

LJ's Fitness - Womelsdorf

womelsdorf

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LJ's Fitness - Womelsdorf

Discover LJ's Fitness Center: A Premier Fitness Destination in Womelsdorf, Pennsylvania

LJ's Fitness Center stands out as a ****highlight**** in the fitness landscape, attracting individuals looking to transform their health and well-being. Located in the heart of Womelsdorf, Pennsylvania, this facility offers top-notch amenities and services that cater to all fitness enthusiasts.

Convenient On-site Parking and Accessibility

One of the many benefits of LJ's Fitness is the ****on-site parking****, making it

easy for members to access the gym without any hassle. There is also **free of charge street parking** as well as a **wheelchair-accessible car park**, ensuring that everyone can enjoy the facility without concern for accessibility issues. The **wheelchair-accessible entrance** and **wheelchair-accessible toilet** further emphasize LJ's commitment to inclusivity.

Comprehensive Amenities for All Members

At LJ's Fitness, members can expect a wide range of **amenities** that enhance their workout experience. The facility is always kept impeccably clean, with locker rooms and restrooms maintained to the highest standards. Beyond traditional fitness equipment, LJ's features a **dry sauna** and an **eucalyptus room**, perfect for relaxation after an intense workout. Furthermore, the **smoothie bar** provides delicious, whole fruit options to refuel your body, while hydration stations ensure you stay hydrated throughout your workout.

Exceptional On-site Services Offered

LJ's Fitness goes beyond traditional gym offerings, providing a variety of **on-site services** tailored to meet members' needs. Group classes such as Yoga and Tai Chi are available, led by knowledgeable instructors who create an engaging atmosphere. For those seeking personal training, the expert staff, including the owners Lynn and Tim, delivers personalized guidance to help you achieve your fitness goals. With options for **online classes**, members can also engage from the comfort of their own home, making it easier to stay active despite a busy schedule.

Supportive Community Atmosphere

From the moment you enter LJ's Fitness, you're welcomed into a supportive community that feels like family. This welcoming environment includes a **dedicated female-only circuit room**, empowering women to work out comfortably. The staff's friendliness and expertise contribute to a positive experience, making each visit enjoyable. Active military members can also benefit from exclusive **military discounts**, highlighting LJ's commitment to serving those who serve.

Why Choose LJ's Fitness Center?

With a variety of **service options**, including 24/7 access for members, dynamic group classes, and highly knowledgeable trainers, LJ's Fitness Center offers an unparalleled gym experience. Whether you're looking to build muscle, lose weight, or simply maintain an active lifestyle, this gym is equipped to support you at every stage of your fitness journey. In summary, LJ's Fitness Center is not just another gym; it's a community-focused fitness center dedicated to helping its members thrive. Experience the difference for yourself and take the first step towards a healthier, happier life today!

The location of our business is in

102 N 3rd St, 19567 Womelsdorf, Pennsylvania - United States (US)

The contact line of the respective **Fitness center** is +1610-589-5213

And if you want to send a WhatsApp, you can do so at +1610-589-5213

Our service hours are:

Day	Hours
Monday	8?AM–8?PM
Tuesday	8?AM–8?PM
Wednesday	8?AM–8?PM
Thursday	8?AM–8?PM
Friday	8?AM–7?PM
Saturday	7?AM–12?PM
Sunday	Closed

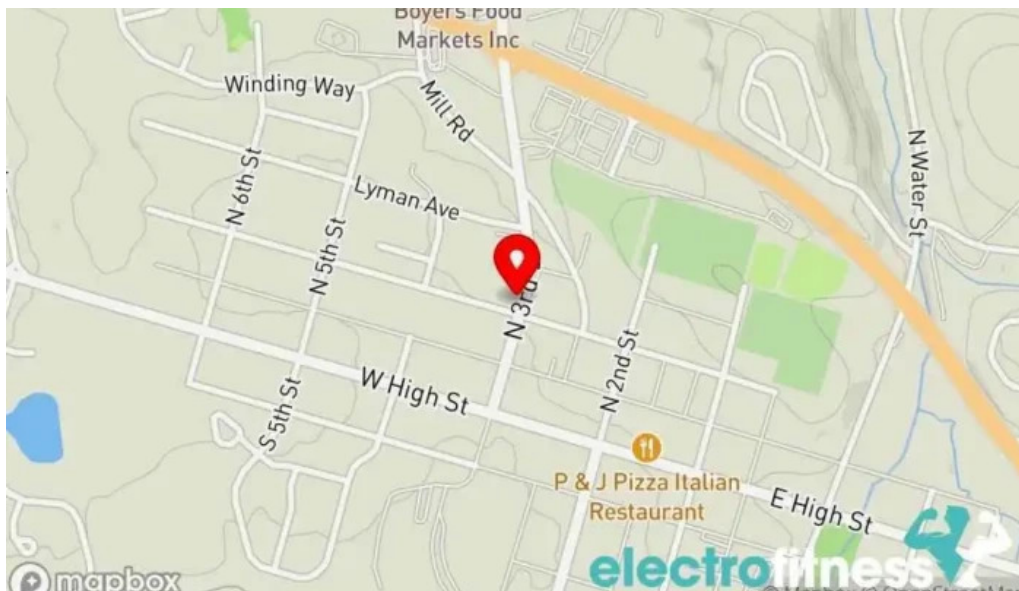
The website is LJ's Fitness

In case you want to adjust any data that you believe is not correct concerning this portal, we ask deliver a message and we will correct it quickly. Thank you in advance thanks for your cooperation.

Images



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Ljs fitness gym



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Tags

Online classes, Highlights, Free parking lot, Identifies as women-owned, Free of charge street parking, Toilet, Gender-neutral toilets, On-site services, On-site parking, Accessibility, Parking, Wheelchair-accessible entrance, Amenities, From the business, Wheelchair-accessible car park, Service options, Wheelchair-accessible toilet, Sauna, Active military discounts

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