

## barre3 - Allentown

allentown

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### Discover Barre3 Allentown: A Community-Centric Fitness Studio

Barre3 Allentown is not just a fitness studio; it's a welcoming community that recognizes and celebrates diversity. Located in the heart of Pennsylvania, this **women-owned** establishment offers a variety of classes designed for everyone, making it accessible and inclusive.

### Accessibility Features

The studio prioritizes accessibility with features such as a **wheelchair-accessible entrance** and a **wheelchair-accessible car park**. This ensures that everyone can enjoy the invigorating workouts without any barriers. The facility also boasts **gender-neutral toilets**, enhancing comfort for all clients, including those from the LGBTQ+ community. It truly identifies as a **transgender safe space**, fostering an environment where everyone can feel safe and supported.

## **A Thriving Community**

Clients rave about the uplifting atmosphere at Barre3 Allentown. Many have shared how the instructors are not only knowledgeable but also incredibly supportive. “Everyone is super friendly,” said one enthusiastic member. “They have created a wonderful community!” This sense of belonging is pivotal, as clients report feeling recognized and valued each time they visit, with instructors going out of their way to remember names and build connections.

## **A Range of Amenities**

The studio is equipped with thoughtful **amenities** to enhance the overall experience. From clean facilities to a designated **play lounge** for moms, Barre3 goes above and beyond to accommodate the needs of its clients. The diverse range of classes, including signature, strength, and flow, keeps the workouts engaging and challenging, making it perfect for all ages and fitness levels.

## **Online Class Options**

Understanding the need for flexibility, Barre3 Allentown offers **online classes**. This makes it easier for clients to fit workouts into their busy schedules, allowing them to participate from the comfort of their homes or while traveling. The lively feedback from participants highlights the effectiveness of both in-studio and online sessions, ensuring that no member feels excluded.

## **Why Choose Barre3 Allentown?**

Barre3 Allentown isn't just about physical fitness; it focuses on holistic wellness. Clients express how each workout helps them improve their strength, flexibility, and endurance while also enhancing mental well-being. “It's more than exercise; it's a place to grow stronger at your own pace without judgment,” remarked a long-term member.

## **Join the Barre3 Family**

If you're seeking a supportive environment that encourages personal growth

through fitness, look no further than Barre3 Allentown. A vibrant community awaits, ready to welcome you into a space filled with positivity and encouragement. Experience the unique blend of fitness and friendship that has made Barre3 a beloved choice among locals.

Whether you're a seasoned athlete or just starting your fitness journey, Barre3 Allentown is the perfect place to redefine your workout experience and join a family dedicated to uplifting one another!

### **We are found at**

3900 Hamilton Blvd, 18103 Allentown, Pennsylvania - United States (US)

The phone of the respective **Gym** is +1610-841-8200

And if you want to send a WhatsApp, you can do so at +1610-841-8200

### **We open at the following schedule:**

Day	Hours
Monday	6?AM–1?PM 4:30–7?PM
Tuesday	6?AM–1?PM 3:30–5:30?PM
Wednesday	7:30?AM–12:30?PM
Thursday	8–11:15?AM
Friday	6?AM–1?PM 4:30–7?PM
Saturday	6?AM–1?PM 4:30–7:30?PM
Sunday	6?AM–1?PM 4:30–7?PM

