

Electro Fitness: Best Electro Fitness

Z Fit Studio Llc - Yakima

yakima



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Z Fit Studio Llc - Yakima

Discover Z Fit Studio LLC: Your Fitness Destination in Yakima, Washington

Z Fit Studio LLC stands out as a premier fitness center located in the heart of Yakima, Washington. Whether you're a seasoned athlete or just starting your fitness journey, this studio offers an inclusive environment that welcomes everyone.

Accessibility Features for Everyone

One of the standout features of Z Fit Studio is its commitment to accessibility.

With a **wheelchair-accessible entrance** and a **wheelchair-accessible car park**, the studio ensures that all individuals, regardless of physical ability, can enjoy their fitness experience. This commitment to accessibility makes it a fantastic choice for those who require additional support while pursuing their fitness goals.

A Variety of Exciting Fitness Classes

At Z Fit Studio, variety is the name of the game. The studio offers five different kinds of fitness classes, ensuring there is something for everyone. Here's a closer look at the options available: - **Zumba**: Dance your way to fitness with these fun and energetic sessions. - **Zumba Toning**: Combine traditional Zumba moves with light weights for a full-body workout. - **REFIT**: A dance-based workout that focuses on positivity and community. - **STRONG NATION**: A high-intensity workout that combines bodyweight, muscle conditioning, cardio, and plyometrics. - **Yoga**: For those looking to improve flexibility and relaxation, gentle yoga poses are offered. Participants rave about the skills and enthusiasm of the instructors, particularly mentioning Nini Van De Venter, the owner, who creates a vibrant atmosphere where everyone can thrive.

A Community That Cares

One of the most appealing aspects of Z Fit Studio is its welcoming community. As noted by attendees, "everyone is welcome no matter where you are in your fitness journey." This inclusive environment fosters camaraderie among participants, making workouts feel less like a chore and more like a fun social event.

Why Choose Z Fit Studio?

Many clients express that they have experienced the **best workout** of their lives at Z Fit Studio. The combination of excellent instructors, diverse class offerings, and an upbeat atmosphere keeps members coming back for more. From dancing to great music in Zumba to lifting weights in STRONG NATION, workouts at Z Fit Studio are designed to be enjoyable and effective. If you're looking for a place to get in shape while having fun, Z Fit Studio LLC is the ideal fitness center for you. Experience the joy of fitness today!

You can find us in

7200 W Nob Hill Blvd Ste 2, 98908 Yakima, Washington - United States (US)

The phone number of this **Fitness center** is <u>+1509-952-8113</u> And if you want to send a WhatsApp, you can do so at+1509-952-8113

Our service hours are:

Day Hours Monday

Closed

Tuesday

4-7?PM

Wednesday

4-7?PM

Thursday

5-7?PM

Friday 41794M

Saturday

5-7?PM

Sunday

Closed

If necessary to alter any element that you feel is not correct related to this portal, we ask deliver a message so that we will handle it as soon as possible. Thank you in advance thank you very much.

Images



Z fit studio Ilc yakima



Z fit studio Ilc map



Z fit studio llc all

Tags

Wheelchair-accessible car park, Wheelchair-accessible entrance, Accessibility

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