational institution
electric utility company
elementary school
exercise equipment store
facial spa
fertility clinic
firearms academy
fitness
fitness center
fitness equipment wholesaler
food producer
foot care
gated community
golf club
golf course
golf instructor
grocery store
gun club
gym
gymnasium school
gymnastics center
gymnastics club
hair salon
health consultant
health food restaurant

health food store
health spa
hiking area
hospital
hotel
indoor cycling
indoor golf course
indoor lodging
jujitsu school
karate club
karate school
kennel
kickboxing school
kinesiologist
kinesiotherapist
martial arts club
martial arts school
massage spa
massage therapist
medical clinic
medical group
medical spa
meditation center
metaphysical supply store
muay thai boxing gym
non-profit organization
nutritionist
outdoor sports store
outdoor swimming pool
park
parking lot
parkour spot
personal trainer
pharmacy
physical fitness program
physical therapist
physical therapy clinic
pickleball court
pilates studio
private golf course
psychotherapist
public educational institution

public library
public swimming pool
recreation center
rehabilitation center
resort hotel
rock climbing
rock climbing gym
rv park
sauna
school
school district office
self defense school
senior citizen center
shooting range
shopping mall
soccer club
social club
software company
spa
spa and health club
sporting goods store
sports club
sports complex
sports massage therapist
sports medicine clinic
sports nutrition store
sports school
summer camp organizer
supermarket
swimming facility
swimming instructor
swimming pool
swimming school
taekwondo school
tanning salon
tennis club
thrift store
training centre
vitamin & supplements store
water park
weight loss service
weightlifting area

wellness center
wellness program
women's organization
women's personal trainer
wrestling school
yoga instructor
yoga studio
youth center
youth organization