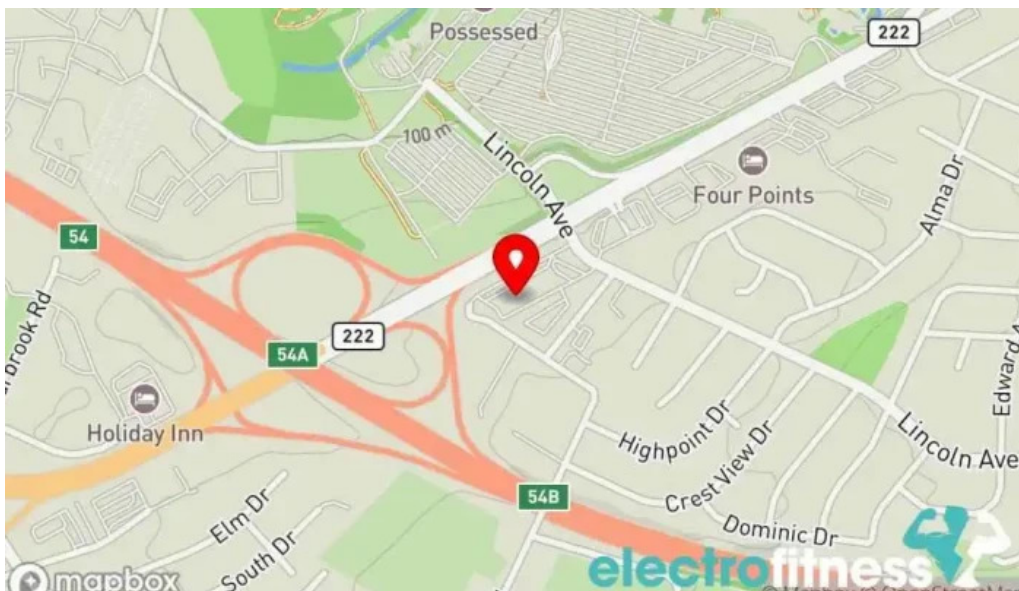
The website is barre3

If you need to update any data that you believe is not correct about this site, we urge you to deliver a message so that we will adjust it promptly. Thank you in advance thanks.

## **Images**



*Barre3 street view 360deg*



*Barre3 map*



*Barre3 gym*



*Barre3 by owner*





*Barre3 allentown*



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## Tags

*Online classes, From the business, Transgender safe space, Wheelchair-accessible entrance, On-site services, LGBTQ+ friendly, Amenities, Toilet, Identifies as women-owned, Accessibility, Service options, Wheelchair-accessible car park, Crowd, Gender-neutral toilets*

## Related content

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5.0 *	<i>Let's Get Waisted Body Contouring Spa - Alamo</i>

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academic department
acupuncture clinic
after school program
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athletic club
auditorium
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basketball court
batting cage center
body shaping class
boot camp
boxing club
boxing gym
boxing ring
children's party service
chiropractor
church
club

coffee shop
college
community center
convenience store
corporate office
counselor
country club
coworking space
cultural center
dance company
dance school
day spa
disability services and support organization
disc golf course
dollar store
educational institution
elementary school
exercise equipment store
facial spa
firearms academy
fitness
fitness center
fitness equipment wholesaler
food producer
foot care
gated community
golf club
golf course
golf instructor
grocery store
gym
gymnasium school
gymnastics center
gymnastics club
hair salon
health consultant
health food restaurant
health food store
health spa
hiking area
hospital
hotel



indoor cycling
jujitsu school
karate club
karate school
kenel
kickboxing school
kinesiologist
kinesiotherapist
martial arts club
martial arts school
massage spa
massage therapist
medical group
medical spa
meditation center
metaphysical supply store
muay thai boxing gym
non-profit organization
nutritionist
outdoor sports store
park
parking lot
parkour spot
personal trainer
pharmacy
physical fitness program
physical therapist
physical therapy clinic
pickleball court
pilates studio
private golf course
psychotherapist
public educational institution
public swimming pool
recreation center
rehabilitation center
resort hotel
rock climbing
rock climbing gym
rv park
sauna
school

school district office
self defense school
senior citizen center
shooting range
shopping mall
soccer club
social club
software company
spa
spa and health club
sporting goods store
sports club
sports complex
sports massage therapist
sports medicine clinic
sports nutrition store
sports school
summer camp organizer
supermarket
swimming facility
swimming instructor
swimming pool
swimming school
taekwondo school
tanning salon
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training centre
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weight loss service
weightlifting area
wellness center
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yoga instructor
yoga studio
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