

## La Fitness - Alexandria

alexandria

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*alexandria*

## *La Fitness - Alexandria*

### Exploring the LA Fitness in Alexandria, Virginia

Located conveniently in Alexandria, Virginia, LA Fitness offers a variety of amenities designed to cater to fitness enthusiasts of all levels. However, based on recent reviews, there are several aspects worth discussing that could influence your decision to join.

### Amenities and Features

When considering a gym, the **\*\*amenities\*\*** it provides play a crucial role. LA Fitness in Alexandria boasts a **\*\*swimming pool\*\***, which has been highlighted

as a popular feature. Unfortunately, many members have expressed disappointment due to frequent pool closures and inconsistent availability. Members have noted the lack of communication regarding these changes, making it challenging to plan workouts effectively. Additionally, the \*\*shower\*\* facilities, while available, have received criticism for maintenance issues. Reports indicate that some showers lack hot water and experience other malfunctions. This is particularly concerning for those who wish to freshen up after a workout.

## **Accessibility and Convenience**

Accessibility is another vital factor, and LA Fitness has worked to ensure a \*\*wheelchair-accessible entrance\*\* and a \*\*wheelchair-accessible car park\*\*. However, some members have pointed out that certain amenities do not fully meet accessibility standards, particularly in terms of space and usability. Free \*\*Wi-Fi\*\* is also provided, ensuring that members can stay connected during their workouts or catch up on work while exercising.

## **Membership and Atmosphere**

Though \*\*membership is required\*\*, many find the pricing reasonable given the location and available equipment. The \*\*atmosphere\*\* of the gym has been described as both welcoming and conducive to achieving fitness goals. Staff interactions vary among members; while some appreciate the friendly demeanor of certain employees, others have reported unprofessional behavior and a lack of motivation from staff to maintain equipment and order.

## **Equipment and Maintenance Issues**

One of the most significant concerns raised by members is the condition of the \*\*equipment\*\*. Many machines have been reported as broken or outdated, with some staying out of service for weeks. Users have expressed frustration with having to wait for equipment and the inconvenience of not knowing which machines are operational. To add to this, some have questioned the logic behind charging a maintenance fee when such issues persist unaddressed. While there is a good selection of weights and machines, the \*\*weight section\*\* could benefit from more options, particularly for those looking for lower weights. The disarray in the free weight area has also been a point of contention, with members frequently needing to reorganize weights that are left scattered around.

## **Final Thoughts**

In summary, LA Fitness in Alexandria is a facility that holds potential but faces numerous challenges regarding upkeep and member satisfaction. With its \*\*swimming pool\*\*, various fitness classes, and decent equipment selection, it does provide opportunities for a fulfilling workout. However, management must address the ongoing issues related to equipment maintenance and cleanliness

to meet the expectations of dedicated members. If you're serious about joining a gym, assess your priorities carefully, as this location offers both advantages and drawbacks that should align with your personal fitness journey.

