

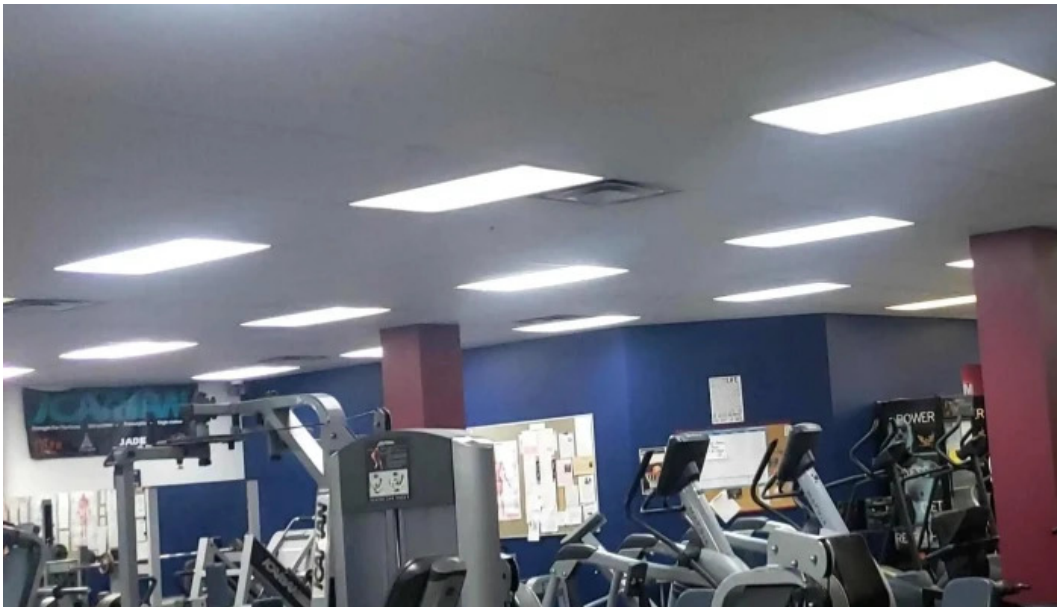
Maximum Health And Fitness - Adamsville

adamsville

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adamsville

Maximum Health And Fitness - Adamsville

Welcome to Maximum Health and Fitness in Adamsville, Tennessee

If you're looking for a gym that offers more than just a place to work out, **Maximum Health and Fitness** in Adamsville, TN, is the perfect choice. With a friendly atmosphere, extensive equipment options, and a dedicated staff, this gym stands out in the community.

Accessibility Features

One of the key features of Maximum Health and Fitness is its **wheelchair-accessible entrance** and **wheelchair-accessible car park**. This ensures that everyone can enjoy the facilities without barriers. The gym prioritizes **accessibility**, making it a welcoming place for all members of the community.

Membership Required

To take full advantage of what Maximum Health and Fitness has to offer, a **membership is required**. Fortunately, they provide great deals on memberships, ensuring you get value for your investment. This commitment to affordability makes it easier for residents to prioritize their health and fitness.

A Clean and Friendly Environment

Many visitors have praised the **clean facility** and professional staff. Comments like "Nice hometown feel" and "Friendly staff" reflect the welcoming atmosphere that defines Maximum Health and Fitness. From the moment you step inside, you can expect helpful assistance from employees who are there to support your fitness journey.

Quality Equipment for Everyone

With a variety of equipment available, members can engage in effective workouts tailored to their needs. Reviews highlight the "good variety of equipment," enabling both beginners and fitness aficionados to achieve their goals. Whether you're looking to build strength or improve your cardio, this gym has it all.

Exceptional Customer Service

The team at Maximum Health and Fitness is committed to providing top-notch customer service. One visitor noted how an employee named Kim provided stellar assistance with guest passes, ensuring they had the resources needed for their workout. Such dedication is a testament to the gym's emphasis on member satisfaction.

Overall Impressions

Overall, Maximum Health and Fitness is regarded as "the best gym around" by many satisfied members. While, like any establishment, there may be mixed opinions about certain aspects, the overwhelming feedback reflects a gym that strives to meet its members' needs. With amenities like a sauna and an approach that encourages mental well-being, this gym truly caters to the health

of the whole person.

Conclusion

Whether you're a local resident or just visiting, be sure to check out Maximum Health and Fitness in Adamsville. With its accessible facilities, committed staff, and strong community focus, it's not just a gym—it's a place where you can thrive. Your health journey begins here!

You can find us in

345 US-64, 38310 Adamsville, Tennessee - United States (US)

We are open during the following hours:

Day Hours
Monday
Open 24 hours
Tuesday
Open 24 hours
Wednesday
Open 24 hours
Thursday
Open 24 hours
Friday
Open 24 hours
Saturday
Open 24 hours
Sunday
Open 24 hours

