

The Compound - Andrews

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The Compound - Andrews

Welcome to The Compound Gym in Andrews, North Carolina

If you're searching for a ****top-notch gym**** in Andrews, look no further than ****The Compound****. This fitness center stands out not only for its variety of equipment and reasonable prices but also for its commitment to accessibility and community.

Accessibility Features

One of the standout aspects of The Compound is its ****wheelchair-accessible car park****. This feature ensures that everyone, regardless of physical

limitations, can easily access the gym facilities. The accommodating layout makes it a welcoming place for all visitors, promoting inclusivity in fitness.

Membership Options

At The Compound, a ****membership is required****, but the good news is that there are several plans available. Whether you prefer to drop in for a day or commit for the month, options are designed to meet various needs. Many visitors have praised the fair pricing structure, making it accessible for both locals and travelers alike.

Planning Your Visit

When planning your visit to The Compound, you'll find an expansive range of equipment to suit every workout style. From cardio machines like bikes and stair climbers to a full compliment of weight equipment, this gym has it all. The cleanliness of the facility is frequently noted by members, ensuring a pleasant workout environment.

Community and Support

Community spirit thrives at The Compound. Owner ****James Ellis**** is often mentioned by visitors as being friendly and welcoming. His dedication to providing personalized health and workout advice creates an atmosphere that encourages fitness and well-being. James also supports local initiatives, fostering a strong bond between the gym and the community.

A Perfect Fit for Everyone

No matter your fitness level or age, The Compound is designed to cater to all. Regulars of all ages appreciate the variety of machines available, while those with physical limitations have found the equipment accommodating. The gym even offers a small climbing wall to challenge those looking for a bit of fun in their workout routine.

Conclusion

In conclusion, The Compound in Andrews, North Carolina, is more than just a gym; it's a community hub that values accessibility, ample equipment, and friendly service. Whether you're a local resident or just passing through, this gym promises a fulfilling workout experience. Don't hesitate to stop by and join a community dedicated to health and fitness!

We are located at

41 Wilson St, 28901 Andrews, North Carolina - United States (US)

The phone number of this **Gym** is +1757-289-5231

And if you want to send a WhatsApp, you can do so at +1757-289-5231

We are available at these times:

Day Hours
Monday
6?AM–8?PM
Tuesday
6?AM–8?PM
Wednesday
6?AM–8?PM
Thursday
8?AM–3?PM
Friday
1–3?PM
Saturday
6?AM–8?PM
Sunday
6?AM–8?PM

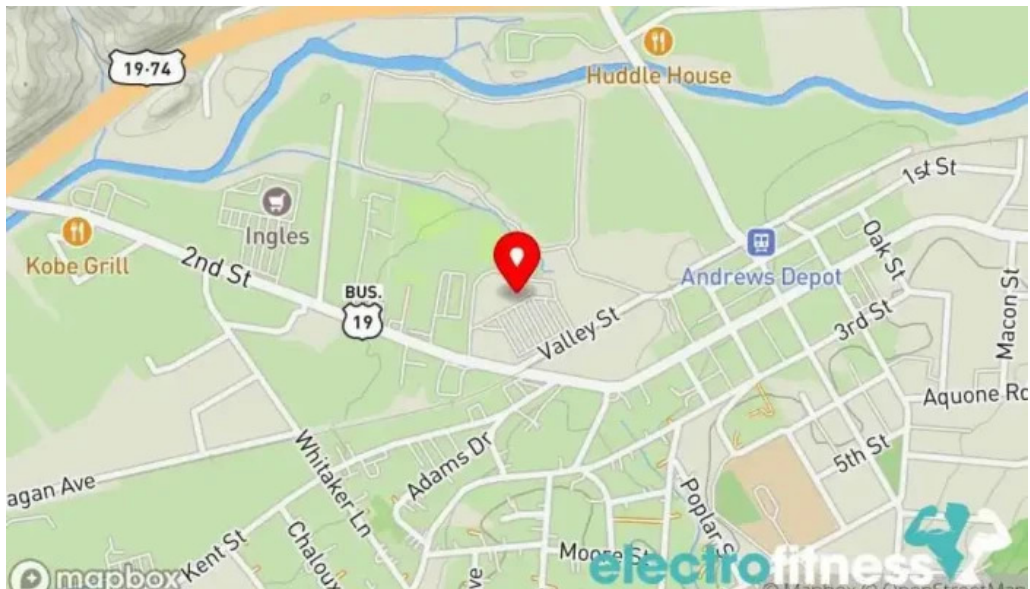
The website is [The Compound](#)

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Images



The compound street view 360deg



The compound map



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Tags

Accessibility, Membership required, Wheelchair-accessible car park, Planning

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