

Ad Fitness & Boxing - Tyler

tyler

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Ad Fitness & Boxing - Tyler

Discover AD Fitness & Boxing in Tyler, Texas

If you are searching for a top-notch fitness center in Tyler, Texas, look no further than ****AD Fitness & Boxing****. This gym stands out not only for its exceptional training services but also for its commitment to accessibility.

Accessibility Matters

At AD Fitness & Boxing, accessibility is a priority. The gym features a ****wheelchair-accessible entrance****, ensuring that everyone can take advantage of the variety of fitness offerings available. This dedication to inclusivity makes it

a welcoming space for all individuals, regardless of their physical needs.

Expert Training Tailored to You

Many members have praised the trainers, particularly Akil, who is noted for his ability to customize workouts based on individual needs. One member shared, "Akil is one of the best trainers I've had." His approach to fitness is both effective and considerate, especially for those with specific challenges. For instance, if you're someone who enjoys working out but faces knee problems, Akil knows how to tailor the training without putting stress on your joints.

Affordable Memberships

Another significant benefit of AD Fitness & Boxing is its ****affordable gym membership****. Many gyms often come with high costs, but this fitness center provides great value for the services offered. With classes scheduled every hour in both the mornings and evenings, members can easily find a time that fits their busy lives.

A Clean and Modern Environment

Furthermore, members appreciate the cleanliness and the new equipment available at AD Fitness & Boxing. A clean workout environment enhances the overall experience and encourages a positive mindset towards fitness goals.

Final Thoughts

In conclusion, if you are looking for a good gym with knowledgeable trainers at an affordable price, AD Fitness & Boxing is the perfect choice. Its focus on accessibility, expert training, and a clean environment makes it a top pick among fitness enthusiasts in Tyler, Texas. Don't miss out on the chance to transform your fitness journey at this fantastic location!

We are situated in

2159 Deerbrook Dr, 75703 Tyler, Texas - United States (US)

The contact line of the mentioned **Fitness center** is +1903-714-4240

And if you want to send a WhatsApp, you can do so at +1903-714-4240

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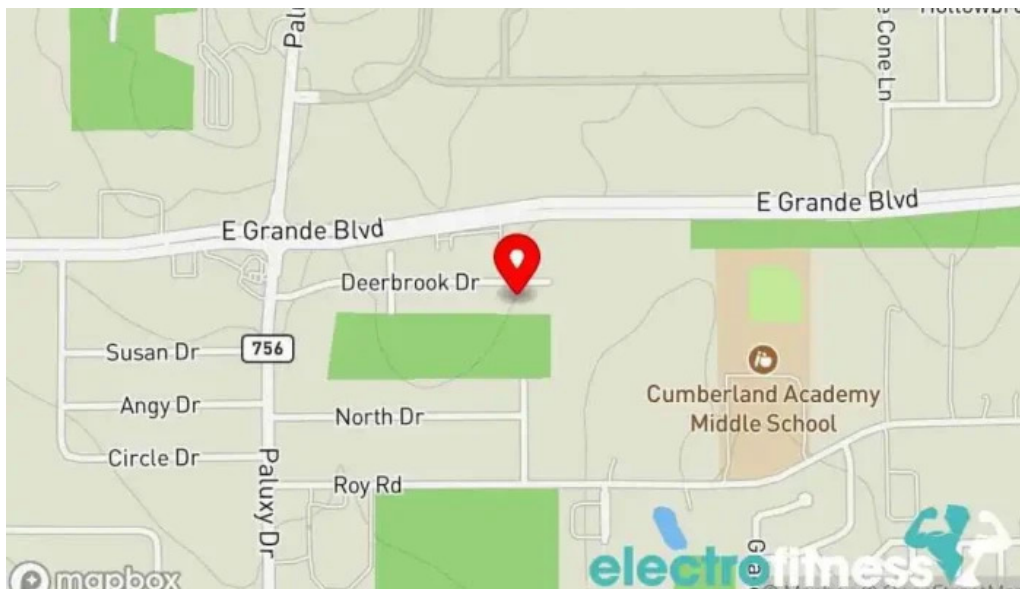
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