### **Our location is in**

6200 Little River Turnpike, 22312 Alexandria, Virginia - United States (US)

The contact phone of the mentioned **Gym** is +1703-637-2204

And if you want to send a WhatsApp, you can do so at +1703-637-2204

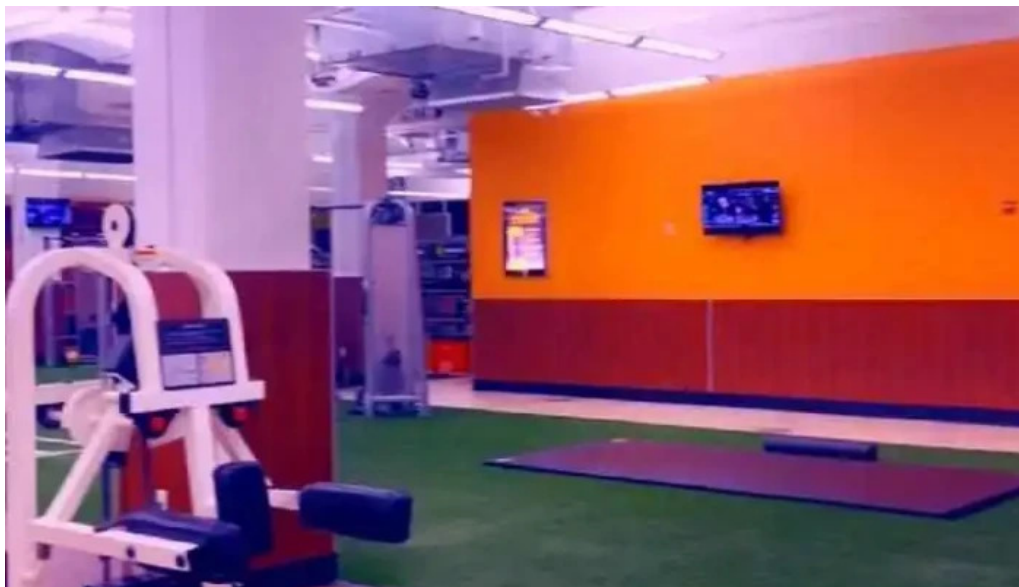
### **Our service hours are:**

Day	Hours
Monday	8?AM–8?PM
Tuesday	5?AM–11?PM
Wednesday	5?AM–11?PM
Thursday	5?AM–11?PM
Friday	5?AM–11?PM
Saturday	5?AM–10?PM
Sunday	8?AM–8?PM

The website is LA Fitness

If you need to modify any information that you feel is not precise regarding this portal, we urge you to forward a message so that we will handle it at the earliest convenience. With anticipation thanks.

## **Images**



*La fitness videos*



*La fitness street view 360deg*



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*La fitness prices*





*La fitness phone*



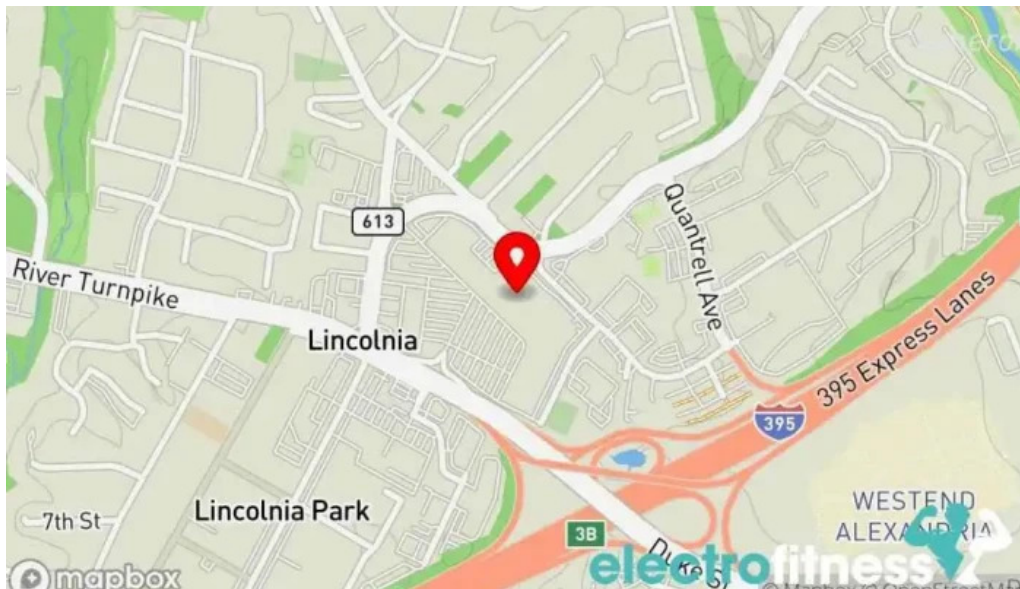
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## Tags

*Wheelchair-accessible car park, Shower, Wi-Fi, Atmosphere, Swimming pool, Accessibility, Membership required, Amenities, Planning, Wheelchair-accessible entrance*

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community college
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dance company
dance school
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fitness
fitness center
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fountain
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golf club
golf course
golf instructor
grocery store
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