

Tnt Strong Fitness Facility - Prince Frederick

prince frederick

☐ I'm not a robot
 

Published on: 17/04/25	Hits: 1701
Comments: 0	See comments
Votes: 189	Score: 4.4

https://www.electrofitness.com/fitness-center/prince-frederick/tnt-strong-fitness-facility-prince-frederick_214234.php



prince frederick

Tnt Strong Fitness Facility - Prince Frederick

TNT Strong Fitness Facility: Your Premier Fitness Center in Prince Frederick, Maryland

Located in the heart of Prince Frederick, Maryland, **TNT Strong Fitness Facility** stands out as a premier destination for anyone looking to enhance their fitness journey. With a focus on community, accessibility, and support, TNT Strong is redefining what a fitness center can be.

Accessibility and Convenience

Accessibility is a top priority at TNT Strong. The facility boasts a **wheelchair-accessible entrance** and a **wheelchair-accessible car park**, ensuring that everyone can enjoy the benefits of physical fitness. Additionally, members appreciate the **free parking lot**, making it easy to access the gym without the hassle of finding a spot.

A Welcoming Atmosphere

The **atmosphere** at TNT Strong is truly unique. Members frequently express how welcoming and supportive the environment is, describing it as a family rather than just a gym. Whether you're a seasoned athlete or just starting out, the community here encourages you to step out of your comfort zone and reach your fitness goals. Reviewers have noted the superb camaraderie among coaches and members alike, emphasizing their commitment to each other's success.

Facilities and Amenities

This fitness center is equipped with state-of-the-art facilities and various **amenities**. Members enjoy access to a sauna, locker rooms, and **showers** after workouts. The availability of **Wi-Fi** helps those who want to stay connected or follow workout videos during their sessions. One member noted the absence of overcrowding, allowing for uninterrupted access to machines, which enhances the overall workout experience.

Highlights of Training Programs

TNT Strong offers an impressive array of classes and training programs tailored to all fitness levels. From personal training to group classes, the expert staff works diligently to provide the necessary modifications and support. Coaches like Jordon, David, and Alexa have received accolades for their motivational training styles, helping members not only achieve their physical goals but also boost their confidence.

Membership Options and Discounts

A **membership is required** to access all that TNT Strong has to offer, and they even offer discounts for **active military** members, demonstrating their commitment to serving the community. With flexible membership plans, individuals can find an option that fits their lifestyle, whether through intensive training programs or casual gym use.

Positive Community Impact

The impact of TNT Strong extends beyond just fitness. Many members have shared transformative stories about how this facility has improved their quality of life. From overcoming physical limitations to building lasting friendships, the personal growth fostered within these walls is nothing short of inspiring.

Conclusion

If you're searching for a fitness center that prioritizes accessibility, offers high-quality training, and fosters a supportive community, look no further than **TNT Strong Fitness Facility** in Prince Frederick, Maryland. Join today and discover how this gym can be your partner in achieving your health and fitness goals!

You can find us in

230 W Dares Beach Rd, 20678 Prince Frederick, Maryland - United States (US)

The contact line of the mentioned **Fitness center** is +1410-414-9001

And if you want to send a WhatsApp, you can do so at +1410-414-9001

We are available at these times:

