

## Hackensack Meridian Fitness & Wellness - Maywood

maywood

☐ I'm not a robot
 

Published on: 19/05/25	Hits: 2008
Comments: 0	See comments
Votes: 251	Score: 3.8

[https://www.electrofitness.com/fitness-center/maywood/hackensack-meridian-fitness-wellness-maywood\\_310988.php](https://www.electrofitness.com/fitness-center/maywood/hackensack-meridian-fitness-wellness-maywood_310988.php)



*maywood*

## *Hackensack Meridian Fitness & Wellness - Maywood*

### **Hackensack Meridian Fitness & Wellness: A Comprehensive Overview**

Hackensack Meridian Fitness & Wellness, located in Maywood, New Jersey, offers a range of amenities and services that cater to various fitness needs. This facility stands out due to its spacious environment and diverse offerings.

### **Service Options**

The center provides numerous **service options** including personal training, group classes, and wellness assessments. Members can enjoy free classes, enhancing their fitness journey without additional costs. For families, the on-site child care ensures that parents can work out while their children are supervised in a safe environment.

## Accessibility and Amenities

The **accessibility** of Hackensack Meridian Fitness & Wellness is commendable, featuring a wheelchair-accessible entrance and a dedicated **wheelchair-accessible car park**. The facility offers gender-neutral toilets, making it inclusive for all guests. Additionally, the **amenities** include a sauna, steam room, swimming pool, and showers that enhance the overall experience.

## Children-Friendly Environment

Hackensack Meridian is **good for kids**, hosting various programs tailored for younger members. The swimming pool is available for children's lessons, although there are specific days designated for family swim. Feedback has highlighted the need for clearer communication regarding **children's access** to the pool, especially during busy times.

## Atmosphere and Community

The **atmosphere** at this fitness center is welcoming and supportive. Many members have expressed appreciation for the cleanliness and maintenance of the facility, noting that it does not carry the typical "dirty gym" odor. Personal trainers are readily available, providing guidance and motivation. However, some feedback has indicated a desire for improved enforcement of equipment etiquette among members.

## Parking Convenience

A significant advantage of this facility is the availability of **on-site parking**, including a **free parking lot**. This feature greatly enhances convenience, especially during peak hours when many members are present.

## Online Classes and Membership Requirements

The center also offers **online classes**, allowing members to engage in fitness from home. A **membership is required** to access most services, ensuring a community of committed individuals working towards their fitness goals.

## Final Thoughts

Hackensack Meridian Fitness & Wellness provides a comprehensive fitness experience with various **offerings**, making it appealing to a wide audience. With a focus on cleanliness and member support, it is well-received by both those seeking personal training and families looking for kid-friendly environments. However, continued attention to member concerns and operational improvements could enhance its reputation even further.

### **You can find us in**

87 NJ-17 North, 07607 Maywood, New Jersey - United States (US)

The contact line of the mentioned **Fitness center** is +1201-843-4422  
And if you want to send a WhatsApp, you can do so at +1201-843-4422

### **Our business hours are:**

Day	Hours
Monday	7?AM–5?PM
Tuesday	5?AM–10?PM
Wednesday	5?AM–10?PM
Thursday	5?AM–10?PM
Friday	5?AM–10?PM
Saturday	5?AM–9?PM
Sunday	7?AM–5?PM

The website is Hackensack Meridian Fitness & Wellness

If necessary to update any information that you consider is not precise regarding this site, we ask send us a message so that we will fix it at the earliest convenience. In advance thanks for your cooperation.

