

Redox CrossFit - Anchorage

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Redox CrossFit - Anchorage

Redox CrossFit: Your Premier Fitness Destination in Anchorage, Alaska

Redox CrossFit stands out as a fantastic gym option for both locals and visitors in Anchorage. With a commitment to quality and community, this fitness center is designed to cater to a wide range of workout needs.

Amenities That Enhance Your Experience

Redox CrossFit provides ****top-notch amenities**** that include a ****spacious facility****, advanced equipment, and an inviting, clean atmosphere. Members have access to ****wheelchair-accessible entrances**** and ****toilets****, ensuring

that everyone can enjoy the workout environment. Additionally, the presence of **gender-neutral toilets** reflects the inclusive nature of Redox, making it an **LGBTQ+ friendly** space.

Membership Required: The Path to Fitness

To join this vibrant community, a **membership is required**. Newcomers can begin their journey with a two-step free introduction, allowing them to familiarize themselves with the gym's unique philosophy and expectations. This thoughtful planning ensures that every member feels welcomed and secure in their fitness journey.

Personalized On-Site Services

Coaches at Redox are known for their dedication to providing personalized attention during workouts. They emphasize proper technique, offering modifications when necessary to prevent injuries and enhance performance. The **on-site services** cater to all levels of fitness, encouraging members to push their limits safely.

Online Classes for Added Flexibility

In addition to physical classes, Redox offers **online classes** that allow members to stay engaged with their fitness routine from home. This flexibility is especially beneficial for those who may have scheduling conflicts or prefer to work out remotely.

Accessibility Features

Redox CrossFit prioritizes **accessibility** with features like a **wheelchair-accessible car park** and facilities that accommodate individuals of all mobility levels. The gym's commitment to creating an inclusive space ensures that everyone has the opportunity to pursue their fitness goals.

A Welcoming Community

The sense of community at Redox is palpable. Reviewers consistently highlight the friendly atmosphere, where members of all ages and backgrounds come together. From the coaching staff to fellow gym-goers, everyone is encouraged to support each other, fostering a **no-judgement environment** that makes working out enjoyable.

Why Choose Redox CrossFit?

From the moment you step into Redox CrossFit, you'll be greeted by knowledgeable coaches who are passionate about helping you succeed. Whether you're a beginner or a seasoned athlete, the programming is designed to challenge you while emphasizing form and safety. With an amazing mascot named Murph, the gym not only focuses on fitness but also on building lasting relationships within its community.

Final Thoughts

If you find yourself in Anchorage, don't miss the chance to experience Redox CrossFit. With its spacious and well-equipped facility, dedicated coaching staff, and welcoming atmosphere, it's truly a fitness hub worth visiting. Join the community today and take your first steps toward achieving your fitness goals in a fun and supportive environment!

The location of our premises is

1530 E 59th Ave, 99507 Anchorage, Alaska - United States (US)

The contact line of this **Gym** is +1360-369-3161

And if you want to send a WhatsApp, you can do so at +1360-369-3161

Visit us during the following hours:

Day Hours
Monday

Closed

Tuesday

5:30–7:30?AM 9:30–10:30?AM 5–7?PM

Wednesday

5:30–10:30?AM 3:30–7?PM

Thursday

5:30–7:30?AM 9:30–10:30?AM 5–7?PM

Friday

5:30–10:30?AM 3:30–7?PM

Saturday

5:30–10:30?AM 4–7?PM

Sunday

7:30–10:30?AM

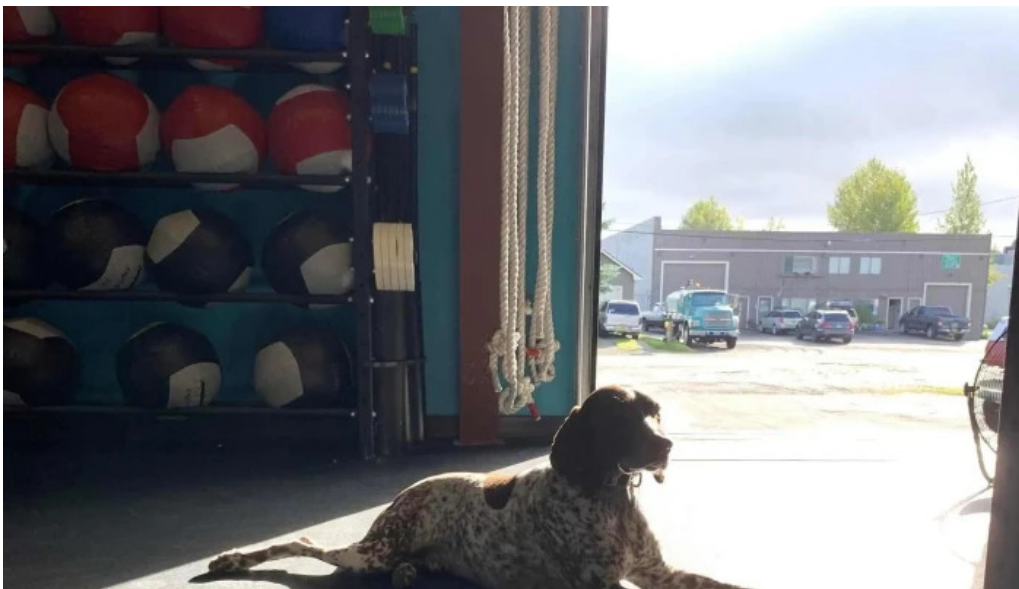
The website is Redox CrossFit

If you require to adjust any information that you consider is not correct about this page, we urge you to deliver a message so that we will correct it quickly. With anticipation thanks for your cooperation.