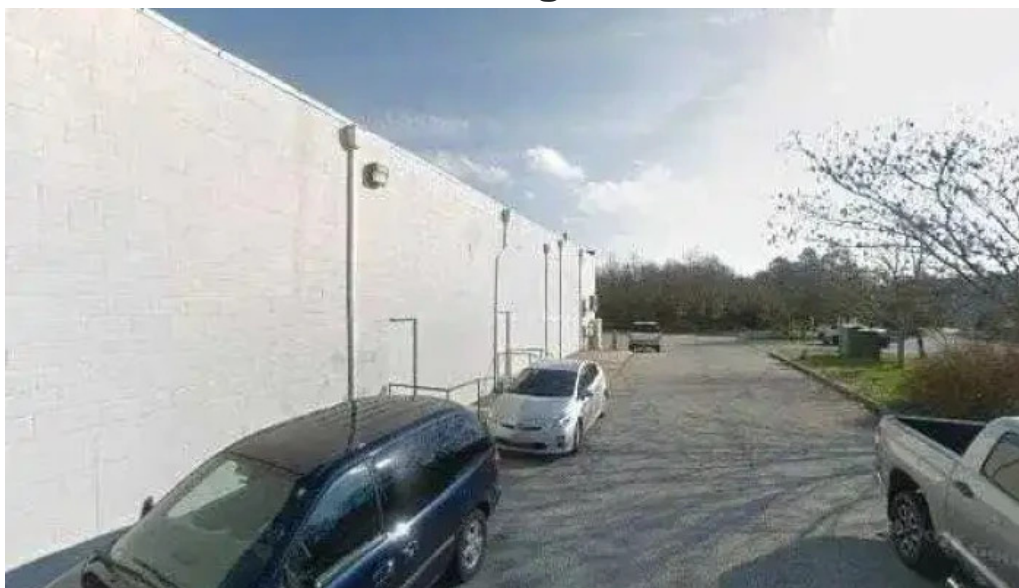
Day	Hours
Monday	5?AM–10?PM
Tuesday	5?AM–10?PM
Wednesday	7?AM–6?PM
Thursday	7?AM–5?PM
Friday	5?AM–10?PM
Saturday	5?AM–10?PM
Sunday	5?AM–10?PM

The website is TNT Strong Fitness Facility

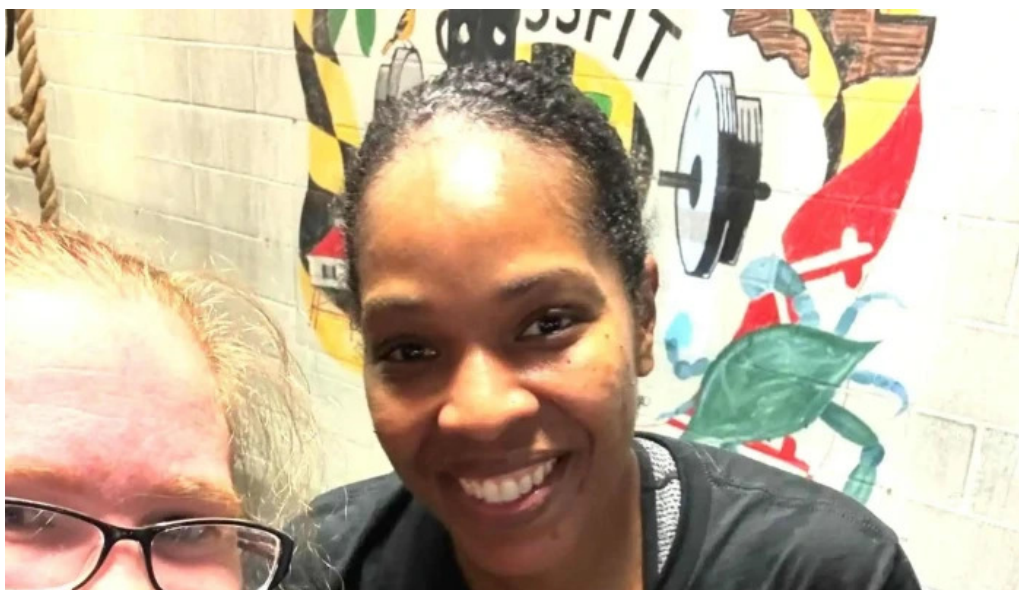
If you need to update any data that you consider is incorrect about this site,

we urge you to send a message and we will adjust it promptly. With anticipation thank you very much.

