

Legacy Fitness - Ankeny

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Legacy Fitness - Ankeny

Discover Legacy Fitness: Your Premier Gym in Ankeny, Iowa

If you're looking for a gym that embodies community, care, and comprehensive fitness offerings, look no further than **Legacy Fitness** in Ankeny, Iowa. This gym stands out not only for its state-of-the-art facilities but also for its commitment to providing a welcoming environment for all members, including those requiring specialized services.

Accessibility for Everyone

Legacy Fitness prioritizes accessibility with features such as a **wheelchair-accessible entrance** and a **wheelchair-accessible car park**. This ensures that everyone, regardless of physical abilities, can enjoy the gym's vast amenities.

Online Classes and Amenities

In addition to traditional gym offerings, Legacy Fitness provides **online classes** to cater to the diverse needs of its members. Whether you prefer working out at home or want to complement your in-gym sessions, these classes offer flexibility without compromising quality.

Facilities include a large swimming pool, sauna, and complete cardio rooms, alongside ample machines and free weights. Members have access to clean facilities with added perks like free towels, coffee, and a café stocked with energy drinks and protein bars—though some have suggested adding vegan options for inclusivity.

Planning Your Fitness Journey

At Legacy Fitness, **planning** your fitness journey is made easy with on-site services and personal trainers available to guide you every step of the way. Staff members like Al and Chris are known for their personalized interactions, greeting members by name and fostering a sense of belonging within the community.

Child Care and Family-Friendly Options

This gym understands the needs of families, offering excellent **child care** services that ensure peace of mind for parents while they work out. The family swim time has become a favorite among members, making it a great place for kids and adults alike.

A Community-Oriented Environment

Many members rave about the friendly atmosphere at Legacy Fitness, emphasizing how staff and fellow gym-goers make everyone feel like family. Regulars appreciate being welcomed by name and building long-lasting friendships within this supportive community.

Facility Maintenance and Cleanliness

Cleanliness is a priority at Legacy Fitness, with ongoing efforts to maintain a pristine environment. Members have noted the availability of cleaning supplies

for equipment and the overall tidy appearance of the gym. However, there is an ongoing discussion about improving cleanliness standards in locker rooms and saunas, which management is committed to addressing.

Membership and Service Options

While a **membership is required** to access the gym's full offerings, many find that the value provided justifies the cost. The month-to-month membership plans offer great flexibility for those who appreciate convenience and commitment without long-term contracts.

Conclusion

Legacy Fitness is more than just a gym; it's a community hub where individuals of all ages and abilities can come together to achieve their health and wellness goals. With a plethora of **amenities**, professional staff, and an inclusive atmosphere, it stands as a beacon of fitness in Ankeny, Iowa.

Join Legacy Fitness today and experience firsthand why so many members consider it their fitness home—a place full of opportunities for growth, support, and personal achievement!

We are found at

1450 SW Vintage Pkwy #100, 50023 Ankeny, Iowa - United States (US)

The phone of the mentioned **Gym** is +1515-289-9110

And if you want to send a WhatsApp, you can do so at +1515-289-9110

We look forward to seeing you at:

Day	Hours
Monday	7?AM–5?PM
Tuesday	8?AM–5?PM
Wednesday	4:30?AM–10?PM
Thursday	4:30?AM–10?PM
Friday	4:30?AM–10?PM
Saturday	

4:30?AM–10?PM

Sunday

4:30?AM–8?PM

The website is Legacy Fitness

If you require to update any data that you consider is not precise concerning this web, we urge you to send us a message so that we will adjust it at the earliest convenience. Thanks beforehand thanks.

