

Orangetheory Fitness - Anchorage

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Orangetheory Fitness - Anchorage

Discover Orangetheory Fitness in Anchorage, Alaska

Orangetheory Fitness in South Anchorage is not just another gym; it's an experience that combines high-energy workouts with a welcoming atmosphere. From the moment you step into this studio, you are embraced by friendly staff who know your name and motivate you to push your limits.

A Welcoming Environment

This fitness facility is designed with ****accessibility**** in mind. With a ****wheelchair-accessible entrance****, guests can easily navigate the space.

Additionally, you will find a **wheelchair-accessible car park** and a **wheelchair-accessible toilet**, ensuring that everyone feels comfortable and included.

Top-Notch Amenities

Although some reviews mention the need for improvement in **amenities**, many appreciate the modern design of the space and the presence of necessary facilities like showers and toilets. After a grueling workout, you can freshen up in the two available showers, although some have noted that additional shower facilities would enhance the post-workout experience.

The Unique Atmosphere

The heart of Orangetheory lies in its unique atmosphere. Numerous members report feeling immediately welcomed and energized as soon as they enter. Users appreciate the fun environment created by enthusiastic coaches and upbeat music, making each **workout** enjoyable and engaging. Coach Nafisa, praised for her motivating energy and attention to detail, embodies the supportive culture that defines this gym.

Membership and Classes

As a **membership required** facility, OTF offers various packages to cater to different fitness needs. Members can expect dynamic classes that change daily, ensuring no two workouts ever feel the same. Clients rave about the variety—whether it's tackling treadmills or rowers—there's something for everyone. Even those who were initially intimidated found themselves thriving, thanks to the supportive staff and vibrant community.

An Accountability Factor

A standout feature of Orangetheory is the use of heart rate monitors during workouts. This not only keeps attendees accountable but also creates a friendly sense of competition among participants. Many members report significant improvements in their cardiovascular fitness, highlighting how effective the program is at encouraging personal growth.

A Community Like No Other

More than just a gym, Orangetheory Fitness fosters a community. Members often form friendships that extend beyond workouts. Many testimonials speak highly of the bond created within the classes and the camaraderie that makes every sweat session memorable.

Final Thoughts

Whether you're looking to break a sweat or find motivation, Orangetheory Fitness in South Anchorage, Alaska, is the place to be. With its focus on **accessibility**, energetic atmosphere, and exceptional coaching, it's no

surprise that members regularly rave about their experiences. If you're interested in trying a new workout routine, this gym offers the perfect blend of challenge and support. Don't wait any longer; join the fun and see the transformation for yourself!

We are based in

345 W 104th Ave, 99515 Anchorage, Alaska - United States (US)

The phone number of the mentioned **Gym** is +1907-519-0077

And if you want to send a WhatsApp, you can do so at +1907-519-0077

You can visit us at the following hours:

Day Hours
Monday

7:45–11:30?AM

Tuesday

4:45?AM–7?PM

Wednesday

4:45–11?AM 1–8?PM

Thursday

4:45?AM–7?PM

Friday

4:45–11?AM 1:30–8?PM

Saturday

4:45?AM–7:45?PM

Sunday

6:45?AM–12:15?PM

The website is Orangetheory Fitness

In case you want to alter any element that you feel is not correct about this web, we ask deliver a message and we will fix it at the earliest convenience. In advance thanks for your cooperation.