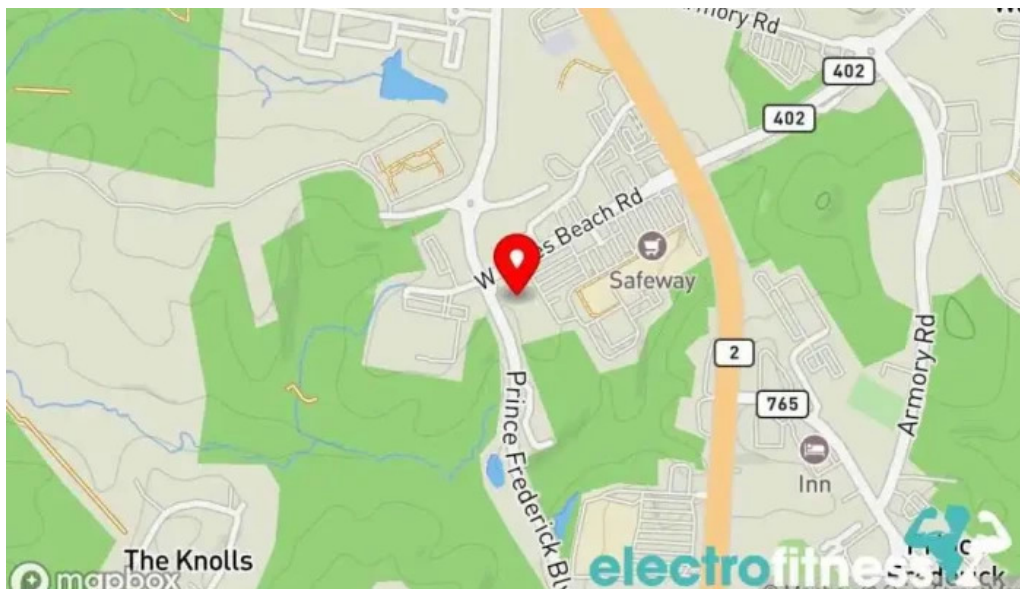
Images



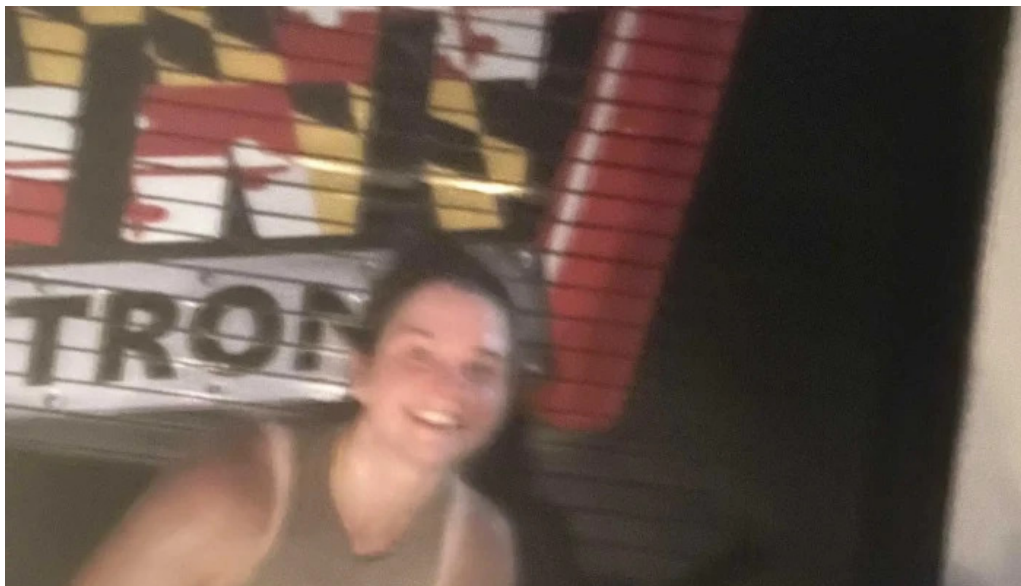
Tnt strong fitness facility street view 360deg