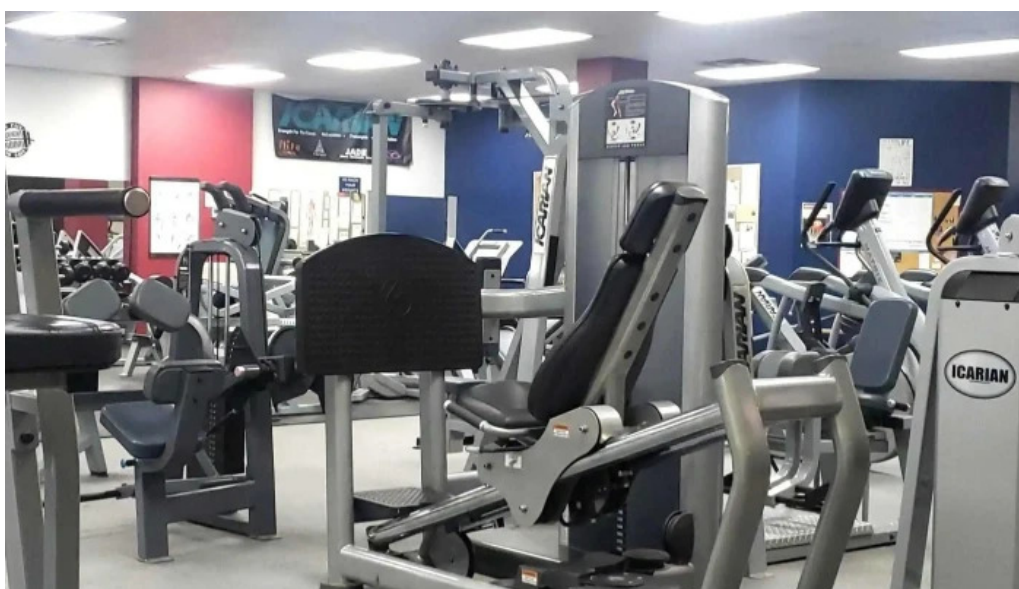
The website is Maximum Health And Fitness

If necessary to change any data that you consider is not accurate concerning this web, please send a message so that we will adjust it quickly. Thanks beforehand thanks.

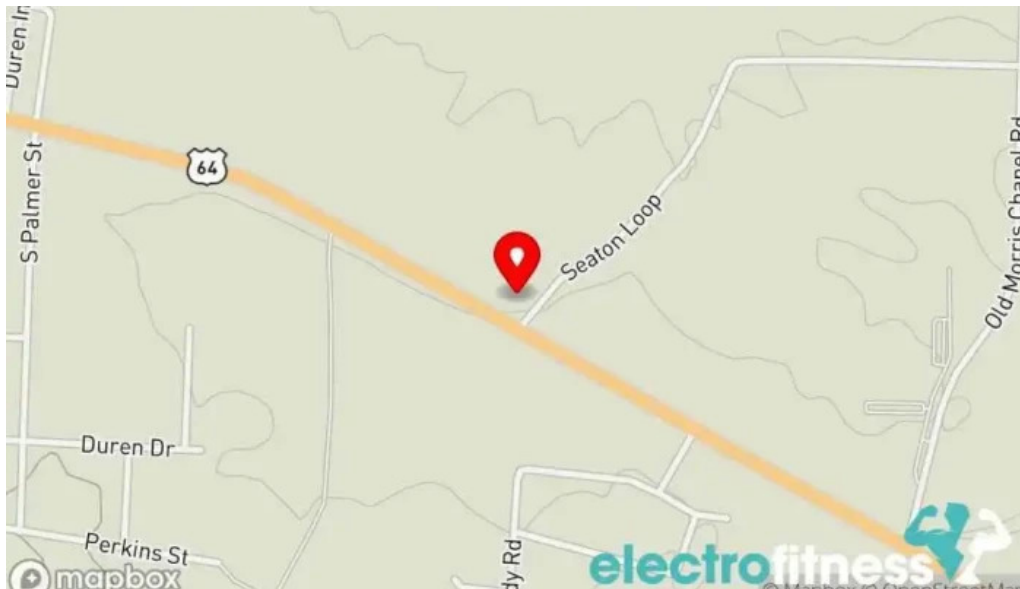
Images



Maximum health and fitness street view 360deg



Maximum health and fitness phone



Maximum health and fitness map



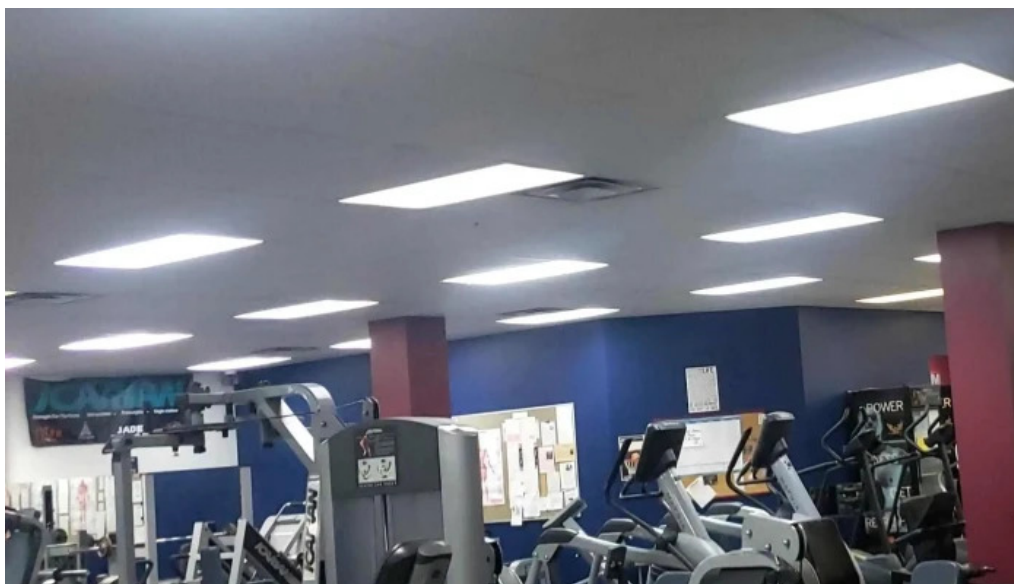
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Tags

Wheelchair-accessible car park, Wheelchair-accessible entrance, Membership required, Accessibility, Planning

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physical therapist
physical therapy clinic
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private golf course
public educational institution
recreation center
rehabilitation center
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school district office
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