

Life Time - Alpharetta

alpharetta

☐ I'm not a robot
 

Published on: 17/05/25	Hits: 4360
Comments: 0	See comments
Votes: 436	Score: 3.6

https://www.electrofitness.com/gym/alpharetta/life-time-alpharetta_307693.php



alpharetta

Life Time - Alpharetta

Life Time Gym in Alpharetta, Georgia: A Comprehensive Overview

Life Time Gym in Alpharetta is often described as a luxurious fitness facility, boasting various amenities that cater to both fitness enthusiasts and families alike. However, the gym's reputation is mixed based on user experiences. Below is an analysis of the gym's offerings and atmosphere.

Amenities Overview

Life Time Gym offers a plethora of **amenities**, including:

Sauna: A relaxing space for post-workout recovery. **Swimming Pool:** Both indoor and outdoor pools available for members. **Basketball Court:** Two full courts for basketball lovers. **Child Care:** Supervised **child care** services allow parents to work out worry-free.

Accessibility Features

The gym is equipped with various **accessibility** features, such as:

Wheelchair-accessible entrance: Ensuring ease of access for all members.

Wheelchair-accessible seating: Comfortable options throughout the facility.

Wheelchair-accessible car park: Convenient parking solutions for those with mobility challenges.

Service Options and Cleanliness

Members have noted the quality of service can vary significantly:

Some staff members have been praised for their friendliness, while others have been reported as unhelpful or dismissive. Cleanliness has become a concern, particularly in locker rooms and shower areas. Instances of inadequate maintenance have led to complaints about overall hygiene standards.

Online Classes and Planning

For those preferring a flexible schedule, Life Time also offers **online classes**, making it easy to integrate fitness into busy lifestyles. Planning your workouts around class schedules is a breeze given the variety provided.

Family-Friendly Atmosphere

The atmosphere at Life Time Gym is largely family-friendly, with robust **outdoor services** available during warmer months. However, some members have expressed concerns regarding unsupervised children and noise levels, which can detract from the overall experience.

Conclusion

In summary, Life Time Gym in Alpharetta, Georgia, presents a range of **offerings** that cater to diverse fitness needs, but user experiences reflect some challenges. While many appreciate the wide array of facilities and classes, the rising membership costs and concerns over cleanliness suggest potential improvements are needed to match the premium pricing.

Our address is

855 North Point Pkwy, 30005 Alpharetta, Georgia - United States (US)

The contact line of this **Gym** is +1770-664-9696

And if you want to send a WhatsApp, you can do so at +1770-664-9696

We open at the following schedule:

Day	Hours
Monday	6?AM–11?PM
Tuesday	6?AM–11?PM
Wednesday	4?AM–12?AM
Thursday	4?AM–12?AM
Friday	4?AM–12?AM
Saturday	4?AM–12?AM
Sunday	4?AM–12?AM

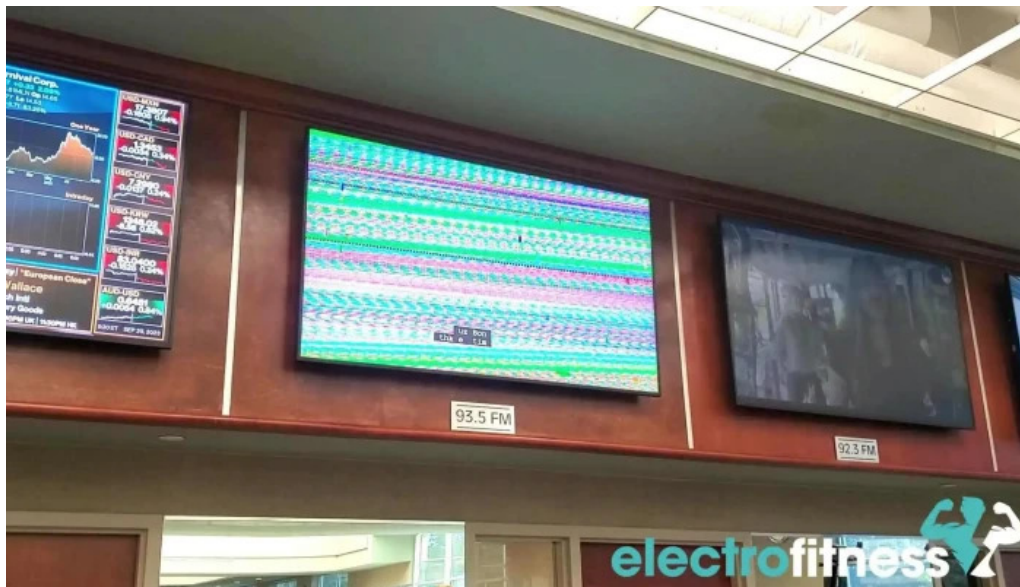
The website is Life Time

In case you want to modify any element that you think is not precise concerning this page, we urge you to deliver a message so that we will adjust it at the earliest convenience. With anticipation we appreciate it.

