

## Lift Get Fit Llc - North Andover

north andover

☐ I'm not a robot


  
RECAPTCHA

Published on: 29/05/25	Hits: 232
Comments: 0	See comments
Votes: 29	Score: 5

[https://www.electrofitness.com/fitness-center/north-andover/lift-get-fit-llc-north-andover\\_349872.php](https://www.electrofitness.com/fitness-center/north-andover/lift-get-fit-llc-north-andover_349872.php)



*north andover*

## *Lift Get Fit Llc - North Andover*

### **Welcome to LIFT Get Fit LLC: Your Community Fitness Center in North Andover, Massachusetts**

LIFT Get Fit LLC is more than just a gym; it's a welcoming community that offers a supportive environment for individuals of all fitness levels. With its owner, Emily Skaj, at the helm, LIFT has established a reputation for being inclusive and family-friendly. The facility boasts a variety of **\*\*amenities\*\*** designed with accessibility in mind, including: - **\*\*Wheelchair-accessible toilets\*\*** - **\*\*Wheelchair-accessible car park\*\*** - **\*\*Gender-neutral toilets\*\*** -

**\*\*Wheelchair-accessible seating\*\***

## **From the Business: Emphasizing Accessibility and Planning**

At LIFT, every detail is carefully planned to ensure that all members can enjoy their fitness journey. The gym identifies as women-owned, reflecting a commitment to empowerment and inclusivity. Members appreciate the **\*\*appointment required\*\*** for personal training sessions, which ensures personalized attention for everyone.

## **A Variety of Service Options to Meet Your Needs**

LIFT offers numerous **\*\*service options\*\***, including online classes that cater to various schedules. Whether you're looking to engage in strength training or participate in group workouts, LIFT provides an array of classes and times to fit into your busy life. The atmosphere is enriched by Emily's dynamic approach and a focus on individual goals, making working out something to look forward to.

## **The LIFT Family: Building Connections**

Members often describe LIFT as a "family." They mention how Emily and her team create a nurturing environment where everyone feels at home. Group classes lead to friendships, and even events like **\*\*Saturday morning runs with your dog\*\*** foster community bonds. This supportive setup combats isolation and promotes mental well-being. One member stated, "Having a supportive community and a variety of options makes a huge difference in me staying motivated." Such sentiments highlight the importance of community in maintaining fitness routines.

## **Training with the Best: Why Matt Scanlon Stands Out**

Matt Scanlon, a trainer at LIFT, receives high praise from clients for his motivating approach and tailored workouts. He works closely with individuals to identify their fitness goals and designs programs suited to their needs. Emily has built a team that shares this commitment to excellence in training, ensuring every workout is challenging yet enjoyable. As one client noted, "Matt is incredibly motivating, highly knowledgeable, and truly invested in helping his clients achieve their goals." This level of dedication has kept many members returning for years.

## **Classes for All Ages and Levels**

LIFT caters to a diverse clientele, offering services for teenagers, adults, and seniors. The environment is not just about physical fitness but also about fostering confidence and camaraderie. As a member expressed, "LIFT is the gym to be at if you are looking to better or create your healthy lifestyle." With a strong focus on accessibility, LIFT provides a welcoming space for everyone, regardless of fitness background or ability.

## Join Us at LIFT and Transform Your Fitness Journey

If you're searching for a unique fitness experience that combines quality workouts with a vibrant community, look no further than LIFT Get Fit LLC. With excellent amenities, a commitment to accessibility, and passionate trainers, you'll find everything you need to succeed. Stop by, meet the team, and see how LIFT can help you become the best version of yourself.

### We are located at

202 Sutton St Suite 420, 01845 North Andover, Massachusetts - United States (US)

The contact phone of said **Fitness center** is +1480-560-0018

And if you want to send a WhatsApp, you can do so at +1480-560-0018

### We are available at these times:

Day Hours  
Monday

5:30?AM–1?PM 3–6:30?PM

Tuesday

5:30?AM–12?PM 3–6:30?PM

Wednesday

5:30?AM–1?PM

Thursday

8–10?AM

Friday

9–10?AM

Saturday

5:30?AM–12?PM 3–6:30?PM

Sunday

5:30?AM–1?PM 3:30–6:30?PM

The website is LIFT Get Fit LLC

If you require to alter any data that you think is incorrect related to this web, we ask forward a message so that we will adjust it at the earliest convenience. Thanks beforehand thank you very much.

