

Aspirus La Vita Fitness Center - Portage

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A Comprehensive Overview of Aspirus La Vita Fitness Center in Portage, Wisconsin

Aspirus La Vita Fitness Center stands out as a premier workout destination in Portage, Wisconsin. This facility is not just about exercise; it's about creating an inclusive atmosphere where everyone can thrive.

Accessibility Features

One of the key highlights of Aspirus La Vita Fitness Center is its commitment

to accessibility. With a **wheelchair-accessible entrance** and **wheelchair-accessible car park**, the gym ensures that every member has the opportunity to enjoy its amenities. In addition, there are **wheelchair-accessible seating** options available throughout the facility, making it easy for all members to feel comfortable.

Amenities That Enhance Your Experience

Aspirus La Vita Fitness Center is equipped with a range of **amenities** designed to enhance your workout experience: - **Swimming Pools**: The facility boasts both a warm water therapy pool, perfect for arthritis relief, and a lap pool for serious swimmers. - **Showers and Toilets**: Clean and spacious **showers** are available, along with well-maintained **toilets** in the locker rooms. - **Free Wi-Fi**: Members can stay connected during their workouts with complimentary **Wi-Fi** access throughout the facility. - **Indoor Walking Track**: A well-designed walking track offers a great alternative for cardio enthusiasts and is conveniently located within the gym.

Creating an Inviting Atmosphere

Members frequently comment on the **atmosphere** at Aspirus La Vita Fitness Center. It's described as friendly and non-judgmental, which helps foster a supportive environment. Many appreciate the clean facilities, including the locker rooms and workout areas, contributing to a pleasant visit every time.

Membership Benefits and Class Offerings

While a **membership is required** to access the full range of services, many find it to be well worth the investment. The range of classes offered is diverse and appealing, with excellent instructors who cater to various fitness levels. There is something for everyone, from yoga to high-intensity workouts.

Member Reviews and Feedback

Feedback from members highlights what makes Aspirus La Vita Fitness Center exceptional. Many have praised the quality of the machines, noting that the equipment is new and well-maintained. The cleanliness of the facility and the helpfulness of the staff are also frequently mentioned. Here are some key takeaways from member experiences: - "The bathrooms here are very clean." - "The workout classes are AMAZING." - "I have never seen a 'broken' sign on any of the machines."

Conclusion

Overall, Aspirus La Vita Fitness Center is more than just a typical gym. It places a strong emphasis on **accessibility** and creating a welcoming community for all. With its extensive amenities, inviting atmosphere, and top-notch equipment, it truly represents the best value in town for those looking to improve their fitness journey. If you're in Portage, Wisconsin, this gym should

definitely be on your list!

Our premises are located at

2815 New Pinery Rd, 53901 Portage, Wisconsin - United States (US)

The phone of the mentioned **Fitness center** is +1608-745-3800

And if you want to send a WhatsApp, you can do so at +1608-745-3800

Our service hours are:

Day Hours
Monday
5?AM–7?PM
Tuesday
7?AM–12?PM
Wednesday
7?AM–12?PM
Thursday
5?AM–8?PM
Friday
5?AM–8?PM
Saturday
5?AM–8?PM
Sunday
5?AM–8?PM

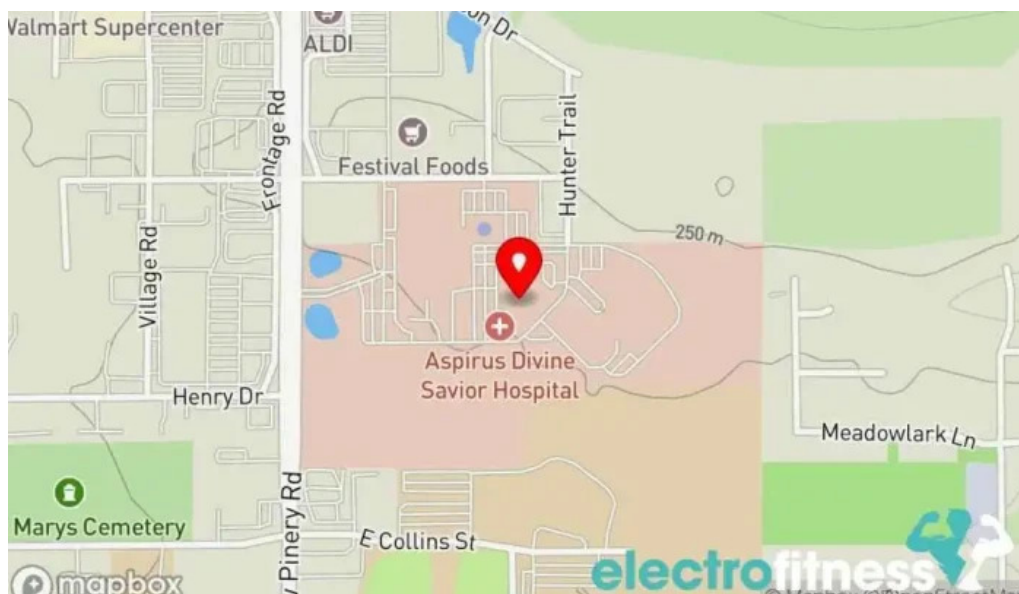
The website is Aspirus La Vita Fitness Center

If you need to update any data that you believe is not precise regarding this site, we kindly request forward a message so we can we will handle it quickly. In advance thanks.

Images



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Aspirus la vita fitness center map



Aspirus la vita fitness center gym



Aspirus la vita fitness center by owner



Aspirus la vita fitness center all

Tags

Accessibility, Toilet, Wheelchair-accessible seating, Wheelchair-accessible entrance, Atmosphere, Swimming pool, Wi-Fi, Shower, Amenities, Planning, Membership required, Wheelchair-accessible car park

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