## **Images**



*Hackensack meridian fitness wellness videos*



*Hackensack meridian fitness wellness street view 360deg*





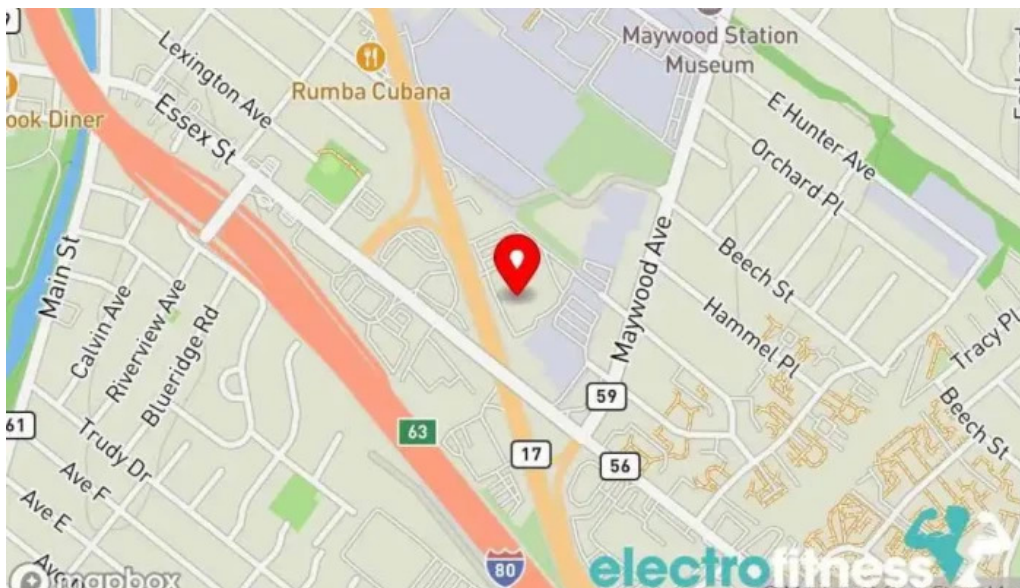
*Hackensack meridian fitness wellness reviews*



*Hackensack meridian fitness wellness number*



*Hackensack meridian fitness wellness maywood*



*Hackensack meridian fitness wellness map*





*Hackensack meridian fitness wellness latest*



*Hackensack meridian fitness wellness instagram*

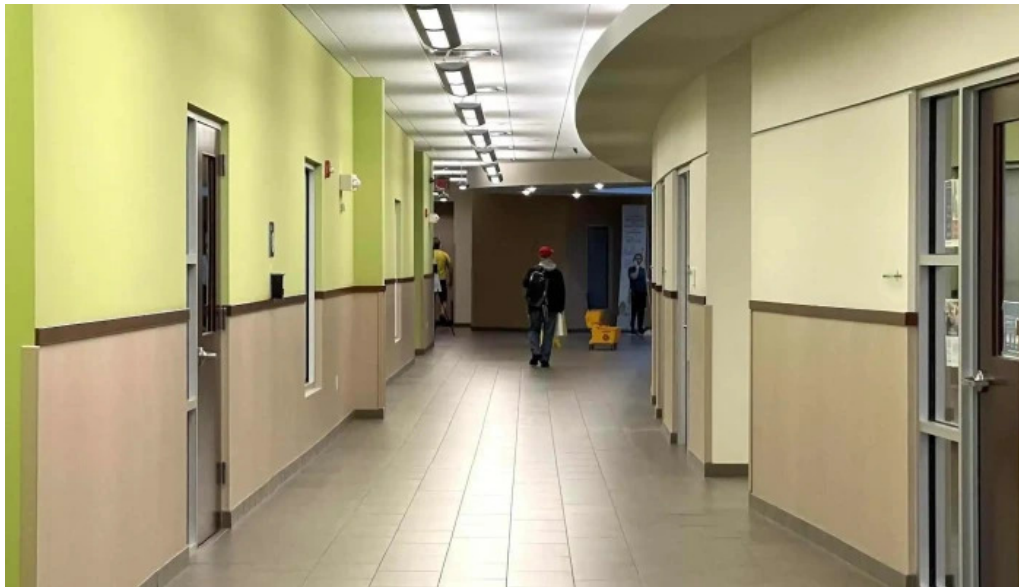


*Hackensack meridian fitness wellness gym*



*Hackensack meridian fitness wellness fitness center*





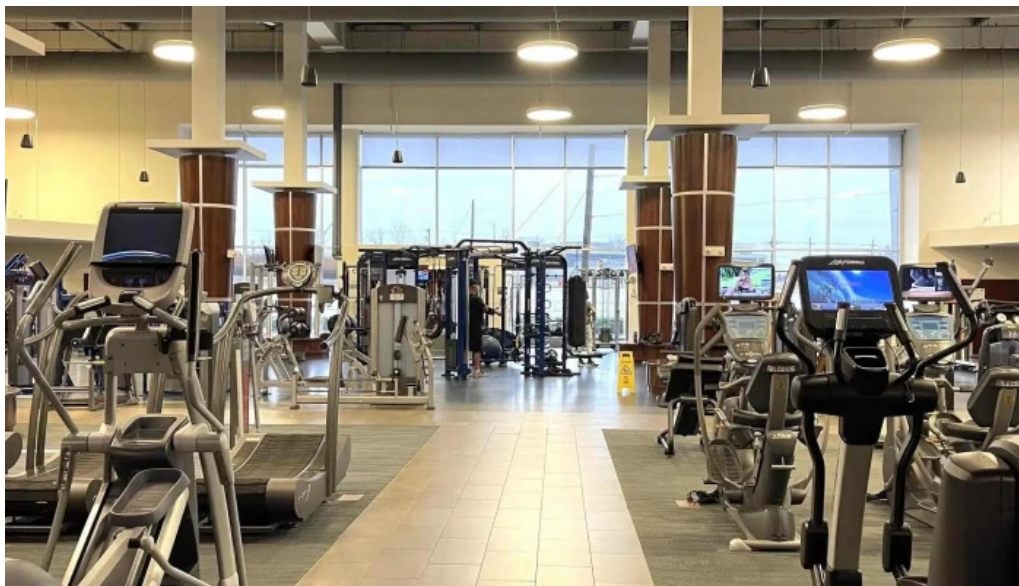
*Hackensack meridian fitness wellness discounts*