## Images



*Lift get fit llc videos*



*Lift get fit llc street view 360deg*



*Lift get fit llc north andover*



*Lift get fit llc map*





*Lift get fit llc gym*



*Lift get fit llc fitness center*



*Lift get fit llc by owner*



*Lift get fit llc all*

## Tags

*From the business, Gender-neutral toilets, Identifies as women-owned, Outdoor services, Wheelchair-accessible seating, Amenities, Online classes, Wheelchair-accessible toilet, Wheelchair-accessible car park, Service options, Accessibility, Appointment required, Planning, Toilet*

## Related content

---

**5.0 \*** *Nourish and Lift - Clarksville*

---

**4.9 \*** *Lift Yoga Alpharetta - Alpharetta*

---

**5.0 \*** *Get Fit Meridian - Meridian*

<b>5.0 *</b>	<i>Lift Performance - Concord</i>
<b>5.0 *</b>	<i>Let's Get Fit Personal Training Llc - Allen Park</i>
<b>4.6 *</b>	<i>Get Fit 24/7 - Fairlawn</i>
<b>4.3 *</b>	<i>Get Fit - Victorville</i>
<b>5.0 *</b>	<i>Lift Me Up Bungee Fitness - Berkeley</i>
<b>4.8 *</b>	<i>Get Fit - Bridgewater</i>
<b>3.6 *</b>	<i>Get Fit with Tamika - Adamsville</i>

## Categories

academic department
acupuncture clinic
after school program
aikido school
amusement center
amusement park ride
animal feed store
apartment building
apartment complex
aquatic centre
arena
art gallery
assisted living facility
association / organization
athletic club
auditorium
bar
barber shop
basketball club
basketball court
batting cage center
beauty salon
beer store
body shaping class
boot camp
boxing club
boxing gym



boxing ring
buddhist temple
cafe
children's party service
chiropractor
church
club
coffee shop
college
community center
community health centre
convenience store
corporate office
counselor
country club
coworking space
cultural center
dance club
dance company
dance school
day spa
department store
disability services and support organization
disc golf course
discount store
dive shop
doctor
dollar store
educational institution
electric utility company
elementary school
exercise equipment store
facial spa
fertility clinic
firearms academy
fitness
fitness center
fitness equipment wholesaler
food producer
foot care
fountain
gated community

golf club
golf course
golf instructor
grocery store
gun club
gym
gymnasium school
gymnastics center
gymnastics club
hair salon
health consultant
health food restaurant
health food store
health spa
hiking area
historical landmark
hospital
hotel
ice skating rink
indoor cycling
indoor golf course
indoor lodging
jujitsu school
karate club
karate school
kennel
kickboxing school
kinesiologist
kinesiotherapist
martial arts club
martial arts school
massage spa
massage therapist
medical clinic
medical group
medical spa
meditation center
metaphysical supply store
muay thai boxing gym
non-profit organization
nutritionist
outdoor clothing and equipment shop

outdoor sports store
outdoor swimming pool
pain control clinic
park
parking lot
parkour spot
personal trainer
pharmacy
physical fitness program
physical therapist
physical therapy clinic
pickleball court
pilates studio
pregnancy care center
private golf course
psychotherapist
public educational institution
public library
public swimming pool
real estate developer
recreation center
rehabilitation center
resort hotel
restaurant
rock climbing
rock climbing gym
rv park
sauna
school
school district office
self defense school
senior citizen center
shooting range
shopping mall
soccer club
social club
software company
spa
spa and health club
sporting goods store
sports club
sports complex

sports massage therapist
sports medicine clinic
sports nutrition store
sports school
summer camp organizer
supermarket
swimming facility
swimming instructor
swimming pool
swimming school
taekwondo school
tanning salon
tennis club
thrift store
trade school
training centre
vitamin & supplements store
water park
weight loss service
weightlifting area
wellness center
wellness program
women's organization
women's personal trainer
wrestling school
yoga instructor
yoga studio
youth center
youth organization