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### Ninja U Obstacle Training Gym - Ankeny

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# ankeny

# Ninja U Obstacle Training Gym - Ankeny

# Ninja U Obstacle Training Gym: A Premier Destination in Ankeny, Iowa

Ninja U Obstacle Training Gym stands out as a premier spot for aspiring ninjas and families alike. Located conveniently in Ankeny, Iowa, this gym offers a plethora of features that cater to various needs, ensuring a memorable experience for everyone who steps through its doors.

#### **On-Site Services and Amenities**

At Ninja U, patrons can enjoy a range of \*\*on-site services\*\* designed to enhance their experience. From a \*\*clean and well-maintained facility\*\* to

friendly and knowledgeable staff, every detail is tailored to ensure comfort and safety. Additionally, the gym boasts \*\*Wi-Fi access\*\*, allowing parents to stay connected while their kids navigate obstacles.

#### **Accessibility Features**

Ninja U is committed to inclusivity, featuring a \*\*wheelchair-accessible entrance\*\* and a \*\*wheelchair-accessible car park\*\*. The facility also includes \*\*gender-neutral toilets\*\*, promoting a welcoming environment for all visitors. These thoughtful features reflect the gym's dedication to accessibility, making it an excellent choice for families with diverse needs.

### A Unique Experience for Young Ninjas

While Ninja U is a fantastic place for kids passionate about the American Ninja Warrior lifestyle, it does present unique challenges for casual visitors. Reviews indicate that if your child isn't specifically interested in ninja training, the setup may not cater effectively to free play. Most obstacles are designed at heights suitable for adults, which may limit younger children's engagement. However, for those who embrace the challenge, the excitement is palpable. The gym features numerous stations allowing young ninjas to develop their skills, although the lack of continuous runs may deter those looking for a more traditional play structure. Nonetheless, many kids thrive in this environment, showcasing impressive skills as they jump, climb, and navigate their way through the courses.

### **Community Feel and Supportive Staff**

The atmosphere at Ninja U is marked by a sense of community. Regulars and staff members often build relationships that foster a supportive environment. Many parents have praised the staff for their attentiveness, particularly when supervising children during activities. Coaches go above and beyond, especially for neurodivergent children, ensuring each kid feels accepted and comfortable.

## Perfect for Birthdays and Special Events

Ninja U has proven to be an exceptional venue for birthday parties. Families have shared positive experiences regarding how much fun their children had celebrating there. The availability of a \*\*toilet\*\* facility and other amenities makes hosting events a breeze, though it's worth noting that storing cold treats can be a limitation due to minimal refrigeration options.

## **Overall Impression and Recommendations**

In summary, Ninja U Obstacle Training Gym is a vibrant destination for both training and family entertainment. With a variety of \*\*service options\*\* and an emphasis on \*\*accessibility\*\*, it caters to many needs while providing a fun and engaging environment for all ages. Although there may be some room for improvement in terms of obstacle configuration for younger children, the

overwhelming sentiment is one of enjoyment and satisfaction. If you're in Ankeny, Iowa, and looking for a place where kids can burn off energy, learn new skills, or celebrate special occasions, Ninja U should definitely be on your list!

#### Our location is in

1604 NW State St, 50023 Ankeny, Iowa - United States (US)

The phone number of the mentioned **Gym** is <u>+1515-525-6188</u> And if you want to send a WhatsApp, you can do so at+1515-525-6188

#### We are available at these times:

Day Hours
Monday

10?AM-7?PM
Tuesday
1-5?PM
Wednesday
1-7?PM
Thursday
1-6?PM
Friday
1-6?PM
Saturday
1-6?PM
Sunday
1-72PM

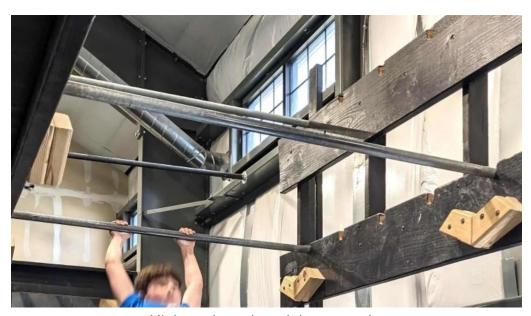
The website is Ninja U Obstacle Training Gym

In case you want to update any information that you feel is incorrect concerning this page, please send us a message so we can we will correct it at the earliest convenience. With anticipation thank you very much.

## **Images**



Ninja u obstacle training gym street view 360deg



Ninja u obstacle training gym photos



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Ninja u obstacle training gym number



Ninja u obstacle training gym map



Ninja u obstacle training gym gym



Ninja u obstacle training gym by owner



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# **Tags**

Accessibility, Toilet, Gender-neutral toilets, Wheelchair-accessible car park, On-site services, Wi-Fi, Amenities, Service options, Wheelchair-accessible entrance

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food producer	
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golf instructor	
grocery store	
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gymnasium school	
gymnastics center	
gymnastics club	
hair salon	
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health food restaurant	

health food store
health spa
hiking area
historical landmark
hospital
hotel
hypnotherapy service
ice skating rink
indoor cycling
indoor golf course
indoor lodging
jujitsu school
karate club
karate school
kennel
kickboxing school
kinesiologist
kinesiotherapist
martial arts club
martial arts school
massage spa
massage therapist
medical clinic
medical group
medical spa
meditation center
metaphysical supply store
muay thai boxing gym
non-profit organization
nutritionist
outdoor clothing and equipment shop
outdoor sports store
outdoor swimming pool
pain control clinic
park
•
parking lot
parkour spot
personal trainer
pharmacy physical fitness program
physical fitness program
physical therapist
physical therapy clinic

pickleball court
pilates studio
pregnancy care center
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psychotherapist
public educational institution
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recreation center
rehabilitation center
resort hotel
restaurant
rock climbing
rock climbing gym
rv park
sauna
school
school district office
self defense school
senior citizen center
shoe store
shooting range
shopping mall
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social club
software company
spa
spa and health club
specialized clinic
sporting goods store
sports club
sports complex
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sports medicine clinic
sports nutrition store
sports school
summer camp organizer
supermarket
swimming facility
swimming instructor
swimming pool
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swimming school
taekwondo school
tanning salon
tennis club
thrift store
trade school
training centre
truck stop
university
vitamin & supplements store
water park
weight loss service
weightlifting area
wellness center
wellness program
women's organization
women's personal trainer
wrestling school
yoga instructor
yoga studio
youth center
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