

## Jazzercise Meridian at Meridian Park and Rec - Meridian

meridian

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*meridian*

## *Jazzercise Meridian at Meridian Park and Rec - Meridian*

### Discover Jazzercise Meridian at Meridian Park and Rec

If you're looking for a fitness center that caters to all ages and abilities, Jazzercise Meridian at Meridian Park and Rec in Meridian, Idaho, is the perfect choice. This vibrant community hub provides an engaging workout environment that is not only fun but also inclusive.

### Family-Friendly Fitness

Jazzercise is **\*\*good for kids\*\***, making it an excellent option for families. The

classes are designed to be enjoyable for participants of all ages, allowing both parents and children to engage in a healthy lifestyle together. The positive community atmosphere encourages friendships and support among participants, creating lasting connections.

### **Accessibility for All**

One of the standout features of Jazzercise Meridian is its commitment to **\*\*accessibility\*\***. The center boasts a **\*\*wheelchair-accessible entrance\*\*** and a **\*\*wheelchair-accessible car park\*\***, ensuring that everyone can participate in the fitness journey easily. This thoughtful design allows individuals with mobility challenges to enjoy an invigorating workout alongside their peers.

### **An Energizing Environment**

The spacious workout area at Meridian Homecourt guarantees plenty of air circulation, keeping you cool as you move. Comments from attendees highlight the **\*\*exhilarating\*\*** and comprehensive nature of the workouts, meticulously led by certified instructors who are friendly and professional. Participants rave about the upbeat music that accompanies each routine, making the experience truly memorable.

### **Community Support and Encouragement**

Instructors like Mary and Lisa provide not just exercise guidance but also invaluable support. The sense of community here is palpable; members often come together outside of classes. As one member noted, after undergoing surgery, friends from Jazzercise rallied to visit, demonstrating the strong bonds formed within this group. It's more than just a workout; it's about building relationships.

### **Diverse Workout Experiences**

Classes at Jazzercise Meridian offer a diverse range of routines, ensuring that workouts never become monotonous. With elements of cardio, strength training, and balance, participants leave each session feeling accomplished. Many have found that the camaraderie and support from fellow attendees make every visit enjoyable.

### **Join Jazzercise Today!**

Whether you're new to the area or searching for a welcoming fitness community, Jazzercise Meridian at Meridian Park and Rec is a fantastic choice. With its commitment to accessibility, a family-friendly environment, and a strong supportive community, it's an opportunity you won't want to miss. Join us today and discover the joy of staying fit together!

### **You can find us in**

936 Taylor Ave, 83642 Meridian, Idaho - United States (US)

The contact phone of said **Fitness center** is +1208-841-7844  
And if you want to send a WhatsApp, you can do so at +1208-841-7844

## **We look forward to seeing you at:**

Day	Hours
Monday	9:15–10:30?AM 5:30–6:40?PM
Tuesday	9:15–10:30?AM
Wednesday	9:15–10:30?AM 5:30–6:40?PM
Thursday	9:15–10:30?AM 4:30–5:30?PM
Friday	9:15–10:30?AM
Saturday	9:15–10:30?AM
Sunday	Closed

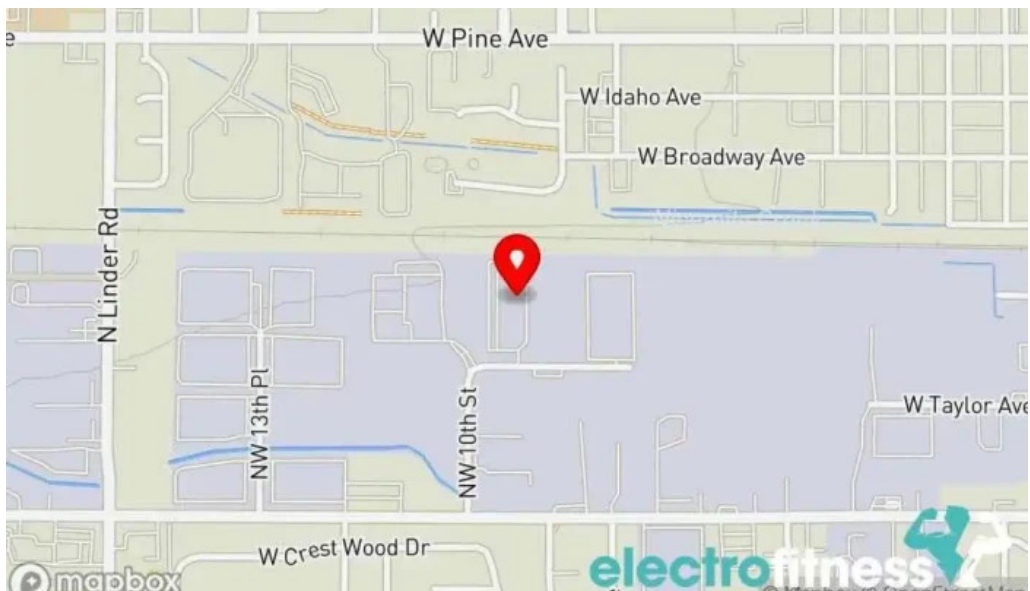
The website is Jazzercise Meridian at Meridian Park and Rec

If you require to update any data that you feel is not correct about this portal, we urge you to send a message so that we will adjust it at the earliest convenience. With anticipation thanks for your cooperation.

## **Images**



*Jazzercise meridian at meridian park and rec meridian*



*Jazzercise meridian at meridian park and rec map*



*Jazzercise meridian at meridian park and rec by owner*



*Jazzercise meridian at meridian park and rec all*

## Tags

*Children, Accessibility, Wheelchair-accessible entrance, Wheelchair-accessible car park, Good for kids*

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dollar store
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firearms academy
fitness
fitness center
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golf course
golf instructor

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spa and health club

sporting goods store
sports club
sports complex
sports medicine clinic
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wellness center
wellness program
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