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## Corefit Pilates & Barre- Alamo Heights - San Antonio

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# Corefit Pilates & Barre- Alamo Heights - San Antonio

## Discover CoreFit Pilates & Barre - Alamo Heights, San Antonio

Nestled in the vibrant Alamo Heights area of San Antonio, \*\*CoreFit Pilates & Barre\*\* offers an invigorating experience for fitness enthusiasts of all levels. With a strong emphasis on community and inclusivity, this women-owned fitness center stands out for its diverse class offerings, exceptional instructors, and welcoming atmosphere.

### **Class Offerings and Online Classes**

At CoreFit, you can expect to find a variety of classes designed to cater to different fitness needs. From \*\*SmartFormer Pilates\*\* to \*\*Barre Bounce\*\*, each class is structured to challenge and engage participants effectively. For those who prefer working out at home, \*\*online classes\*\* are also available, providing flexibility without compromising the quality of your workout.

## **Accessibility and Amenities**

CoreFit is committed to making fitness accessible to everyone. The facility features a \*\*wheelchair-accessible entrance\*\* and a \*\*wheelchair-accessible car park\*\*, ensuring that all members can enjoy their fitness journey without barriers. Additionally, CoreFit provides \*\*on-site services\*\* such as complimentary Wi-Fi for members, allowing easy access to class schedules and online resources. Members appreciate the clean and well-maintained environment, which enhances their overall workout experience.

### **Active Military Discounts and Service Options**

CoreFit values those who serve, offering \*\*active military discounts\*\* to honor their commitment. This gesture reinforces CoreFit's dedication to community support and inclusivity. Classes at CoreFit typically require an \*\*appointment\*\*, especially during peak times, ensuring a personalized and attentive experience for all participants.

### **Member Experiences: Highlights from CoreFit Community**

Members rave about their experiences at CoreFit, highlighting the supportive and friendly nature of both staff and fellow participants. Many have noted how the instructors genuinely care about individual progress, offering \*\*modifications\*\* to accommodate different fitness levels. One member shared, "I love starting my morning at Smart Barre Alamo Heights. All of the instructors are knowledgeable, approachable, and motivating. I've grown stronger and more confident." This sentiment reflects the community-focused environment at CoreFit. While some feedback regarding instructor demeanors has surfaced, CoreFit remains committed to continuous improvement. The warmth displayed by the front desk associates and many instructors helps foster a positive atmosphere that encourages members to return.

## Join the CoreFit Community!

If you're searching for a place to enhance your fitness routine while feeling supported and empowered, CoreFit Pilates & Barre in Alamo Heights is the ideal destination. With a wide range of classes, flexible online options, and a commitment to accessibility, CoreFit is more than just a fitness center; it's a community where members can thrive both physically and mentally. Take the first step towards a healthier lifestyle by joining the CoreFit family today!

#### Our business is at

#### 6346 N New Braunfels Ave., 78209 San Antonio, Texas - United States (US)

The phone number of the respective **Fitness center** is <u>+1210-822-0584</u> And if you want to send a WhatsApp, you can do so at<u>+1210-822-0584</u>

### We are open during the following hours:

Day Hours
Monday
5:45?AM-1?PM 4:15-8?PM
Tuesday
5:30?AM-1?PM 4:15-7:15?PM
Wednesday
5:45?AM-1?PM 5:15-6:30?PM
Thursday
8:15?AM-12?PM
Eriday
8:15-11?AM 1-3?PM
Saturday
6?AM-1?PM 5:30-8?PM
Sunday
5:30?AM-1:15?PM 4:15-7?PM

The website is COREFIT Pilates & Barre- Alamo Heights

If necessary to update any element that you think is not precise concerning this web, please deliver a message so we can we will handle it at the earliest convenience. With anticipation thanks for your cooperation.

## **Images**



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Corefit pilates barre alamo heights map



Corefit pilates barre alamo heights gym



Corefit pilates barre alamo heights by owner



Corefit pilates barre alamo heights all

## **Tags**

Identifies as women-owned, On-site services, Wheelchair-accessible car park, Active military discounts, Highlights, Accessibility, Wheelchair-accessible entrance, Online classes, From the business, Appointment required, Service options, Wi-Fi, Amenities, Planning

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country club
coworking space
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rock climbing gym
rv park
sauna
school district office
self defense school
senior citizen center
shooting range
shopping mall
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software company
spa
spa and health club
sporting goods store
sports club

sports complex
sports massage therapist
sports medicine clinic
sports nutrition store
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