

## The Dojo Of Do Well - Quincy

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quincy

## *The Dojo Of Do Well - Quincy*

### **The Dojo Of Do Well: Your Ultimate Fitness Destination in Quincy, Illinois**

If you're looking for a comprehensive fitness center that caters to all your workout needs, **The Dojo Of Do Well** in Quincy, Illinois, is the place to be. With a vibrant atmosphere and top-notch amenities, this fitness center stands out for its commitment to inclusivity and excellent service.

### **Amenities That Enhance Your Experience**

The Dojo Of Do Well boasts a wide range of **amenities** designed to make your visits enjoyable and productive. Whether you're an athlete or just starting your fitness journey, you'll find resources to support you, including well-maintained equipment, spacious workout areas, and thoughtfully planned classes.

### **Stay Connected with Wi-Fi**

In today's digital age, staying connected is important. The Dojo Of Do Well offers complimentary **Wi-Fi** throughout its premises, ensuring you can stay engaged with your favorite fitness apps or stream online classes while at the gym.

### **Flexible Service Options**

This fitness center understands that everyone has different preferences when it comes to working out. The Dojo Of Do Well provides various **service options**, including personal training sessions and group classes, making it easier for you to find a routine that works for you.

### **Accessibility for All**

At The Dojo Of Do Well, inclusivity is a priority. The facility is equipped with a **wheelchair-accessible car park** and a **wheelchair-accessible entrance**, ensuring that everyone can enjoy their fitness experience without any barriers.

### **Online Classes for Added Convenience**

For those who prefer working out from home or have busy schedules, The Dojo Of Do Well offers **online classes**. This option allows you to participate in workouts led by knowledgeable instructors from the comfort of your home, providing flexibility for your fitness planning.

### **Planning and Appointments**

Before visiting, it's advisable to check the schedule and plan your workout. An **appointment is required** for some specialized classes, which helps ensure that the classes are well-organized and that you receive the attention you deserve from the instructors.

### **On-Site Services for Your Needs**

With various **on-site services**, The Dojo Of Do Well aims to support your fitness journey comprehensively. From knowledgeable trainers to a welcoming environment, everything is designed to help you thrive.

## A Welcoming Environment

Your experience at The Dojo Of Do Well is enhanced by its positive and inviting atmosphere. As one satisfied member stated, “I enjoy coming here and look forward to it.” The warm and friendly staff, including owner Heather, are dedicated to making every visit a pleasant experience. You’ll find encouragement and enthusiasm, making it easier to stick with your fitness goals.

## Conclusion

The Dojo Of Do Well is more than just a fitness center; it’s a community that supports and uplifts its members. With its array of amenities, services, and a focus on accessibility, this gym offers a unique space for everyone, regardless of their fitness level. Don’t miss the chance to be part of this inspiring environment!

### Our business is found at

727 Hampshire St, 62301 Quincy, Illinois - United States (US)

The contact line of the respective **Fitness center** is +1217-695-9590  
And if you want to send a WhatsApp, you can do so at +1217-695-9590

### Our business hours are:

Day	Hours
Monday	6?AM–5?PM
Tuesday	6?AM–5?PM
Wednesday	9–11?AM
Thursday	Closed
Friday	6?AM–5?PM
Saturday	6?AM–5?PM
Sunday	6?AM–5?PM

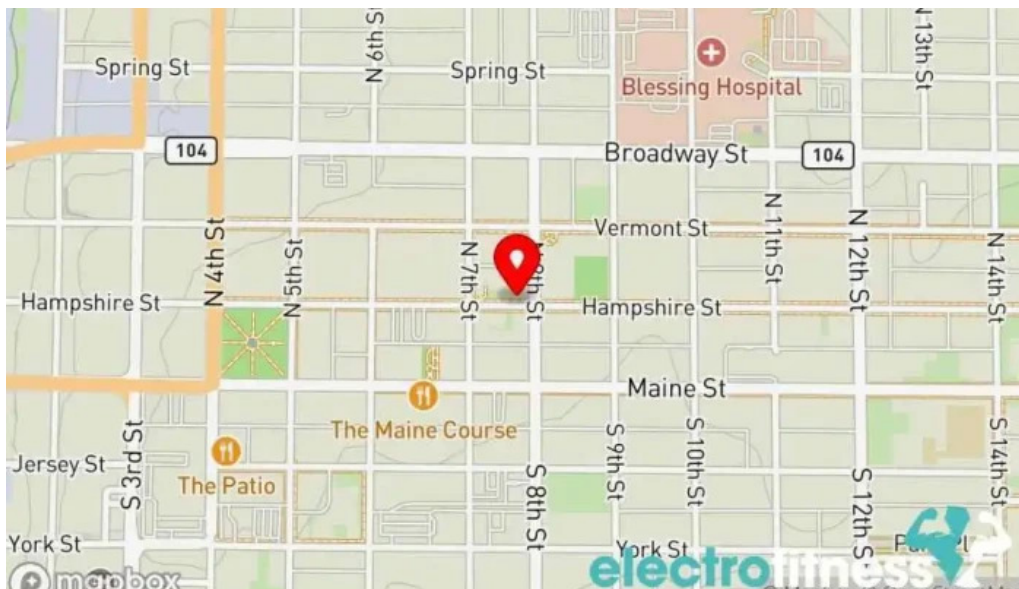
The website is The Dojo Of Do Well

If necessary to adjust any detail that you consider is incorrect related to this portal, please deliver a message and we will fix it at the earliest convenience. Thanks beforehand thank you very much.

## Images



*The dojo of do well quincy*



*The dojo of do well map*



*The dojo of do well by owner*



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## Tags

*Amenities, Planning, Wheelchair-accessible car park, Wi-Fi, Appointment required, Wheelchair-accessible entrance, Accessibility, On-site services, Online classes, Service options*

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dance school
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elementary school
exercise equipment store
firearms academy
fitness
fitness center
golf club
golf course
golf instructor
grocery store

gym
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health consultant
health food restaurant
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karate school
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kinesiotherapist
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massage therapist
meditation center
non-profit organization
nutritionist
park
personal trainer
pharmacy
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physical therapist
physical therapy clinic
pickleball court
pilates studio
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public educational institution
recreation center
rehabilitation center
rock climbing gym
school district office
self defense school
shooting range
shopping mall
spa
spa and health club

sporting goods store
sports club
sports complex
sports medicine clinic
sports school
supermarket
swimming instructor
swimming school
tennis club
thrift store
vitamin & supplements store
weightlifting area
wellness center
wellness program
yoga instructor
yoga studio
youth organization