Tnt strong fitness facility prince frederick



Tnt strong fitness facility map



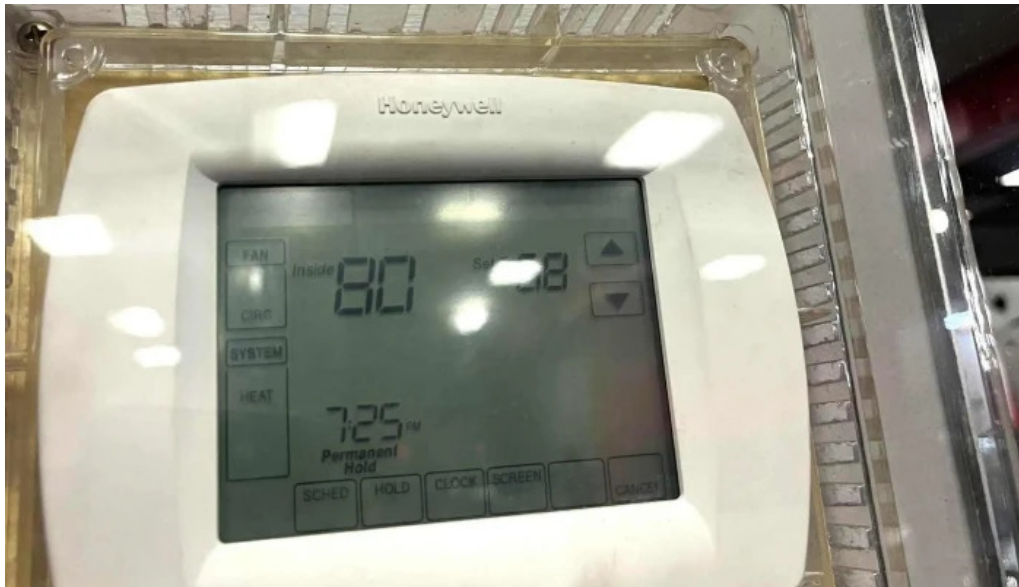
Tnt strong fitness facility location



Tnt strong fitness facility gym



Tnt strong fitness facility fitness center



Tnt strong fitness facility catalog



Tnt strong fitness facility by owner



Tnt strong fitness facility area



Tnt strong fitness facility all

Tags

Sauna, Membership required, Accessibility, Parking, Wheelchair-accessible entrance, Amenities, Atmosphere, Highlights, Shower, Free parking lot, Active military discounts, Wi-Fi, Wheelchair-accessible car park, Planning, Child care

Related content

5.0 * *California Strong Athletics - Concord*

4.7 * *Strong Orange Gym - Cape Charles*

5.0 * *Strong Health & Fitness Center - Waldorf*

4.0 *	<i>Strong Smith Llc - Acton</i>
5.0 *	<i>Perform Strong Physical Therapy Llc - Abbottstown</i>
3.9 *	<i>Active Athletics - Littleton</i>
4.5 *	<i>The Lab: Training Facility - Abilene</i>
4.9 *	<i>Hangtime Tnt Gymnastics and Cheerleading - Scott</i>
5.0 *	<i>Inner Circle Training Facility - New Bedford</i>
4.6 *	<i>Titleist Manchester Lane Test Facility - Acushnet</i>

Categories

academic department
amusement park ride
arena
association / organization
athletic club
bar
basketball club
body shaping class
boot camp
boxing gym
boxing ring
children's party service
chiropractor
church
club
coffee shop
community center
convenience store
country club
coworking space
dance school
day spa
dollar store
elementary school
exercise equipment store
firearms academy
fitness

fitness center
golf club
golf course
golf instructor
grocery store
gym
gymnastics center
hair salon
health consultant
health food restaurant
health spa
hiking area
hospital
hotel
indoor cycling
jujitsu school
karate club
karate school
kennel
kickboxing school
kinesiologist
kinesiotherapist
martial arts club
martial arts school
massage therapist
meditation center
non-profit organization
nutritionist
park
personal trainer
pharmacy
physical fitness program
physical therapist
physical therapy clinic
pickleball court
pilates studio
private golf course
public educational institution
recreation center
rehabilitation center
rock climbing gym
school district office

self defense school
shooting range
shopping mall
spa
spa and health club
sporting goods store
sports club
sports complex
sports medicine clinic
sports school
supermarket
swimming instructor
swimming school
tennis club
thrift store
training centre
vitamin & supplements store
weightlifting area
wellness center
wellness program
women's personal trainer
yoga instructor
yoga studio
youth organization