*Hackensack meridian fitness wellness by owner*



*Hackensack meridian fitness wellness all*



*Hackensack meridian fitness wellness address*

## Tags

*Children, Shower, On-site services, Online classes, Gender-neutral toilets, Wheelchair-accessible entrance, Wheelchair-accessible car park, Parking, Membership required, Planning, Free parking lot, Swimming pool, Amenities, Sauna, Offerings, Service options, Accessibility, Atmosphere, On-site parking, Good for kids, Child care*

## Related content

---

**5.0 \*** *Jazzercise Meridian at Meridian Park and Rec - Meridian*

---

**5.0 \*** *Get Fit Meridian - Meridian*

---

**5.0 \*** *F45 Training Meridian South - Meridian*

<b>4.8 *</b>	<i>F45 Training Meridian West - Meridian</i>
<b>5.0 *</b>	<i>RockBox Fitness Meridian South - Meridian</i>
<b>3.8 *</b>	<i>Crunch Fitness - Meridian - Meridian</i>
<b>5.0 *</b>	<i>Meridian Commons Park Exercise Station - Parker</i>
<b>5.0 *</b>	<i>Meridian Systems Yoga - Santa Fe</i>
<b>4.6 *</b>	<i>Empyre Fitness - Meridian</i>
<b>4.9 *</b>	<i>Orangetheory Fitness - Meridian</i>

## Categories

academic department
acupuncture clinic
after school program
amusement center
amusement park ride
animal feed store
apartment building
apartment complex
aquatic centre
arena
art gallery
association / organization
athletic club
auditorium
bar
basketball club
basketball court
batting cage center
body shaping class
boot camp
boxing club
boxing gym
boxing ring
children's party service
chiropractor
church
club



coffee shop
college
community center
convenience store
corporate office
counselor
country club
coworking space
cultural center
dance club
dance company
dance school
day spa
disability services and support organization
disc golf course
dollar store
educational institution
elementary school
exercise equipment store
facial spa
firearms academy
fitness
fitness center
fitness equipment wholesaler
food producer
foot care
gated community
golf club
golf course
golf instructor
grocery store
gym
gymnasium school
gymnastics center
gymnastics club
hair salon
health consultant
health food restaurant
health food store
health spa
hiking area
hospital

hotel
indoor cycling
jujitsu school
karate club
karate school
kennel
kickboxing school
kinesiologist
kinesiotherapist
martial arts club
martial arts school
massage spa
massage therapist
medical group
medical spa
meditation center
metaphysical supply store
muay thai boxing gym
non-profit organization
nutritionist
outdoor sports store
outdoor swimming pool
park
parking lot
parkour spot
personal trainer
pharmacy
physical fitness program
physical therapist
physical therapy clinic
pickleball court
pilates studio
private golf course
psychotherapist
public educational institution
public swimming pool
recreation center
rehabilitation center
resort hotel
rock climbing
rock climbing gym
rv park

sauna
school
school district office
self defense school
senior citizen center
shooting range
shopping mall
soccer club
social club
software company
spa
spa and health club
sporting goods store
sports club
sports complex
sports massage therapist
sports medicine clinic
sports nutrition store
sports school
summer camp organizer
supermarket
swimming facility
swimming instructor
swimming pool
swimming school
taekwondo school
tanning salon
tennis club
thrift store
training centre
vitamin & supplements store
water park
weight loss service
weightlifting area
wellness center
wellness program
women's organization
women's personal trainer
wrestling school
yoga instructor
yoga studio
youth center



youth organization