

Electro Fitness: Best Electro Fitness

### **Evolutions by Coppermine - Annapolis**

annapolis



| Published on: 01/06/25 | Hits: 783    |
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https://www.electrofitness.com/gym/annapolis/evolutions-by-coppermine-annapolis\_365401.php



annapolis

# Evolutions by Coppermine - Annapolis

# Welcome to Gym Evolutions by Coppermine in Annapolis, Maryland

Gym Evolutions by Coppermine is a unique fitness center that stands out not just for its spacious environment, but also for its welcoming atmosphere and extensive on-site services. \*\*Membership required\*\* to access these services ensures that the community remains supportive and engaged.

# On-Site Services and Accessibility

One of the most commendable features of Gym Evolutions is its \*\*wheelchair-accessible car park\*\* and \*\*entrance\*\*, making it easy for

everyone to access the facilities. The gym prides itself on providing amenities such as \*\*Wi-Fi\*\*, saunas, and a well-organized exercise space filled with top-quality equipment.

### **A Community-Centric Approach**

This fitness center identifies as \*\*women-owned\*\*, enhancing the empowering environment that fosters growth and healing. Many members have shared their experiences, emphasizing how they feel cared for and supported by the knowledgeable staff. It's not just about working out; it's about evolving in mind, body, and spirit.

### **Variety of Offerings and Service Options**

The gym offers a wide variety of classes catering to all fitness levels. From yoga to Pilates, spin cycling to personal training, there is something for everyone. Members rave about the exceptional instructors like Pam and Joan who not only teach but inspire participants. The classes are designed to be fun yet challenging, ensuring that members continually push their limits.

#### **Comfortable Environment**

Many patrons appreciate the spacious layout of the gym. It is rarely overcrowded, which allows for a more enjoyable workout experience. As one member commented, the atmosphere makes it comfortable for those who prefer a quieter space. Whether you're planning to take a class or just hit the weights, you'll find the environment perfectly suited to your needs.

# **Transformative Experiences**

Members often describe their journeys at Gym Evolutions as transformative. The \*\*accessibility\*\* to quality classes and personalized attention from trainers has led to significant lifestyle changes. From overcoming health issues to regaining confidence in fitness, this gym acts as a sanctuary for many seeking improvement.

#### In Conclusion

If you're in Annapolis, Maryland, Gym Evolutions by Coppermine beckons you to experience a thriving community dedicated to fitness and wellness. With its friendly staff, excellent offerings, and commitment to member success, it is more than just a gym; it's a place where you can truly evolve.

#### You will find us at

1834 George Ave, 21401 Annapolis, Maryland - United States (US)

The contact line of the mentioned **Gym** is <u>+1410-224-7220</u>
And if you want to send a WhatsApp, you can do so at<u>+1410-224-7220</u>

### We look forward to seeing you at:

Day Hours Monday

7?AM-3?PM

Tuesday

5:30?AM-8:30?PM

Wednesday

5:30?AM-8:30?PM

Thursday

5:30?AM-8:30?PM

Eriday 5:30?AM-8:30?PM

Saturday

5:30?AM-8:30?PM

Sunday

7?AM-3?PM

### The website is **Evolutions** by Coppermine

In case you want to alter any information that you feel is not correct regarding this web, please forward a message and we will handle it at the earliest convenience. Thank you in advance thanks.

# **Images**



Evolutions by coppermine street view 360deg



Evolutions by coppermine map



Evolutions by coppermine gym



Evolutions by coppermine discounts



Evolutions by coppermine by owner



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# **Tags**

Wheelchair-accessible car park, Wi-Fi, Wheelchair-accessible entrance, Accessibility, Identifies as women-owned, On-site services, Amenities, Service options, Planning, Sauna, Membership required, From the business, Offerings

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5.0 \* Kentucky Athletic Group - Somerset
4.2 \* The Alaska Club For Women Gym - Anchorage

# **Categories**

| academic department        |
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| acupuncture clinic         |
| after school program       |
| aikido school              |
| amusement center           |
| amusement park ride        |
| animal feed store          |
| apartment building         |
| apartment complex          |
| aquatic centre             |
| arena                      |
| art gallery                |
| assisted living facility   |
| association / organization |
| athletic club              |
| athletic track             |
| auditorium                 |
| bar                        |
| barber shop                |
| basketball club            |
| basketball court           |
| batting cage center        |
| beauty salon               |
| beer store                 |
| body shaping class         |
| boot camp                  |
| boxing club                |
|                            |

| boxing gym  |
|---|
| boxing ring   |
| buddhist temple   |
| cafe  |
| children's party service                                  |
| chiropractor  |
| church  |
| club  |
| coffee shop   |
| college   |
| community center  |
| community college   |
| community health centre                                   |
| convenience store   |
| corporate office  |
| counselor   |
| country club  |
| coworking space   |
| cultural center   |
| dance club  |
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| dance school  |
| day spa   |
| department store  |
| disability services and support organization              |
| disc golf course  |
| discount store  |
| dive shop   |
| doctor  |
| dollar store  |
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| exercise equipment store                                  |
| facial spa  |
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| firearms academy  |
| fitness   |
| Et a a a a a a tan  |
| fitness center  |
| fitness center fitness equipment wholesaler food producer |

| foot care              |
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| fountain               |
| gated community        |
| general hospital       |
| golf club              |
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| gymnastics club        |
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| historical landmark    |
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| hotel                  |
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| indoor cycling         |
| indoor golf course     |
| indoor lodging         |
| jujitsu school         |
| karate club            |
| karate school          |
| kennel                 |
| kickboxing school      |
| kinesiologist          |
| kinesiotherapist       |
| martial arts club      |
| martial arts school    |
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|                        |

| motophysical aupply store           |
|-------------------------------------|
| metaphysical supply store           |
| muay thai boxing gym                |
| non-profit organization             |
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| outdoor sports store                |
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| personal trainer                    |
| pharmacy                            |
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| psychotherapist                     |
| public beach                        |
| public educational institution      |
| public library                      |
| public swimming pool                |
| real estate developer               |
| recreation center                   |
| rehabilitation center               |
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| rv park                             |
| sauna                               |
| school                              |
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| self defense school                 |
| senior citizen center               |
| shoe store                          |
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|                                     |

| social club                 |
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| software company            |
| spa                         |
| spa and health club         |
| specialized clinic          |
| sporting goods store        |
| sports club                 |
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| sports medicine clinic      |
| sports nutrition store      |
| sports school               |
| summer camp organizer       |
| supermarket                 |
| swimming facility           |
| swimming instructor         |
| swimming pool               |
| swimming school             |
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| tourist attraction          |
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| vitamin & supplements store |
| water park                  |
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| wellness program            |
| women's organization        |
| women's personal trainer    |
| wrestling school            |
| yoga instructor             |
| yoga studio                 |
| youth center                |
| youth organization          |