Images



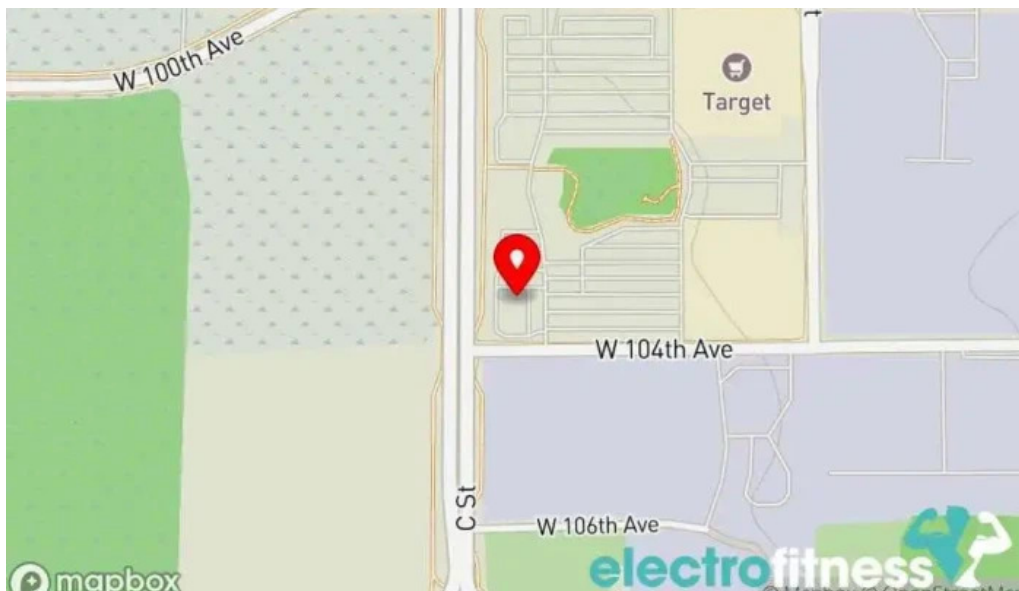
Orangetheory fitness street view 360deg



Orangetheory fitness score



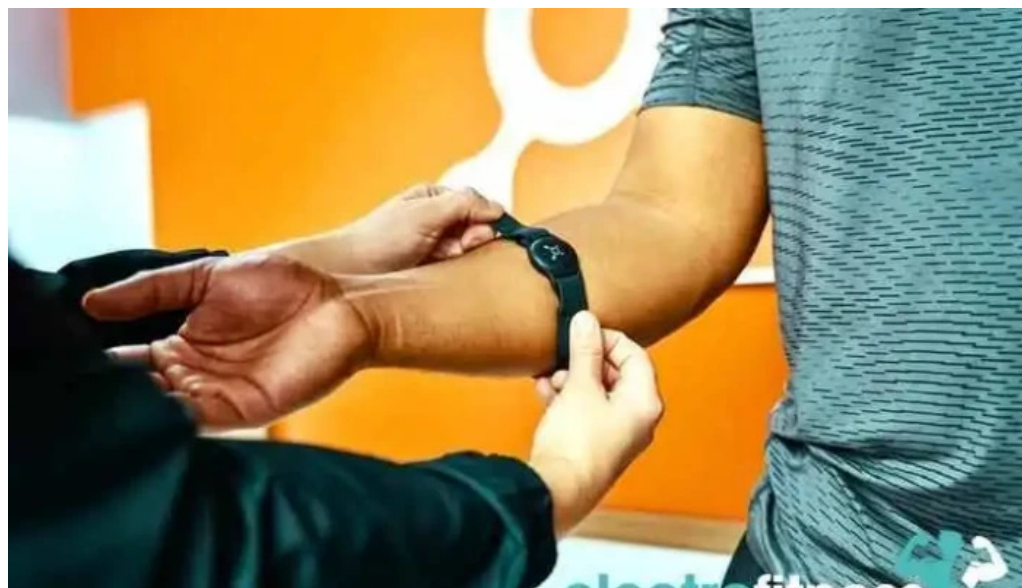
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Orangetheory fitness map



Orangetheory fitness gym





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Tags

Toilet, Wheelchair-accessible entrance, Amenities, Wheelchair-accessible toilet, Swimming pool, Shower, Membership required, Planning, Accessibility, Atmosphere, Wheelchair-accessible car park

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