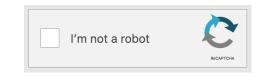


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Fit Body Boot Camp - Arvada

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Fit Body Boot Camp - Arvada

Discover Fit Body Boot Camp in Arvada, Colorado

Welcome to **Fit Body Boot Camp (FBBC)** in Arvada, Colorado, a unique fitness facility that prides itself on creating a welcoming and inclusive environment for everyone. This gym, which **identifies as women-owned** and **Black-owned**, is designed to cater to all fitness levels, ensuring every member feels valued and supported.

Community-Oriented Service Options

FBBC offers a range of **service options** tailored to busy lifestyles, making it

the perfect choice for anyone looking to integrate fitness into their daily routine. The 30-minute workouts are structured to be efficient yet effective, providing intense training in a condensed timeframe. The gym also features **LGBTQ+ friendly** policies, ensuring a safe space for all individuals.

Accessible and Inclusive Environment

For members who require special accommodations, Fit Body Boot Camp provides a **wheelchair-accessible entrance** and a **wheelchair-accessible car park**, emphasizing its commitment to **accessibility** for all. This gym thrives on fostering a supportive community where everyone can workout without feeling judged.

Transformative Fitness Experience

Members rave about the **clean and beautiful facility**, the energetic coaches, and the encouraging atmosphere that motivates them to reach their fitness goals. Many have reported significant transformations, including weight loss and improved strength, highlighting how FBBC has become a pivotal part of their health journey. The feedback showcases a strong sense of community: - "The coaches are friendly, enthusiastic, and helpful. They were excellent at supporting me at my current fitness level." - "Absolutely amazing place! Great workouts, and the coaches are so supportive."

A Family-Like Community

At FBBC, the sense of camaraderie is palpable. Members often describe the gym as a family, where everyone encourages one another. The small class sizes, typically up to 25 participants, make it easy for coaches to provide personalized attention and adjustments according to each individual's needs. This is echoed in numerous testimonials: - "The workouts are challenging, and the energy level is high. It truly is more than just a gym; it's a fitness family!" - "I feel like I belong the very first time I walked in the door. My first class was filled with support and cheering!"

Flexible Class Schedules and Online Options

FBBC offers a variety of classes throughout the week, making it easy to fit workouts into any schedule. Additionally, online classes are available, allowing you to participate from home if needed. Members appreciate how the timing works well with their busy lives, making it easier to prioritize fitness.

Join the Movement

If you're searching for a gym that offers not just workouts but an entire community dedicated to your well-being, look no further than **Fit Body Boot Camp in Arvada**. With its commitment to accessibility, inclusivity, and community support, FBBC stands out as one of the best gyms in the area. As many have said, "Give it a try. You won't regret it!" Embrace this opportunity to

transform your life and join a supportive fitness family today!

We are located at

16255 W 64th Ave #3, 80007 Arvada, Colorado - United States (US)

The phone number of this **Gym** is $\pm 1720-441-4746$ And if you want to send a WhatsApp, you can do so at $\pm 1720-441-4746$

We look forward to seeing you at:

Day Hours Monday *Closed* Tuesday *5:15?AM–5:45?PM* Wednesday *5:15?AM–5:45?PM* Thursday *5:15?AM–5:45?PM Eriday 5:15?AM–5:45?PM* Saturday *5:15–11?AM* Sunday *7–10?AM*

The website is Fit Body Boot Camp

If you wish to alter any data that you believe is not precise regarding this portal, please send a message so that we will handle it quickly. Thanks beforehand thank you very much.

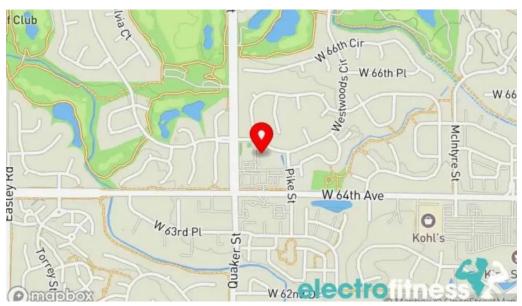
Images



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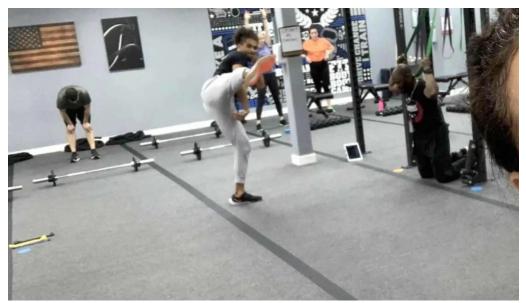
Fit body boot camp map



Fit body boot camp gym



Fit body boot camp by owner



Fit body boot camp arvada



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Tags

Online classes, Service options, Identifies as women-owned, LGBTQ+ friendly, From the business, Crowd, Wheelchair-accessible car park, Wheelchair-accessible entrance, Identifies as Black-owned, Accessibility

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