Images



Legacy fitness street view 360deg



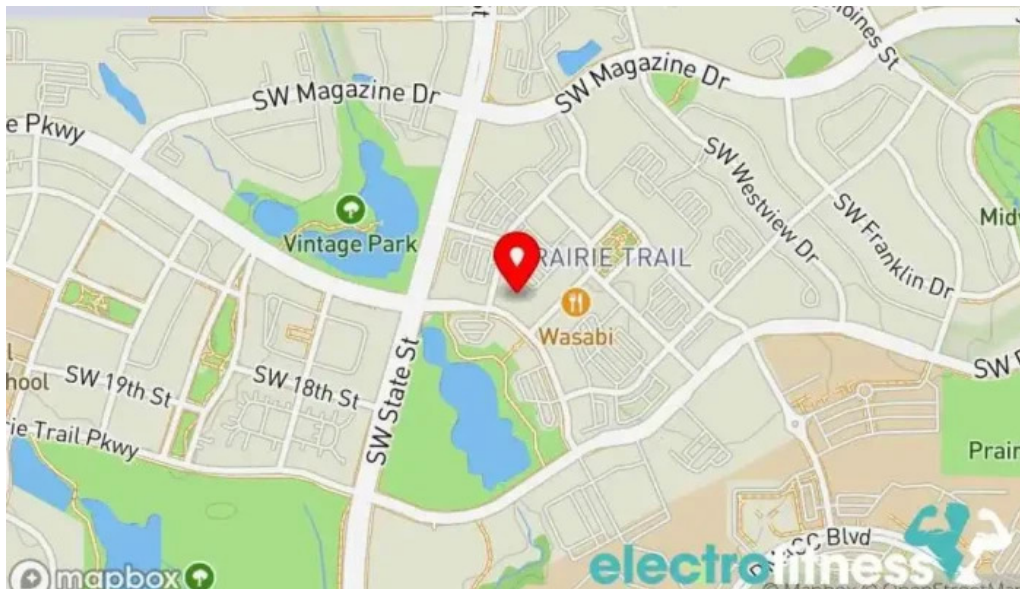
Legacy fitness score



Legacy fitness photos



Legacy fitness open now



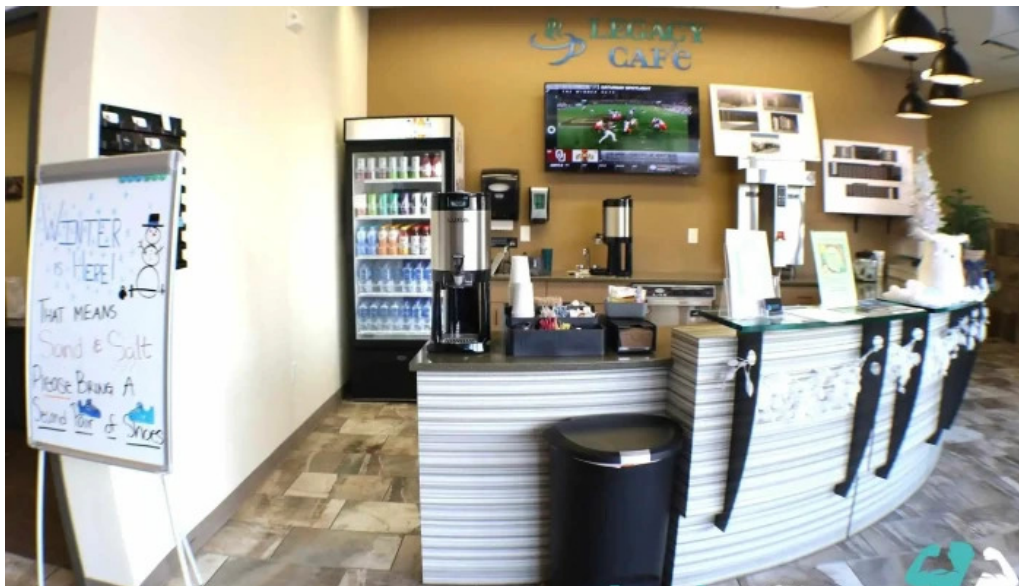
Legacy fitness map



Legacy fitness gym



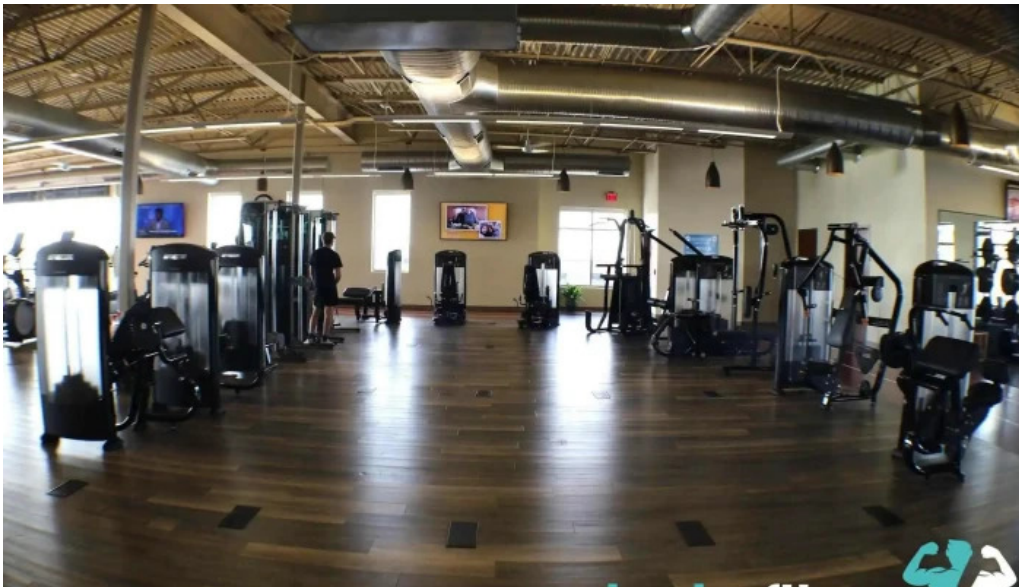
Legacy fitness catalog



Legacy fitness by owner



Legacy fitness ankeny



Legacy fitness all

Tags

Amenities, Membership required, Wi-Fi, Service options, Wheelchair-accessible car park, Child care, Swimming pool, Accessibility, Planning, Sauna, Offerings, Wheelchair-accessible entrance, On-site services, Online classes

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fitness equipment wholesaler
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taekwondo school
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