Images



Life time website



Life time videos



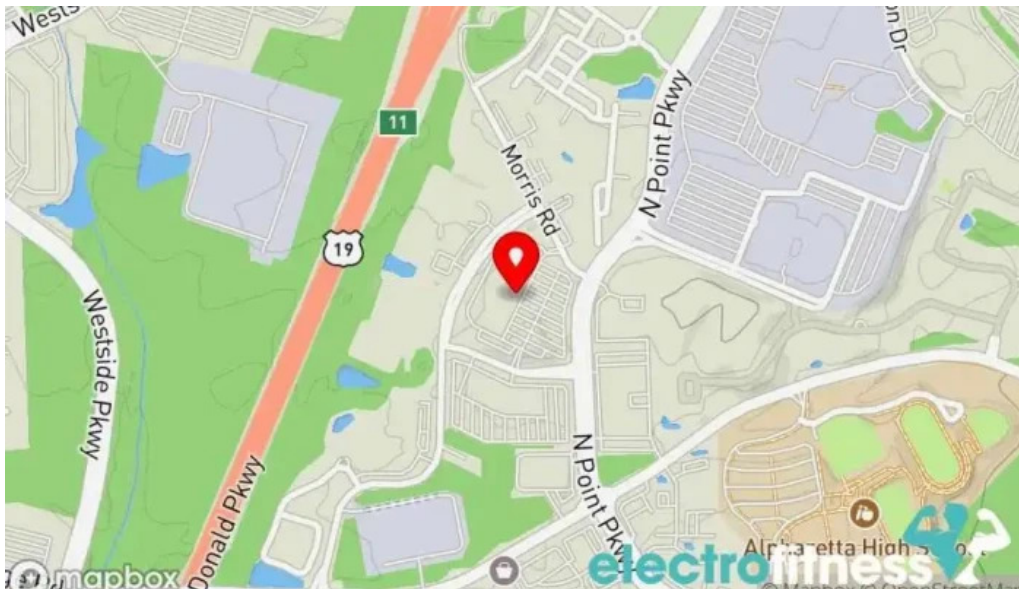
Life time street view 360deg



Life time reviews



Life time photos



Life time map



Life time instagram



Life time how to get there



Life time gym



Life time by owner



Life time alpharetta



Life time all



Life time address

Tags

Swimming pool, Accessibility, Service options, Online classes, Sauna, Wheelchair-accessible car park, Atmosphere, Child care, Offerings, Outdoor services, Membership required, Wheelchair-accessible seating, On-site services, Basketball court, Wheelchair-accessible entrance, Planning, Shower, Amenities

Related content

3.7 * *Life Time - Framingham*

3.9 * *Life Time - Gaithersburg*

4.0 * *Life Time - Broomfield*

3.9 *	<i>Life Time - Westminster</i>
3.8 *	<i>Life Time - Dallas</i>
4.2 *	<i>Life Time - Tempe</i>
3.0 *	<i>Life Time - Walnut Creek</i>
3.9 *	<i>Life Time - Centennial</i>
3.6 *	<i>Life Time - Laguna Niguel</i>
4.5 *	<i>Gym Time - Alabaster</i>

Categories

academic department
acupuncture clinic
after school program
amusement center
amusement park ride
animal feed store
apartment building
apartment complex
aquatic centre
arena
art gallery
association / organization
athletic club
auditorium
bar
basketball club
basketball court
batting cage center
body shaping class
boot camp
boxing club
boxing gym
boxing ring
children's party service
chiropractor
church
club

coffee shop
college
community center
convenience store
corporate office
counselor
country club
coworking space
cultural center
dance club
dance company
dance school
day spa
disability services and support organization
disc golf course
dollar store
educational institution
elementary school
exercise equipment store
facial spa
firearms academy
fitness
fitness center
fitness equipment wholesaler
food producer
foot care
gated community
golf club
golf course
golf instructor
grocery store
gym
gymnasium school
gymnastics center
gymnastics club
hair salon
health consultant
health food restaurant
health food store
health spa
hiking area
hospital

hotel
indoor cycling
jujitsu school
karate club
karate school
kennel
kickboxing school
kinesiologist
kinesiotherapist
martial arts club
martial arts school
massage spa
massage therapist
medical group
medical spa
meditation center
metaphysical supply store
muay thai boxing gym
non-profit organization
nutritionist
outdoor sports store
outdoor swimming pool
park
parking lot
parkour spot
personal trainer
pharmacy
physical fitness program
physical therapist
physical therapy clinic
pickleball court
pilates studio
private golf course
psychotherapist
public educational institution
public swimming pool
recreation center
rehabilitation center
resort hotel
rock climbing
rock climbing gym
rv park

sauna
school
school district office
self defense school
senior citizen center
shooting range
shopping mall
soccer club
social club
software company
spa
spa and health club
sporting goods store
sports club
sports complex
sports massage therapist
sports medicine clinic
sports nutrition store
sports school
summer camp organizer
supermarket
swimming facility
swimming instructor
swimming pool
swimming school
taekwondo school
tanning salon
tennis club
thrift store
training centre
vitamin & supplements store
water park
weight loss service
weightlifting area
wellness center
wellness program
women's organization
women's personal trainer
wrestling school
yoga instructor
yoga studio
youth center

youth organization