

Electro Fitness: Best Electro Fitness

### **Bodytech Health & Fitness - Aspinwall**

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# Bodytech Health & Fitness - Aspinwall

## Exploring Bodytech Health & Fitness in Aspinwall, Pennsylvania

Bodytech Health & Fitness is a remarkable gym located in Aspinwall, Pennsylvania, known for its welcoming atmosphere and diverse amenities. This local gem offers a variety of on-site services and outdoor services that cater to fitness enthusiasts of all levels.

### **A Welcoming Environment**

The \*\*atmosphere\*\* at Bodytech is one of its standout features. Members describe it as warm and friendly, allowing individuals to workout at their own

pace while still fostering a sense of community. Whether you prefer to be left alone during your workout or enjoy socializing, Bodytech accommodates both vibes. The absence of a typical corporate gym feel makes it a favorite among locals.

#### **Diverse Amenities**

Bodytech is equipped with everything you need for a comprehensive workout. The gym features: - \*\*One full squat rack\*\* - \*\*A barbell stand with platform for deadlifts and Olympic weightlifting\*\* - \*\*Multiple smith machines\*\* - \*\*Cable machines\*\* - \*\*Free weights up to 100 lbs\*\* - \*\*Cardio equipment including treadmills, bikes, ellipticals, and a stair master\*\* Members appreciate the availability of various other weighted objects, kettlebells, and bodyweight workout equipment. Lockers with locks provide added convenience for members looking for a secure place to store their belongings.

### **Accessibility and Facilities**

The gym boasts a \*\*wheelchair-accessible entrance\*\* and a \*\*wheelchair-accessible car park\*\*, ensuring easy access for everyone. Amenities include clean locker rooms with showers, and complimentary items like towels and sanitation supplies are available to maintain hygiene standards.

### Membership and Pricing

Membership is required to access Bodytech, but many find it to be a good value considering the quality of the equipment and the personalized service. The small size of the gym leads to less foot traffic, making it easier to utilize the equipment without long waits. Many patrons feel it has more relevant equipment than larger chains like Planet Fitness.

## **Service Options and Community Feel**

Bodytech prides itself on its community-oriented approach. The owner, Kadee, is known for being accommodating and respectful, creating a personalized gym experience. With trainers who are helpful and kind, the environment feels like more than just a gym; it's a supportive fitness community.

### Conclusion

In conclusion, Bodytech Health & Fitness in Aspinwall, Pennsylvania, stands out not just for its extensive range of equipment and services but also for its friendly and accommodating atmosphere. With its unique offerings and focus on member satisfaction, it's an excellent choice for anyone serious about fitness. If you're in the area and looking for a gym that feels like home, Bodytech is worth checking out.

#### The location of our business is in

15 Freeport Rd, 15215 Aspinwall, Pennsylvania - United States (US)

The phone of said **Gym** is <u>+1412-782-6391</u>
And if you want to send a WhatsApp, you can do so at<u>+1412-782-6391</u>

#### Our service hours are:

Monday
6?AM-6?PM
Tuesday
5?AM-10?PM
Wednesday
5?AM-10?PM
Thursday
5?AM-10?PM
Eriday
5?AM-10?PM
Saturday
5?AM-10?PM
Sunday
6?AM-6?PM

The website is **Bodytech Health & Fitness** 

If you wish to update any element that you believe is not correct concerning this web, we ask deliver a message and we will handle it promptly. With anticipation thanks.

## **Images**



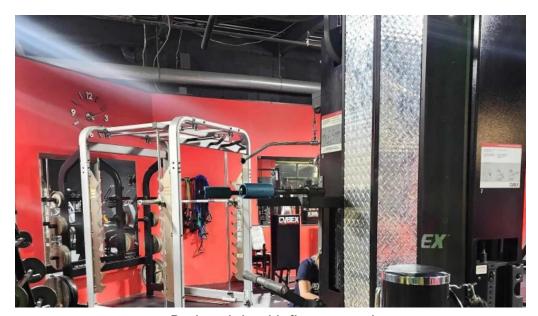
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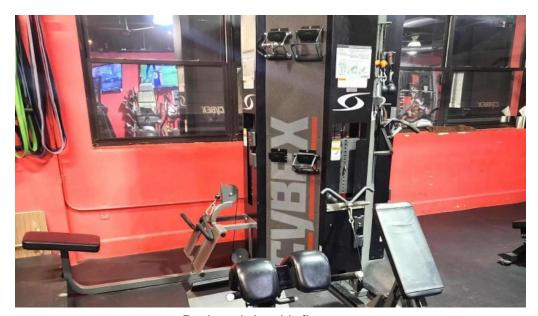
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Bodytech health fitness location



Bodytech health fitness latest



Bodytech health fitness gym



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Bodytech health fitness area



Bodytech health fitness all

### **Tags**

Wi-Fi, Wheelchair-accessible car park, Wheelchair-accessible entrance, Membership required, Amenities, Planning, On-site services, Outdoor services, Shower, Atmosphere, Accessibility, Service options

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rock climbing gym
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