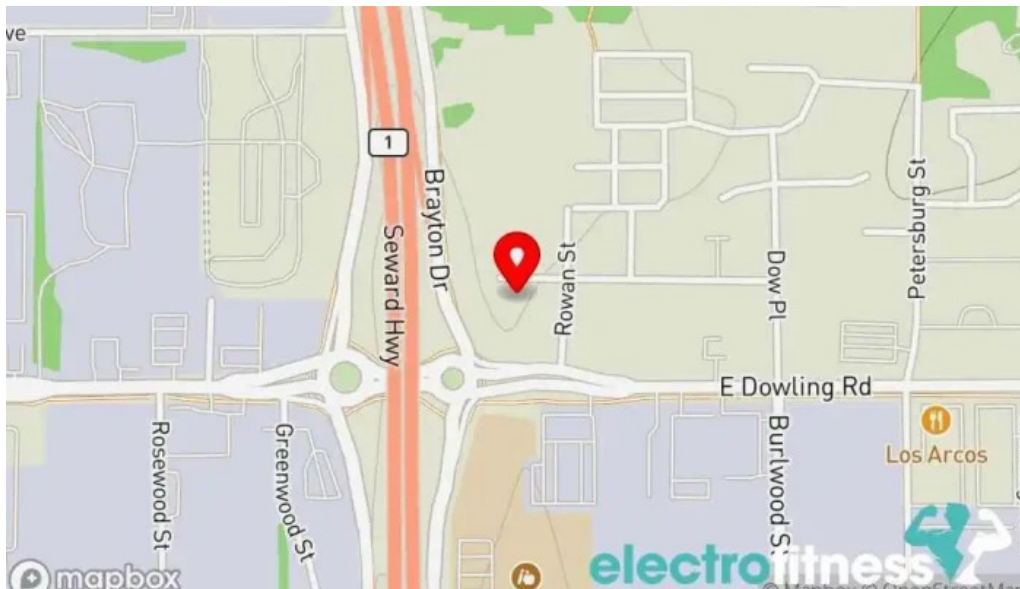
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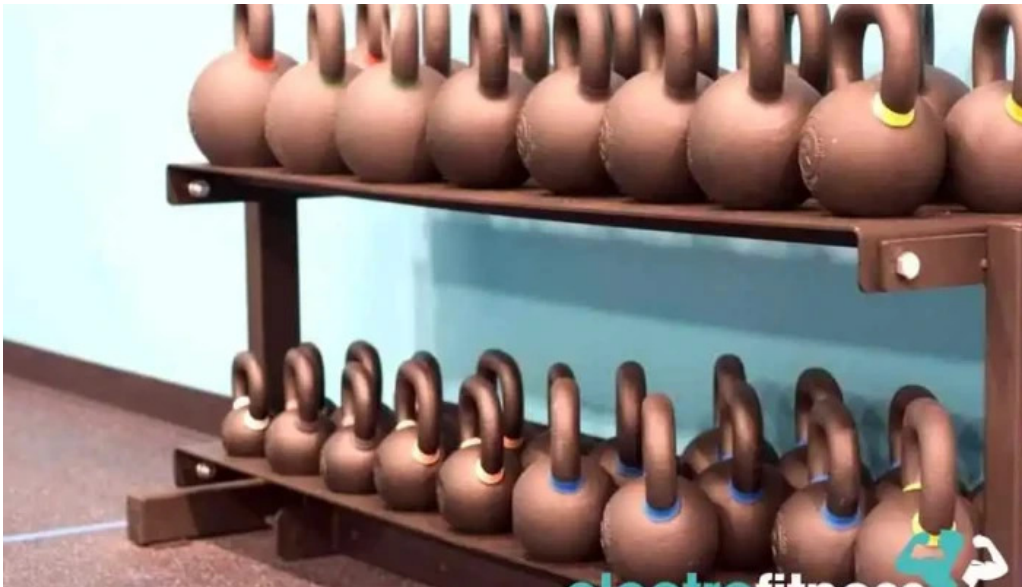
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Tags

Planning, Wheelchair-accessible car park, Service options, Amenities, Wheelchair-accessible entrance, From the business, Wheelchair-accessible toilet, Online classes, Toilet, Accessibility, Membership required, Gender-neutral toilets, On-site services, Identifies as women-owned, LGBTQ+ friendly, Appointment required, Crowd

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