

Electro Fitness: Best Electro Fitness

#### Alpha Fit Club - Basking Ridge

basking ridge



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# basking ridge

# Alpha Fit Club - Basking Ridge

## Welcome to Alpha Fit Club: Your Fitness Community in Basking Ridge, NJ

Alpha Fit Club in Basking Ridge, New Jersey, is not just a gym; it's a vibrant community that elevates your fitness journey to new heights. With a \*\*membership required\*\* policy, this club ensures that every member is dedicated to achieving their personal fitness goals.

## **Planning Your Visit**

Whether you're a workout veteran or just starting out, planning your visit to Alpha Fit Club is essential. The gym offers varied class schedules,

accommodating busy lifestyles with sessions available from early morning until evening, seven days a week. This flexibility allows you to integrate fitness seamlessly into your routine.

#### **Accessibility for All**

Alpha Fit Club goes above and beyond in ensuring \*\*accessibility\*\* for every member. The facility features a \*\*wheelchair-accessible car park\*\* and a \*\*wheelchair-accessible entrance\*\*, providing a welcoming environment for all individuals. Everyone deserves a chance to pursue their fitness goals, and Alpha Fit Club strives to meet those needs.

#### **A Unique Workout Experience**

Members have consistently praised the well-structured and challenging workouts that make every session exciting. The circuit-style classes combine strength training with high-intensity cardio, guaranteeing a comprehensive fitness experience. As one member noted, "The workouts push you to the edge," making each class a rewarding challenge.

## **Supportive Community Atmosphere**

What truly sets Alpha Fit Club apart is its sense of community. Members often describe it as a family, where encouragement and motivation are plentiful. From experienced athletes to beginners, everyone finds a supportive atmosphere that fosters accountability and camaraderie. One member shared, "The coaches and the community have truly been life-changing."

## **Expert Coaching**

The knowledgeable coaches at Alpha Fit Club are dedicated to helping you achieve your fitness goals. They offer personalized guidance on form and modifications, ensuring that you get the most out of every workout while staying injury-free. The energy and positive reinforcement from the coaches have earned them numerous shout-outs from grateful members.

## Join the Alpha Fit Family

If you're looking for a place that combines serious fitness with a fun and supportive environment, Alpha Fit Club is the ideal choice. With top-notch equipment and a welcoming atmosphere, it's no wonder many describe it as their "second home." Whether you're aiming for strength gains or just want to enhance your well-being, the Alpha Fit community is here to support you every step of the way. Join today and discover the incredible transformation waiting for you at Alpha Fit Club in Basking Ridge!

#### The business is situated at

665 Martinsville Rd 2nd Floor, 07920 Basking Ridge, New Jersey - United States (US)

The phone number of the respective **Gym** is <u>+1201-903-9852</u> And if you want to send a WhatsApp, you can do so at<u>+1201-903-9852</u>

#### Our opening hours are:

Day Hours
Monday
7–10:30?AM
Tuesday
8–10:30?AM
Wednesday
5?AM–1?PM 4:30–7?PM
Thursday
5–10:30?AM 4:30–7?PM
Eriday
5?AM–1?PM 4:30–7?PM
Saturday
5–10:30?AM 4:30–7?PM
Sunday
5?AM–1?PM

## The website is Alpha Fit Club

In case you want to modify any detail that you think is not precise concerning this page, we kindly request deliver a message and we will fix it at the earliest convenience. Thanks beforehand thank you very much.

## **Images**



## Alpha fit club street view 360deg



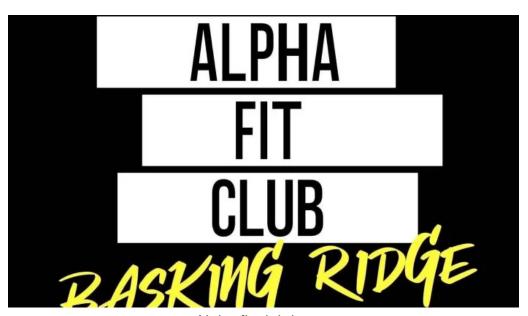
Alpha fit club schedule



Alpha fit club map



Alpha fit club gym



Alpha fit club by owner



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Alpha fit club all

# **Tags**

Planning, Accessibility, Wheelchair-accessible entrance, Wheelchair-accessible car park, Membership required

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4.7 \* Boulder Ridge Retreat - Reinholds
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cultural center
dance club
dance company
dance school
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disability services and support organization
disc golf course
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educational institution
elementary school
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firearms academy
fitness
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foot care
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golf instructor
grocery store
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gymnastics center
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hair salon
health consultant
health food restaurant
health food store
health spa
hiking area
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hotel
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karate club
karate school
kennel
kickboxing school
kinesiologist
kinesiotherapist
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martial arts school
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massage therapist
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outdoor sports store
outdoor swimming pool
park
parking lot
parkour spot
personal trainer
pharmacy
physical fitness program
physical therapist
physical therapy clinic
pickleball court
pilates studio
private golf course
psychotherapist
public educational institution
public swimming pool
recreation center
rehabilitation center
resort hotel
rock climbing
rock climbing gym
rv park
sauna
school

school district office
self defense school
senior citizen center
shooting range
shopping mall
soccer club
social club
software company
spa
spa and health club
sporting goods store
sports club
sports complex
sports massage therapist
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swimming pool
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taekwondo school
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wellness center
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yoga instructor
yoga studio
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