

Rock Solid Fitness - Yakima

yakima



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Rock Solid Fitness - Yakima

Welcome to Rock Solid Fitness in Yakima, Washington

Rock Solid Fitness is a unique fitness center located at **722 N. 16th Ave Suite 38, Yakima, WA**. This gym not only offers an inspiring atmosphere but also features state-of-the-art facilities designed to cater to everyone, including those with special accessibility needs.

Accessibility Features

One of the standout features of Rock Solid Fitness is its commitment to inclusivity. The fitness center boasts a **wheelchair-accessible car park**,

ensuring that all members have easy access to the gym. Additionally, the **wheelchair-accessible entrance** allows individuals with mobility challenges to enter without difficulty, promoting a welcoming environment for everyone.

A Diverse Workout Experience

Visitors often rave about their workout experiences at Rock Solid Fitness. The workouts are described as **interesting and challenging**, thanks to the variety of activities offered. One member shared their excitement about climbing a cargo net indoors, which brought back memories of muscles they had forgotten existed! This demonstrates the gym's focus on providing workouts that engage and inspire.

An Inspiring Community

The reviews reflect a strong sense of community at Rock Solid Fitness. Members find inspiration in each other, contributing to a motivating atmosphere that pushes everyone to achieve their personal fitness goals. It's more than just a gym; it's a place where camaraderie and support are abundant.

Join Rock Solid Fitness Today!

Whether you're looking to challenge yourself with innovative workouts or seeking a supportive community, Rock Solid Fitness in Yakima is the place for you. With its top-notch accessibility features and inspiring environment, finding your fitness journey here is easier than ever. Make a visit to Rock Solid Fitness today and experience the difference for yourself!

Our location is in

722 N 18th Ave #38, 98902 Yakima, Washington - United States (US)

The phone of the respective **Fitness center** is +1509-480-1002

And if you want to send a WhatsApp, you can do so at +1509-480-1002

You can visit us at the following hours:

Day Hours
Monday

Closed

Tuesday

5?AM–8?PM

Wednesday

5?AM–8?PM

Thursday

5?AM-8?PM

Friday

5?AM-8?PM

Saturday

5?AM-8?PM

Sunday

7?AM-3?PM

The website is Rock Solid Fitness

If necessary to update any element that you think is not accurate about this site, we urge you to send a message and we will correct it promptly. Thanks beforehand thanks.

Images



Rock solid fitness yakima



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Rock solid fitness map



Rock solid fitness gym



Rock solid fitness by owner



Rock solid fitness all

Tags

Wheelchair-accessible entrance, Accessibility, Wheelchair-accessible car park

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women's personal trainer

yoga instructor
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