

Electro Fitness: Best Electro Fitness

Trina's Fit Chick Tribe - Anna

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Trina's Fit Chick Tribe - Anna

Welcome to Trina's Fit Chick Tribe

Located in Anna, Texas, **Trina's Fit Chick Tribe** is more than just a gym; it's a community where women can thrive together. Founded by Trina, a dedicated trainer and advocate for women's fitness, this facility has become a beacon of empowerment for ladies seeking a supportive environment.

Service Options Tailored for Women

At Trina's Fit Chick Tribe, you'll discover a variety of **service options** designed to accommodate every woman's fitness journey. From dynamic **online classes** that allow you to work out from the comfort of your home to invigorating **outdoor services** that let you connect with nature while exercising, there's something for everyone.

Accessibility for All

Understanding the importance of inclusivity, Trina's Fit Chick Tribe features a wheelchair-accessible entrance and a wheelchair-accessible car park. This commitment ensures that all women, regardless of their physical challenges, can participate and benefit from the programs offered.

A Welcoming Community

The testimonials from members reflect the strong community vibe that Trina has cultivated. Many women have expressed how joining this tribe since its inception has transformed their lives. As one member stated, "the community and sisterhood you gain is amazing!" This supportive atmosphere encourages women of all backgrounds—mothers, daughters, sisters, and grandmothers—to come together and motivate each other.

Expert Guidance and Support

Trina excels at providing personalized attention to her clients. Whether you are a novice or an experienced athlete, she skillfully modifies exercises to ensure that everyone can engage fully and safely. One long-time member shared, "Trina makes all of us feel like we can do anything," highlighting the genuine concern and motivation she provides.

Why Choose Trina's Fit Chick Tribe?

If you're looking for an inclusive environment where you can achieve your fitness goals, Trina's Fit Chick Tribe is the perfect fit. The workouts are never the same, offering fun and challenging routines that keep you engaged week after week. Members rave about their experiences, with one stating, "Fun, variety, challenging, and inclusive," emphasizing the rich diversity of workouts available.

Join Us Today!

For women seeking a transformative experience, Trina's Fit Chick Tribe stands out as the best women's fitness class and outdoor workout group in the area. Regardless of age or fitness level, everyone is welcome to join this empowering

community. Don't wait any longer—discover how fun it can be to achieve your fitness goals while forming lasting friendships. Come visit us in Anna, Texas, and be part of something special!

We are located at

1325 W White St #5007, 75409 Anna, Texas - United States (US)

The contact line of said **Gym** is <u>+1214-801-8630</u> And if you want to send a WhatsApp, you can do so at<u>+1214-801-8630</u>

Our opening hours are:

Day Hours
Closed
Tuesday
Closed
Wednesday
5-6?AM 8:45-9:45?AM 7-8?PM
Thursday
5-6?AM 8:45-9:45?AM 7-8?PM
Eriday
Closed
Saturday
5-6?AM 8:45-9:45?AM 7-8?PM
Sunday

The website is Trina's Fit Chick Tribe

Closed

If you require to update any element that you believe is not correct concerning this web, we kindly request deliver a message so we can we will fix it at the earliest convenience. Thanks beforehand thank you very much.

Images



Trinas fit chick tribe street view 360deg



Trinas fit chick tribe map



Trinas fit chick tribe by owner



Trinas fit chick tribe all



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Tags

Accessibility, Wheelchair-accessible entrance, From the business, Service options, Identifies as women-owned, Wheelchair-accessible car park, Online classes, Outdoor services

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kinesiotherapist
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martial arts school
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medical group
medical spa
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metaphysical supply store
muay thai boxing gym
non-profit organization
nutritionist
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outdoor sports store
outdoor swimming pool
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